INTRODUCTION TO NEOPLASTIC DISORDERS

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Cancer definition

- A group of diseases by uncontrolled growth and spread of abnormal cells
- Not respond to the normal processes
- Poorly differentiated or immature
- Cannot carry out the physiologic functions
- Ability to metastasize
- ability to angiogenesis

Prevalence

- 1 of 2 American men and 1 of 3 American women will eventually develop cancer
- Approximately 1,529,560 new cases of cancer will be diagnosed in 2010

Estimated new cases*

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		Males	Females
217,730	28%	0	0
116,750	15%	6	$\left(\right)$
72,090	9%	60	TT
52,760	7%	111	163
38,870	5%	111	
35,380	4%	()	0)(
35,370	4%	(00)	Jew)
25,420	3%		51
24,690	3%		([
21,370	3%		\backslash
789,620	100%	2	2
	217,730 116,750 72,090 52,760 38,870 35,380 35,370 25,420 24,690 21,370 789,620	217,730 28% 116,750 15% 72,090 9% 52,760 7% 38,870 5% 35,380 4% 35,370 4% 25,420 3% 24,690 3% 21,370 3% 789,620 100%	Males 217,730 28% 116,750 15% 72,090 9% 52,760 7% 38,870 5% 35,380 4% 35,370 4% 25,420 3% 21,370 3% 789,620 100%

207,090	28%
105,770	14%
70,480	10%
43,470	6%
33,930	5%
30,160	4%
29,260	4%
22,870	3%
21,880	3%
21,770	3%
739,940	100%
	207,090 105,770 70,480 43,470 33,930 30,160 29,260 22,870 21,880 21,770 739,940

Estimated deaths

			males i
Lung & bronchus	86,220	29%	0
Prostate	32,050	11%	6
Colon & rectum	26,580	9%	60
Pancreas	18,770	6%	111
Liver & intrahepatic bile duct	12,720	4%	111
Leukemia	12,660	4%	$\left(\right) \left(\right)$
Esophagus	11,650	4%	((113)
Non-Hodgkin lymphoma	10,710	4%	
Urinary bladder	10,410	3%	
Kidney & renal pelvis	8,210	3%	
All sites	299,200	100%	2

Malee Females

Lung & bronchus	71,080
Breast	39,840
Colon & rectum	24,790
Pancreas	18,030
Ovary	13,850

All sites	270,290	100%
Brain & other nervous system	5,720	2%
Liver & intrahepatic bile duct	6,190	2%
Uterine corpus	7,950	3%
Leukemia	9,180	3%
Non-Hodgkin lymphoma	9,500	4%
Ovary	13,850	5%
Pancreas	18,030	7%
Colon & rectum	24,790	9%
Breast	39,840	15%

26%

Etiology

- An initial "event" causes damage or mutation to the cell's DNA
- These events may include:
 - Lifestyle, environmental, or occupational factors
 - Some medical therapies (e.g., cytotoxic chemotherapy, immunosuppressive or radiation therapy)
 - Hereditary factors

Carcinogenic Risk Factor

Environmental

Ionizing radiation (radon gas emitted from soil containing uranium deposits) Ultraviolet radiation Viruses

Occupational Asbestos Chromium, nickel Vinyl chloride Aniline dye Benzene Radiation

30,168 (4%) 23,268 (4%) 22,870 (3%) 21,880 (3%) 739,940 (3%) Leukemia, breast, thyroid, lung Skin melanoma Leukemia, lymphoma, nasopharyngeal, liver, cervix

Lung, mesothelioma Lung Liver Bladder Leukemia Leukemia, thyroid

All sites

Associated Cancer(s)

Lifestyle Alcohol

Dietary factors Tobacco

Medical Drugs Diethylstilbestrol

Alkylating agents Azathioprine, calcineurin inhibitors, mycophenolate Phenacetin Estrogens, tamoxifen Cyclophosphamide Etoposide

Esophagus, liver, stomach, oropharynx, larynx Colon, breast, gallbladder, gastric Lung, oropharynx, pharynx, larynx, esophagus, bladder

-emales

Vaginal (in the offspring of the exposed mother), breast, testes, ovary Leukemia, bladder Lymphoma

Bladder Endometrial Bladder Leukemia

Etiology

- Cancer is a genetic disease
- Two gene classes, oncogenes and tumor suppressor genes, are important in the pathogenesis of cancer
- Oncogenes arise from normal genes called protooncogenes
- Proto-oncogenes are responsible for encoding several components of signal transduction pathways, including growth factors, growth factor receptors, signaling enzymes, and DNA transcription factors.

- Tumor-suppressor genes are normal genes that encode for proteins that suppress inappropriate cell division or growth
- Gene deletions or mutations can cause these proteins to become inactivated, eliminating the normal inhibition of cell division
- DNA repair genes
 - Correct errors that may arise during DNA duplication



Cell cycle

- M phase
 - The cell undergoes mitosis, the process of cell division.
- First gap or resting phase (G1).
 - During the G1 resting phase, the cell makes the enzymes necessary for DNA synthesis.
- S phase
 - The synthesis of DNA occurs during the S phase.
- Second resting phase(G2).
 - RNA and other proteins are synthesized to prepare for cell division during the M phase.



Metastasis

- The ability of cancer cells to disseminate and form metastases represents their most malignant characteristic
- Tumor metastases have a greater effect than the primary tumor on the frequency of complications and the patient's quality of life
- associated with most cancer-related deaths

- Normally, cells adhere to one another and the extracellular matrix.
- The cell-to-cell adhesion molecules are called *cadherins*
- the cell-to-extracellular matrix molecules are called integrins.
- In cancer cells, these molecules are often absent, allowing tumor cells to easily move away from the primary tumor mass.

- The blood vessels and the lymphatics are the primary pathways by which cells metastasize
- If the primary site drains its blood supply into the vena cava, the cancer cells will reach the capillary bed in the lung.
- Similarly, if the primary site drains its blood supply into the portal circulation, the cancer cells will reach the capillary bed in the liver

Angiogenesis

- In response to low oxygen supply (hypoxia) and other factors, the cancer cells and surrounding tissues secrete growth factors that stimulate the growth of the new blood vessels from existing blood vessels in the surrounding normal host tissue
- Vascular endothelial growth factor (VEGF)
- Platelet-derived growth factor (PDGF)
- Basic fibroblast growth factor

Tumor origin

• Tumors may arise from any of four basic tissue types:

- Epithelial tissue
- Connective tissue (i.e., muscle, bone, and cartilage)
- Lymphoid tissue
- Nerve tissue
- Carcinomas are malignant growths arising from epithelial cells
- Malignant growths of muscle or connective tissue are called sarcomas.
- An adenocarcinoma is a malignant tumor arising from glandular tissue.

Tissue of Origin	Benign	Malignant
Epithelial	o penabulu a dolla	num n 547 papi pau ave
Surface epithelium	Papilloma	Carcinoma (squamous, epidermoid)
Glandular tissue	Adenoma	Adenocarcinoma
Connective tissue		
Fibrous tissue	Fibroma	Fibrosarcoma
Bone	Osteoma	Osteosarcoma
Smooth muscle	Leiomyoma	Leiomyosarcoma
Striated muscle	Rhabdomyoma	Rhabdomyosarcoma
Fat	Lipoma	Liposarcoma
Lymphoid tissue and hem	atopoietic cells	
Bone marrow elements		
Lymphoid tissue		Hodgkin and non-Hodgkin lymphoma
Plasma cell		Multiple myeloma
Neural tissue		montrai es pas in anon
Glial tissue	"Benign" gliomas	Glioblastoma multi-forme, astrocytoma
Nerve sheath	Neurofibroma	Neurofibrosarcoma
Melanocytes	Pigmented nevus (mole)	Malignant melanoma
Mixed tumors		
Conadal tissue	Teratoma	Teratocarcinoma

Prevention of Cancer

- TOBACCO
 - lung, head and neck, gastrointestinal, bladder, and cervical cancers
- Chemoprevention
 - breast, colorectal, and prostate cancers
- Human papilloma virus (hpv) vaccines
- o Diet
- Sun exposure

Screening and Early Detection of Cancer

- Four basic requirements for screening tests:
 - There must be good evidence that the test is effective in reducing morbidity or mortality (e.g., effective treatment must be available for the screened disease)
 - The benefits of the test should outweigh its risks
 - The costs of the test should be in balance with its presumed benefits
 - The test should be practical and feasible within the existing health care setting.

Diagnosis and Staging of Cancer

- Histologic diagnosis
- the TNM system for staging classification
 - The size of the primary tumor (T)
 - The extent of regional lymph node spread (N)
 - The presence or absence of metastatic spread to distant organs (M)

Clinical presentation

- Depend on the location (including metastases), and the size of the tumor.
- Pain
- Anorexia
- Weight loss
- Fatigue

TABLE 135-5 Cancer's Seven Warning Signs

Change in bowel or bladder habits A sore that does not heal Unusual bleeding or discharge Thickening or lump in breast or elsewhere Indigestion or difficulty in swallowing Obvious change in wart or mole Nagging cough or hoarseness If YOU have a warning signal, see your doctor!

Complications of Malignancy

- Obstruction of the superior vena cava
- Spinal cord compression
- Brain metastases
- Organ dysfunction and metabolic disturbances

Treatment

- The choice of specific therapy; and the subsequent goal of that therapy, depends on:
 - The histology and stage of the cancer
 - Patient's predicted tolerance of the side effects of the various treatment options
- Curative intent therapy
- Palliative therapy
- Three modality:
 - O Surgery
 - Radiation
 - Systemic therapy

Surgery

- To manage both localized and advanced tumors
- Cytoreductive surgery
- Palliative surgery

Radiation

- Curative therapy
- Adjuvant therapy
- Palliative therapy

Systemic Therapy

- Chemotherapy
- Targeted therapy
- Endocrine therapy
- Biologic response modifiers

Chemotherapy

- kills cancer cells by damaging DNA, interfering with DNA synthesis, or inhibiting cell division
- phase-specific agents or schedule-dependent agents
- phase-nonspecific agents or dose-dependent agents





Factors that influence response to chemotherapy

- Dose Intensity
- Schedule Dependency
- Drug Resistance
- Tumor Site
- Pharmacogenetics

Dose Intensity

• The chemotherapy dose per unit time during which treatment is given (e.g., mg/m2/week)

Schedule Dependency

- Chemotherapy is administered in cycles
- can last one or more days
- How often the cycles are repeated depends on the type of cancer being treated and the drugs being used
- The optimal schedule is also influenced by the pharmacokinetics of the agent.

Drug Resistance

 can occur de novo in cancer cells or develop during cell division as a result of mutation

- multidrug resistance
 - increase in efflux transporters
 - changes or mutations of drug targets

Tumor Site

• The cytotoxic effects of chemotherapy agents are related to: Concentration X Time

- The drug dose
- Infusion rate
- Route of administration
- Lipophilicity
- Protein binding
- Tumor size and location
Pharmacogenetics

• presence of genetic polymorphisms

- Dihydropyrimidine dehydrogenase (5_FU)
- Genetic polymorphisms of UGT1A1(irinotecan)

Combination chemotherapy

- Provides broader coverage against resistant cell lines within the heterogeneous tumor mass
 - Demonstrable single-agent activity against the specific type of tumor
 - Different mechanisms of action
 - Should not have overlapping toxicities
 - All agents should be used in their optimal dose and schedule

Type of chemotherapy

- Primary chemotherapy
 - Curative
 - Palliative
 - Induction therapy
 - Consolidation, intensification, or maintenance chemotherapy
 - Second-line or salvage chemotherapy
- Adjuvant Chemotherapy
- Neoadjuvant Chemotherapy

TABLE 89-11

Adjuvant Chemotherapy: Neoplasms for Which Therapy is Indicated After Surgery

Anaplastic astrocytoma Breast cancer Colorectal cancer Gastric cancer Melanoma Non–small-cell lung cancer Osteogenic sarcoma Ovarian cancer Osteogenic cancer Rectal cancer Soft tissue sarcoma

TABLE 89-10

Primary Chemotherapy: Neoplasms for Which Chemotherapy is a Primary Treatment Modality

Acute leukemias Non-Hodgkin lymphoma Myeloma Hodgkin lymphoma Germ cell cancer Primary central nervous system lymphoma Ovarian cancer Small-cell lung cancer Wilms tumor Embryonal rhabdomyosarcoma

TABLE 89-12

Neoadjuvant Chemotherapy: Neoplasms for Which Chemotherapy is Indicated for Locally Advanced Disease

Anal cancer Bladder cancer Breast cancer Cervical cancer Gastroesophageal cancer Lung cancer Head and neck cancer Ovarian cancer Osteogenic sarcoma Pancreatic cancer



Clinical pharmacology of chemotherapy

- Alkylating agents exert their effects on DNA and protein synthesis by binding to DNA and preventing the unwinding of the DNA molecule
- Antimetabolites resemble naturally occurring nuclear structural components ("metabolites"), such as the nucleotide bases, or inhibit enzymes involved in the synthesis of DNA and proteins.
- Antitumor antibiotics derive their name from their source; they are fermentation products of Streptomyces species

Antimetabolites

- Similar to the nucleotides that make up DNA and RNA.
- The body metabolizes these drugs as the natural nucleotides.
- Disrupt replication and cell division by interfering with the production of nucleic acids, DNA, and RNA.
- The three major classes:
 - Pyrimidines antagonists
 - Purines antagonists
 - Folate antagonists

Antimetabolites

• Pyrimidines antagonists



• Purines antagonists





Fluorinated Pyrimidines

• 5-Fluorouracil

- Interferes with the function of thymidylate synthase.
- Incorporated into RNA as a false base, and interferes with its function
- Combination with leucoverin
- Myelosuppression when administered as an IV bolus administration
- Hand-foot syndrome and diarrhea when administered as a continuous IV infusion



• Capecitabine

- Orally active pyrimidine analog
- A prodrug of 5-FU





Cytidine Analogs

- Cytarabine
 - Inhibits DNA polymerase



• Gemcitabine

- Inhibits DNA polymerase
- Also inhibits ribonucleotide reductase, which is the enzyme required to convert ribonucleotides into the deoxyribonucleotide forms needed for both DNA synthesis and repair
- Intracellular concentrations about 20 times higher than does ara-C

Purines and Purine Antimetabolites

Mercaptopurine

Converted to ribonucleotides that inhibit purine biosynthesis

 Metabolized by thiopurine methyl transferase(TPMT) and hypoxanthine phosphoribosyl transferase to produce multiple metabolites responsible for the efficacy, hepatic toxicity and myelosuppression

Purines and Purine Antimetabolites

• Fludarabine Monophosphate

- o Interferes with DNA polymerase
- Incorporates into RNA, resulting in inhibited transcription
- dose-limiting toxicity is myelosuppression
- immunosuppressive
 - With associated opportunistic infections resulting from fludarabine's effect on T cells and a subsequent decrease in CD4 counts
 - Prophylactic antibiotics and antiviral medications are recommended and should continue until CD4 counts normalize.

Antifolates



• MTX & Pemetrexed

- Neutropenia
- Thrombocytopenia
- Mucositis
- Nausea and vomiting
- Renal tubular necrosis with high-dose MTX
- Neutropenic sepsis with Pemetrexed
 - Elevated base-line cystathionine or homocysteine concentrations correlated with this unexpected toxicity.
 - Routine supplementation of folic acid and vitamin B12 lowers levels of these substances and lowers the risk of mortality related to neutropenic sepsis.

Microtubule-targeting drugs

• Vinca Alkaloids

• Vincristine, vinblastine, and vinorelbine

- Mitotic inhibitors
- Different activities and patterns of toxicity
- Vinorelbine and vinblastine with dose-limiting myelosuppression
- Vincristine is more neurotoxic

o Taxanes

- Paclitaxel and docetaxel
 - Mitotic inhibitors and Inhibition of angiogenesis
 - Myelosuppression is common with both agents
 - Increased fluid retention with docetaxel, increased neurotoxicity and hypersensitivity reactions with paclitaxel.



Vinca alkaloids prevent microtubule assembly. Alpha tubulin

Beta tubulin

Taxanes prevent microtubule disassembly.

Topoisomerase inhibitors

• Camptothecin Derivatives

- Topotecan and irinotecan
- Inhibit topoisomerase I enzyme activity
- diarrhea and myelosuppression are the most common toxicities with irinotecan

• Etoposide and Teniposide

- o bind to tubulin and interfere with microtubule formation.
- o topoisomerase II inhibitors
- dose-limiting toxicity is myelosuppression



Anthracene Derivatives



Anthracyclines

- topoisomerase II inhibitors
- also undergo electron reductions to reactive compounds that can damage DNA and cell membranes
- free-radical formation is firmly established as a cause of cardiac damage and extravasation injury

Mitoxantrone

Less cardiac toxicity



Alkylating agents

- Covalent bonding of highly reactive alkyl groups or substituted alkyl groups with nucleophilic groups of proteins and nucleic acids and inhibition of DNA replication
- not cell-cycle phase-specific.
- Nitrogen Mustards
 - Cyclophosphamide and ifosfamide
 - Bendamustine
- Nitrosoureas
 - Carmustine
 - Lomustine





Nonclassic Alkylating Agents

Dacarbazine and Temozolomide

- interrupts DNA replication by causing methylation of guanine
- Important pharmacokinetic differences
 - Dacarbazine is poorly absorbed, and must be administered by intravenous infusion
 - Temozolomide is rapidly absorbed after oral administration & crosses the blood-brain barrier

Heavy metal compounds

- Cisplatin, Carboplatin, and Oxaliplatin
- The cytotoxicity of the platinum derivatives depends on platinum binding to DNA and the formation of intrastrand cross-links or adducts between neighboring guanines.
- Carboplatin & Cisplatin
 - A similar spectrum of clinical activity and cross-resistance
 - Different toxicity
 - Nephrotoxicity, ototoxicity, peripheral neuropathy, emesis, and anemia for cisplatin
 - Hematologic toxicity for carboplatin



Heavy metal compounds

• Oxaliplatin

- Is not nephrotoxic or ototoxic
- Is moderately emetogenic
- Can cause peripheral neuropathies and unique cold-induced neuropathies

Endocrine Therapy

- Can be used to treat several common cancers which arise from hormone-sensitive tissues
 - Breast, prostate, and endometrial cancers
 - Selective estrogen receptor modulators
 - Aromatase inhibitors

Targeted agents

- Monoclonal antibodies
 - The EGFR, HER2/neu, and VEGF signaling pathways can be blocked
 - Inhibit receptor tyrosine kinase activation by binding to the extracellular domain.
- Tyrosine kinase inhibitors
 - Inhibit tyrosine kinase activation by competing with ATP for binding to the intracellular tyrosine kinase domain



Biologic Response Modifiers (Immunotherapy)

- substances that either boost or restore the ability of the immune system to fight cancer, infections, or other diseases
 - Vaccines
 - INTERFERON-α
 - INTERLEUKIN 2
 - checkpoint inhibitors

Administration

- Intravenous route
 - Bolus injection
 - Short infusion
 - Continuous infusion
- Oral route
- Regional and local

TABLE 89-17 Local or Regional Routes of Chemotherapy Administration

Route of Administration

Intrathecal or intraventricular Intravesicular Intraperitoneal Intrapleural Intra-arterial Hepatic artery Chemoembolization (intra-arterial or intravenous)

Cancer Managed With Alternative Route

Leukemia, lymphoma Bladder Ovarian Malignant pleural effusions Melanoma, sarcoma Liver metastases Colon, rectal, carcinoid, liver metastases
Assessing Response to Therapy

- Antitumor and toxic effects
- Effect on the patient's overall quality of life and survival

Response Evaluation Criteria in Solid Tumors RECIST

• Complete Response :

• Disappearance of all target lesions.

• Partial Response:

• At least a 30% decrease in the sum of diameters of target lesions

• Progressive Disease:

• At least a 20% increase in the sum of diameters of target lesions

• Stable Disease:

- Neither sufficient shrinkage to qualify for partial response nor sufficient increase to qualify for progressive disease
- Diseasefree Survival:
 - Time from documentation of complete response until disease relapse or death.
- Overall Survival:

• Time from treatment until time of death.

- National Cancer Institute Common Toxicity Criteria for Adverse Events
- Quality of life
 - Reduced pain
 - Decreased use of analgesics
 - Weight gain
 - Improved performance status

Tumor markers

- Substances that may be found in tumor tissue or released from a tumor into the blood or other body fluids
- Should be produced and released at levels proportional to the tumor mass.
- Should be detectable at very low levels

TABLE 89-19 Clinically Useful Tumor Markers

Tumor Marker

Cancers Commonly Associated With Increased Markers

CA-19-9 CA-15-3 CA-27-29 Neuron-specific enolase α-Fetoprotein (AFP) CA-125 Carcinoembryonic antigen (CEA) Human chorionic gonadotropin (hCG)

 β_2 -Microglobulin Prostate-specific antigen (PSA) Pancreatic Breast Breast Neuroblastoma, small-cell lung cancer Liver Ovarian, testicular—nonseminoma Colon, lung

Trophoblastic, testicular

Multiple myeloma Prostate



• Medication Errors

- The use of abbreviations
- Verbal orders
- Multiple-day regimens
- Incorrect references and protocols
- Illegible medication orders