

# PYTHON LIST INDEX METHOD

[http://www.tutorialspoint.com/python/list\\_index.htm](http://www.tutorialspoint.com/python/list_index.htm)

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## Description

The method **index** returns the lowest index in list that *obj* appears.

## Syntax

Following is the syntax for **index** method –

```
list.index(obj)
```

## Parameters

- **obj** -- This is the object to be find out.

## Return Value

This method returns index of the found object otherwise raise an exception indicating that value does not find.

## Example

The following example shows the usage of index method.

```
#!/usr/bin/python

aList = [123, 'xyz', 'zara', 'abc'];

print "Index for xyz : ", aList.index( 'xyz' )
print "Index for zara : ", aList.index( 'zara' )
```

When we run above program, it produces following result –

```
Index for xyz : 1
Index for zara : 2
Loading [MathJax]/jax/output/HTML-CSS/jax.js
```