

affect

تحت تأثير قرار دادن

- **to influence someone or something, or cause them to change**
- ✓ *What you eat affects your weight and your health.*

alert

متوجہ، ہوشیار، گوش بزنگ

- **quick to notice and react to things around you**

✓ *We are on the alert.*

avoid

دوری کردن، پرهیز کردن

- **a time when many people in the same area get an illness**
- ✓ *in order to avoid a heart attack*

aware

آگاہ، مواظب

- **to know about something**

✓ *She was only half aware of what was happening.*

caution

ہوشیاری، احتیاط

- **great care and attention not to take risks or get into danger**
- ✓ *you must drive with extreme caution*

cure

درمان کردن، بهبودی دادن

• **something that makes someone with an illness healthy again**

✓ *They are trying to find a cure for cancer.*

consume

غذا خوردن، مصرف کردن

- **to eat or drink something**

✓ *You consume quite a lot of coffee every day.*

crucial

بسیار مهم، حیاتی

- **extremely important or necessary**

✓ *a crucial decision*

deploy

به کار گرفتن به شیوه موثر، بسیج کردن

- **to move soldiers or equipment to a place where they can be used when they are needed**
- ✓ *the deployment of nuclear weapons*

تشخیص دادن بیماری

diagnose

- **to say what is wrong with someone who is sick**
- ✓ *the doctors did not diagnose his disease in time*

disease

بیماری، ناخوشی

- **an illness caused by an infection or by a failure of health**
- ✓ *A killing disease*

discard

دور انداختن، ول کردن

- **to throw something away**

✓ *Let's discard some of these old newspapers.*



hospitalize

بستری کردن در بیمارستان

- **to place in a hospital for medical treatment or surgery**

✓ *She was hospitalized after the accident.*

hygiene

نظافت، بهداشت

- **the process of keeping things clean, especially to prevent disease**

✓ *personal hygiene*

infectious

واگیر، مسری، عفونی

- **easily passed from one person to another**

✓ *an infectious disease*

initially

در آغاز، در ابتدا

- **at first; in the beginning**

✓ *He initially wanted to go to medical school.*

measure

اقدام کردن



- **a plan of action or something done**

✓ *We must take preventative measures to stop the spread of the disease.*



notorious

انگشت نما، بدنام، زبائزد

- **famous for something bad**

✓ *a notorious criminal*

outbreak

شیوع، بروز، طغیان



- **a time when many people in the same area get an illness**
- ✓ *an outbreak of the flu*

pneumonia

سینه پھلو، التهاب ریہ

- **a serious disease caused by viruses, bacteria, or fluid in the lungs**
- ✓ *she developed pneumonia and died*

prevention

جلو گیری، پیش گیری



- **ways of stopping something happening**

- ✓ *the prevention of diseases*

resemble

شبهت داشتن، مانند بودن

- **to look like or be like someone or something**

✓ *She resembles her mother in the way she talks and gestures.*

respiratory

تنفسی



- **relating to the process of breathing**
- ✓ *respiratory diseases*

species

نوع، گونه

- **a type of animal ,bird or plant**
- ✓ *a rare species of bird*

spread

شیوع، وسعت، گسترش

- **to affect or cause to affect more people, a larger area**
- ✓ *insects that spread the virus to humans*

suffer

متحمل شدن، رنج بردن

- **to experience pain or unpleasant emotions.**

✓ *I can't bear to see animals suffering.*

survive

جان به در بردن، بازماندن، بقا یافتن

- **to continue to live after almost dying because of an accident, illness ...**
- ✓ *No one survived the plane crash.*

نشانه، علامت، علائم مرض

symptom

- **a sign of an illness**

✓ *headache is a symptom of many diseases*

threaten

تهدید کردن

- **to tell someone that you will kill or hurt them, or cause problems for them if they do not do what you want.**
- ✓ *She threatened him with a gun.*

treatment

علاج، درمان، معالجه



- **sth done in order to cure an illness**

✓ *medical treatment*

transmit

پخش کردن، منتقل کردن

- **to pass something from one person or place to another:**
- ✓ *The disease is transmitted by mosquitoes.*

underlying

بنیادین، زیر بنایی

- **An underlying reason or problem is the real reason or problem, although it is not obvious**
- ✓ *the underlying cause*