

Paragraph Writing

In Vision 3

Compiled and Edited by
Hossein Sakhaei



Perfect
vision

 www.perfectvision.ir

 aparat.com/perfectvision

 https://t.me/perfect_vision

 <https://ble.ir/perfectvision>

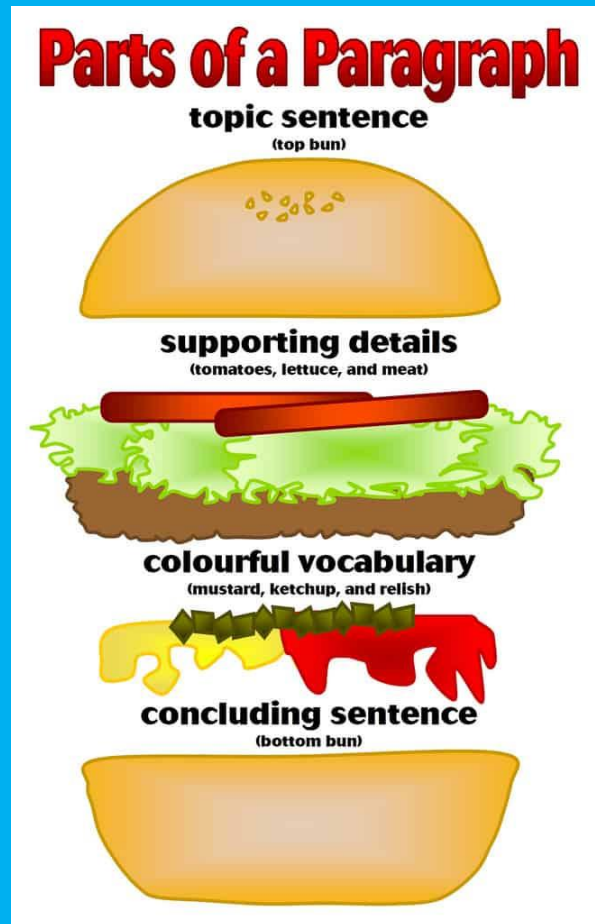
 [@perfectvision](https://www.instagram.com/perfectvision)

 [@perfect.vision20](https://www.instagram.com/perfect.vision20)



How to Write a “Good Paragraph”?

چگونه یک پاراگراف خوب بنویسیم؟



روند نوشتن یک پاراگراف:

- ۱- نوشتن جمله عنوان (**Topic Sentence**): برای نوشتن جمله عنوان مناسب، ابتدا خوب به موضوع خود و ایده محدود کننده آن (که موضوع شما را به اندازه ای قابل طرح و بسط در یک پاراگراف به شکلی مناسب محدود کند)، فکر کنید و بر اساس آن جمله عنوان را بنویسید.
- ۲- با استفاده از تکنیک طوفان فکری، بین ۲ تا ۶ نکته را که موضوع اصلی شما را به خوبی تأیید می کنند را پیدا کرده و یادداشت کنید. (**Supporting Ideas**)



- ۳- پاراگراف خود را در یک طرح کلی مانند این نمونه بنویسید. (به جز «جمله عنوان»، بقیه موارد را فقط به شکل عبارت بنویسید.)

Outline

Topic sentence:

Internet shopping has a lot of benefits and advantages.

Supporting idea 1:

- save time and effort

- no traffic

- at home

Supporting idea 2:

- more control over shopping

- a wide range of products

- details about products

Supporting idea 3:

- better prices

- comparing prices (even in different shops)

- discount

Concluding sentence:

- ۴- ایده ها و نکات پشتیبان (**Supporting Ideas**) خود را به شکل منطقی مرتب کنید. (مثلا اگر لازم است موردی از نظر زمانی اول بیاید یا اینکه مهمترین نکات را ابتدا و بقیه موارد را به ترتیب بعد از آن بگویید).
- ۵- یک جمله نتیجه مناسب برای پاراگراف خود بنویسید. (جمله نتیجه معمولا همان جمله عنوان است که به شکلی دیگر بیان می شود. به عبارتی معمولا در جمله نتیجه اعلام می کنید که آنچه در جمله عنوان ادعا کردید را توانسته اید با جمله های پشتیبان خود اثبات کنید).
- ۶- ایده های نوشته شده (و مرتب شده) در طرح کلی خود را به جمله تبدیل کرده (**Supporting Sentences**) و پاراگراف خود را بنویسید. دقت کنید که باید متن شما دارای انسجام و پیوستگی منطقی (**Coherence**) باشد و خواننده متن باید به راحتی متوجه توالی مطالب شود و دچار آشفتگی یا عدم فهم در اثر عدم ارتباط موضوعات با هم نشود.

یادتون باشه که یک پاراگراف خوب و مؤثر باید:

- ۱- فقط یک موضوع واحد را مطرح کند.
 - ۲- با جمله عنوانی شروع می شود که آن موضوع واحد را به روشنی بیان می کند.
 - ۳- دارای جملات پشتیبانی (تأیید کننده) باشد که همگی بیانگر یا مرتبط با آن جمله عنوان باشند.
 - ۴- به شکلی منطقی مرتب شده باشد به شکلی که دارای پیوستگی و انسجام باشد و باعث آشفتگی ذهنی نشود.
 - ۵- هدف شما از نوشتن آن پاراگراف را تأمین کند.
 - ۶- خواننده متن را در مورد موضوع کلی آن به خوبی آگاه و یا او را سرگرم کند.
 - ۷- در بین جمله های آن برای روان تر شدن متن از کلمات ربط مناسب (زمان، دلیل و ...) استفاده شده باشد.
- (Cohesion)**
- ۸- به جای تکرار بیش از حد کلمات کلیدی متن در آن، از مترادف ها یا معادل های مناسب استفاده شده باشد.

نمونه پاراگراف از موضوعاتی که در کتاب دانش آموز (Student Book) آمده است: (مرتب کردن جملات به شکل یک پاراگراف درست)

Sharks are a group of fish characterized by a cartilaginous skeleton, five to seven gills, and pectoral fins that are not fused to the head. Today's sharks are classified within the *Selachimorpha* clade, a sister group to the rays. However, the term "shark" has also been used for extinct members of the subclass Elasmobranchii outside the *Selachimorpha*, such as *Cladoselache*. Under this broader definition, the earliest known sharks date from more than 420 million years ago.

topic sentence

details

concluding sentence

one topic



Student Book (Page 93) – reordered

The Solar System consists of the Sun, Moon and Planets. The Sun is the largest member of the Solar System. In order of distance from the Sun, the planets are Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune and Pluto. The Sun is at the center of the Solar System and these planets revolve around it.

Details

Topic Sentences	The Solar System consists of the Sun, Moon and Planets.
Supporting Sentence	The Sun is the largest member of the Solar System.
Supporting Sentence	In order of distance from the Sun, the planets are Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune and Pluto.
Supporting Sentence	The Sun is at the center of the Solar System and these planets revolve around it.

Student Book (Page 94) – reordered

Trees are very valuable. They supply us with many necessary things of everyday life. They take carbon dioxide from the atmosphere and fill it with oxygen. They also cause rains. In short, the trees are the best friends of man.

Details

Topic Sentences	Trees are very valuable.
Supporting Sentence	They supply us with many necessary things of everyday life.
Supporting Sentence	They take carbon dioxide from the atmosphere and fill it with oxygen.
Supporting Sentence	They also cause rains.
Concluding Sentence	In short, the trees are the best friends of man.



نمونه پاراگراف از موضوعاتی که در کتاب
دانش آموز (Student Book) آمده است:

(نوشتن یک پاراگراف با استفاده از
موضوعات و ایده های داده شده)



www.perfectvision.ir

By Hossein Sakhaei

Student Book (Page 95) – Learning a New Language

Learning a new language is always a useful and effective job. First of all, it means knowing about a new culture. By learning a new language, you can read about other cultures related to that language. Besides, by reading information in other languages, you can improve in the field you're studying or working already. Also, those who learn a new language, are actually improving their memory and problem-solving skills because they learn new words each day and practice listening and speaking skills. On the whole, learning a language other than one's mother tongue can help a person in many ways.

Details

Topic Sentences	Learning a new language is always a useful and effective job.
Supporting Sentence	First of all, it means knowing about a new culture. By learning a new language, you can read about other cultures related to that language.
Supporting Sentence	Besides, by reading information in other languages, you can improve in the field you're studying or working already.
Supporting Sentence	Also, those who learn a new language, are actually improving their memory and problem-solving skills because they learn new words each day and practice listening and speaking skills.
Concluding Sentence	On the whole, learning a language other than one's mother tongue can help a person in many ways.

Student Book (Page 96) – Sport

Key Words:



More women take part in different kinds of sporting activities day by day. Their favorite sports range from individual sports like ping-pong to team sports like football. They see no limits to this. Besides, they consider doing sports as an essential means of keeping their body healthy and strong. Moreover, women who do sports and physical activities have a much happier life. In short, in today's world, more women are engaged in doing different physical activities to have a better life just the same as men.

Details

Topic Sentences	More women take part in different kinds of sporting activities day by day.
Supporting Sentence	Their favorite sports range from individual sports like ping-pong to team sports like football. They see no limits to this.
Supporting Sentence	Besides, they consider doing sports as an essential means of keeping their body healthy and strong.
Supporting Sentence	Moreover, women who do sports and physical activities have a much happier life.
Concluding Sentence	In short, in today's world, more women are engaged in doing different physical activities to have a better life just the same as men.

Student Book (Page 97) – Describe the map of Iran

Key Words:



Iran is an Asian country which is located in an area called “Middle East”. Tehran, a big and modern city near the northern part of the country, is the capital of Iran. The Caspian Sea, the world’s largest inland body of water, is located in the north, and in the south, there are Oman Sea and Persian Gulf. The neighboring countries of Iran are Iraq, Turkey, Armenia, Azerbaijan, Turkmenistan, Afghanistan, and Pakistan. Iran is considered as a very important and strategic country in Asia and the world.

Details

Topic Sentences	Iran is an Asian country which is located in an area called “Middle East”.
Supporting Sentence	Tehran, a big and modern city near the northern part of the country, is the capital of Iran.
Supporting Sentence	The Caspian Sea, the world’s largest inland body of water, is located in the north, and in the south, there are Oman Sea and Persian Gulf.
Supporting Sentence	The neighboring countries of Iran are Iraq, Turkey, Armenia, Azerbaijan, Turkmenistan, Afghanistan, and Pakistan.
Concluding Sentence	Iran is considered as a very important and strategic country in Asia and the world.



نمونه پاراگراف از موضوعاتی که در «کتاب کار» دانش آموز (Work Book) آمده است:



Work Book (Page 59) – Being Healthy

Eat fewer snacks and select healthier alternatives.
 Get active each day.
 Choose water as a drink.
 Eat more fruit and veggies.
 Turn off the TV or computer and get active.

For every person, it is very important to have a healthy body and live longer. To do this, you should consider some points. First, you should get active each day. You can do it by doing daily exercise or walking to work or school instead of using cars. You should watch what you eat very carefully. For example, it's necessary for you to eat more fruits and vegetables, drink water as a drink and eat fewer snacks and select healthier alternatives. And finally, you should turn off your TV or computer and do more physical activities. Every person can have a healthier life by paying attention to his food and daily activities.

Details

Topic Sentences	For every person, it is very important to have a healthy body and live longer. To do this, you should consider some points.
Supporting Sentence	First, you should get active each day. You can do it by doing daily exercise or walking to work or school instead of using cars.
Supporting Sentence	You should watch what you eat very carefully. For example, it's necessary for you to eat more fruits and vegetables, drink water as a drink and eat fewer snacks and select healthier alternatives.
Supporting Sentence	And finally, you should turn off your TV or computer and do more physical activities.
Concluding Sentence	Every person can have a healthier life by paying attention to his food and daily activities.

Work Book (Page 60) – Technology

Technology has affected people's lifestyles positively for many years. First of all, it has provided easy and fast communication for people. Each person can get in touch with his friends and family in a matter of seconds. Besides, technology has made new ways of receiving educational materials. Online classes, webinars, and educational videos are some examples. The effective use of technology regarding people's health is also another important issue. In a word, modern healthcare system cannot operate without technology. On the whole, technology has been one of the most influential subjects in recent years.

Details

Topic Sentences	Technology has affected people's lifestyles positively for many years.
Supporting Sentence	First of all, it has provided easy and fast communication for people. Each person can get in touch with his friends and family in a matter of seconds.
Supporting Sentence	Besides, technology has made new ways of receiving educational materials. Online classes, webinars, and educational videos are some examples.
Supporting Sentence	The effective use of technology regarding people's health is also another important issue. In a word, modern healthcare system cannot operate without technology.
Concluding Sentence	On the whole, technology has been one of the most influential subjects in recent years.

Work Book (Page 60) – Smoking

Smoking cigarettes can have many negative effects on your body. The first and highest effect of smoking can be on your lungs, as they are filled with a poisonous gas regularly. The risk of getting one type of cancer is the second common problem related to smoking. Also, weakened immune system is another usual factor regarding this bad habit. As one can see, it's not hard to consider smoking as a completely negative issue.

Details

Topic Sentences	Smoking cigarettes can have many negative effects on your body.
Supporting Sentence	The first and highest effect of smoking can be on your lungs, as they are filled with a poisonous gas regularly.
Supporting Sentence	The risk of getting one type of cancer is the second common problem related to smoking.
Supporting Sentence	Also, weakened immune system is another usual factor regarding this bad habit.
Concluding Sentence	As one can see, it's not hard to consider smoking as a completely negative issue.

Work Book (Page 60) – Charity

Charity, which is known as the voluntary giving of help to those in need, is not necessarily in the form of money. One form of charity is by giving proper education to people in different fields. Teaching students who don't have access to any kind of schools is among it. Another form is by giving jobs to people who are in charge of a family and in this way helping them make the ends meet. Even helping disabled or old people do their daily tasks can be regarded as a form a charity. In fact, we should not limit charity to only financial forms.

Details

Topic Sentences	Charity, which is known as the voluntary giving of help to those in need, is not necessarily in the form of money.
Supporting Sentence	One form of charity is by giving proper education to people in different fields. Teaching students who don't have access to any kind of schools is among it.
Supporting Sentence	Another form is by giving jobs to people who are in charge of a family and in this way helping them make the ends meet.
Supporting Sentence	Even helping disabled or old people do their daily tasks can be regarded as a form a charity.
Concluding Sentence	In fact, we should not limit charity to only financial forms.



نمونه پاراگراف از موضوعاتی که در

آزمون های نهایی آمده است:

(مرتب کردن جملات به شکل یک پاراگراف درست)



www.perfectvision.ir

By Hossein Sakhaei

Final Exam – Khordad 98 – Reordered

Water is the most essential element in our life. We cannot think of life without water. Besides, no living being can exist for long without water, the most valuable liquid. So, water is also essential for animals, birds, insects, etc. We need huge resources of water to generate electricity on a large and commercial scale. Thus, water is very important to our life and our planet.

Details

Topic Sentences	Water is the most essential element in our life.
<i>Supporting Sentence</i>	We cannot think of life without water.
<i>Supporting Sentence</i>	Besides, no living being can exist for long without water, the most valuable liquid.
<i>Supporting Sentence</i>	So, water is also essential for animals, birds, insects, etc.
<i>Supporting Sentence</i>	We need huge resources of water to generate electricity on a large and commercial scale.
Concluding Sentence	Thus, water is very important to our life and our planet.

Final Exam – Khordad 98 – Abroad – Reordered

Here are three reasons why Canada is one of the best countries in the world. First, Canada has an excellent healthcare system. All Canadians have access to medical services at a reasonable price. Second, Canada has a high standard of education. Students are taught by well-trained teachers and are encouraged to continue studying at university. Finally, Canada's cities are clean and efficiently managed. Canadian cities have many parks and lots of space for people to live. So, Canada is a desirable place to live.

Details

Topic Sentences	Here are three reasons why Canada is one of the best countries in the world.
<i>Supporting Sentence</i>	First, Canada has an excellent healthcare system.
<i>Supporting Sentence</i>	All Canadians have access to medical services at a reasonable price. Second, Canada has a high standard of education.
<i>Supporting Sentence</i>	Students are taught by well-trained teachers and are encouraged to continue studying at university.
<i>Supporting Sentence</i>	Finally, Canada's cities are clean and efficiently managed.
Concluding Sentence	Canadian cities have many parks and lots of space for people to live. So, Canada is a desirable place to live.



Final Exam – Shahrivar 98 – Reordered

There are many popular sports in my country, but the most popular one is football. Many children begin learning to play football when they are very young. You can often see them playing at school or in the street. In high schools, students may play football on a team. If a player is very good, he may go on to play for a famous team. Football is really a national sport in my country.

Details

Topic Sentences	There are many popular sports in my country, but the most popular one is football.
Supporting Sentence	Many children begin learning to play football when they are very young.
Supporting Sentence	You can often see them playing at school or in the street.
Supporting Sentence	In high schools, students may play football on a team.
Supporting Sentence	If a player is very good, he may go on to play for a famous team.
Concluding Sentence	Football is really a national sport in my country.

Final Exam – Dey 98 – Reordered

Trees are very valuable. They supply us with many necessary things of everyday life. For example, they take carbon dioxide from the atmosphere and fill it with oxygen. They also cause rain. The rain makes the air fresh and clean. Thus, trees play a big and important role in our life.

Details

Topic Sentences	Trees are very valuable.
Supporting Sentence	They supply us with many necessary things of everyday life.
Supporting Sentence	For example, they take carbon dioxide from the atmosphere and fill it with oxygen.
Supporting Sentence	They also cause rain.
Supporting Sentence	The rain makes the air fresh and clean.
Concluding Sentence	Thus, trees play a big and important role in our life.



Final Exam – Dey 97 – Reordered

Horses are farm animals. They carry people and goods from one place to another. They have long legs, which are very strong. They can easily run long distances. Houses usually move in herds and live in a stable. They are very useful farm animals.

Details

Topic Sentences	Horses are farm animals.
<i>Supporting Sentence</i>	They carry people and goods from one place to another.
<i>Supporting Sentence</i>	They have long legs, which are very strong.
<i>Supporting Sentence</i>	They can easily run long distances.
<i>Supporting Sentence</i>	Houses usually move in herds and live in a stable.
Concluding Sentence	They are very useful farm animals.



نمونه پاراگراف از موضوعاتی که در

آزمون های نهایی آمده است:

(نوشتن یک پاراگراف با استفاده از

موضوعات و ایده های داده شده)



www.perfectvision.ir

By Hossein Sakhaei

Final Exam – Khordad 98 – “Save our earth”

- plant trees
- use fewer fossil fuels
- increase the use of solar and wind energy
- change waste to energy

Considering our earth as one and only home of human beings, we must do something to save it. One way of saving our environment is by planting trees, as having more trees means more oxygen and less pollution. By using fewer fossil fuels to provide our energy, we can have a cleaner earth and a clearer sky. Besides, the increase in the use of newer forms of clean and renewable energies, such as solar and wind powers, is another way of saving the earth. And finally, by changing waste into energy, we can be kinder to earth, as there is no need to use up our natural resources. On the whole, if we want to have a better place to live, each of us have to do something about it.

Details

Topic Sentences	Considering our earth as one and only home of human beings, we must do something to save it.
Supporting Sentence	One way of saving our environment is by planting trees, as having more trees means more oxygen and less pollution.
Supporting Sentence	By using fewer fossil fuels to provide our energy, we can have a cleaner earth and a clearer sky.
Supporting Sentence	Besides, the increase in the use of newer forms of clean and renewable energies, such as solar and wind powers, is another way of saving the earth.
Supporting Sentence	And finally, by changing waste into energy, we can be kinder to earth, as there is no need to use up our natural resources.
Concluding Sentence	On the whole, if we want to have a better place to live, each of us have to do something about it.



Final Exam – Shahrivar 98 – “Smoking”

- causing diseases such as lung cancer
- increasing stress and depression
- a common terrible habit among people
- being addictive and difficult for smokers to quit

Smoking can have a lot of negative effects on our lives. It can cause a lot of diseases such as lung cancer. Although many smokers think they become calmer by smoking, recent research has shown the opposite. It actually increases stress and depression. Moreover, it is considered as a common terrible habit among people. And finally, smoking is really addictive and difficult for smokers to quit. Considering all these facts, it becomes clear that there is nothing good about smoking.

Details

Topic Sentences	Smoking can have a lot of negative effects on our lives.
Supporting Sentence	It can cause a lot of diseases such as lung cancer.
Supporting Sentence	Although many smokers think they become calmer by smoking, recent research has shown the opposite. It actually increases stress and depression.
Supporting Sentence	Moreover, it is considered as a common terrible habit among people.
Supporting Sentence	And finally, smoking is really addictive and difficult for smokers to quit.
Concluding Sentence	Considering all these facts, it becomes clear that there is nothing good about smoking.



Final Exam – Dey 98 – “Avicenna”

با استفاده از اطلاعات داده شده یک پاراگراف درباره ابوعلی سینا در پاسخنامه بنویسید.

Birth: 359 Shamsi, Bokhara

Job: scientist, physician, philosopher

Books: “Ghanoon” in medicine, “Shafa” in philosophy

Death: 419 Shamsi, Hamedan

Avicenna was one of the most famous Iranian

Avicenna was one of the most famous Iranian scientists. He was born in Bokhara in 359 Hijri Shamsi. Besides working in the field of science, he is also known as a distinguished physician and philosopher. Two of his most famous books are “Ghanoon” in medicine and “Shafa” in philosophy. Avicenna passed away at the age of 60 in Hamedan in 419 Hijri Shamsi. He will always be remembered as one of the most influential Iranian men.

Details

Topic Sentences	Avicenna was one of the most famous Iranian scientists.
Supporting Sentence	He was born in Bokhara in 359 Hijri Shamsi.
Supporting Sentence	Besides working in the field of science, he is known as a distinguished physician and philosopher.
Supporting Sentence	Two of his most famous books are “Ghanoon” in medicine and “Shafa” in philosophy.
Supporting Sentence	Avicenna passed away at the age of 60 in Hamedan in 419 Hijri Shamsi.
Concluding Sentence	He will always be remembered as one of the most influential Iranian men.



نمونه سؤالات مربوط به نوشتن «جمله عنوان» (Topic Sentence) در آزمون های نهایی:



Final Exam – Dey 97

“Sport”	Topic Sentence: Sports can have some good effects on people’s social relationships.
“Forest”	Topic Sentence: Forests are home to many different types of wild animals.
“Smoking”	Topic Sentence: Smoking is directly related to a person’s health.
“Language”	Topic Sentence: Some languages of the world are endangered because they have very few speakers.
“Bad Habits”	Topic Sentence: Quitting bad habits is really difficult and takes a lot of time from any person.
“Art”	Topic Sentence: Art can be considered as a way of curing many diseases.

Final Exam – Dey 98

<p>Doctors They lead a hard life. They have a lot to do. They get up early in the morning and go to the hospital. They work without taking a break. Since doctors work so hard, we must realize their value.</p>	<p>Topic Sentence: (Most) Doctors don’t have a life similar to ordinary people by any means.</p>
<p>Fruits Most of them have a good taste. They are really delicious. Examples of fruits are apples, oranges and bananas. Fruits have many vitamins and minerals, including Vitamin C, Vitamin E, and Potassium. For these reasons, it is a good idea to eat lots of fruits to stay healthy.</p>	<p>Topic Sentence: Fruits are considered really essential for our body.</p>
<p>Forests We depend on forests for our survival, from the air we breathe to the wood we use. Besides providing habitats for animals and livelihoods for humans, forests also offer watershed protection, and climate change.</p>	<p>Topic Sentence: Forests play a very important role in our life.</p>

