

**earworms**<sup>mbt</sup>©  
Musical Brain Trainer



# Rapid Spanish Vol. 1

200+ essential words and phrases  
anchored into your long-term memory  
with great music



Your personal audio language trainer

Phrase Book



Your personal audio language trainer

earworms mbt© Rapid Spanish puts the words and phrases you need not just on the tip of your tongue, but also transports them deep into your long-term memory.

Simply by listening to these specially composed melodies with their rhythmic repetitions of Spanish and English a few times, the sound patterns are indelibly burned into your auditory cortex. You will have successfully learned the Spanish phrase and have the correct accent ringing in your ears. Wherever you are, whatever you are doing: While jogging, in the car, in the bath, doing the ironing...you can be learning Spanish at the same time!

earworms mbt© Rapid Languages is the first language course to get your toe tapping.

You know the phenomena of those catchy tunes or earworms that you just can't get out of your head? Voulez-vous coucher avec moi, ce soir? Well, earworms mbt© has put this phenomena to positive use. Gone are the days of learning pressure and frustration at not being able to remember, the experience of many on conventional language courses. In combination with music, the phrases you need are automatically anchored deep into your memory, ready for instant recall.

### Music is the Key

The idea is as simple as it is old. Before the age of writing, ancient historical events were recorded in verse and song form for easy memorisation. In his book 'Songlines' Bruce Chatwin describes how the Australian Aborigines were able to navigate their way across hundreds of miles of desert to their ancestral hunting grounds without maps. And how? The extensive lyrics of their traditional songs were exact descriptions of the routes!

Rhythm and words i.e. song and verse have always been a very powerful memory aid, and this is supported by recent scientific research. The advertising industry knows only too well how powerful music can be in getting the message across with brainwashing-like jingles and soundbites.

### It really works!

Developed and used over years in the classroom, earworms mbt© Rapid Languages has shown phenomenal success. In tests pupils using this technique regularly get average marks of over 90% compared to less than 50% with conventional book based learning.

Why hasn't music been used more in education up to now? Imagine kids at school getting a CD of hip hop songs with all the historical dates they have to learn, or all the irregular verbs they have to learn! Wouldn't that make their (and teachers') school lives much easier, much more fun, much more successful? Rest assured, we are working on it!

### What you get

This volume deals with the essentials for your visit abroad. It looks at typical situations: taking a taxi, at the hotel, at the restaurant, requesting, polite phrases, finding your way, numbers, dealing with problems and so on. Volume 2 will have you talking about yourself and others, past, present and future, likes and dislikes and general conversational items. The themes follow closely the Common European Framework for language learning, a recognised benchmark of language proficiency, and the emphasis is constantly on usefulness to the learner.

## Memory hooks

This booklet contains all the words and phrases spoken on the CD, both English and Spanish, plus the sounds of the words. An additional aid to learning, 'memory hooks' and comments to assist your memorisation and understanding, can be found on the earworms website. These complement the CD and are really worth checking out. Memory hooks are for example, if you want to memorise the Spanish number: five = cinco (pronounced thinko), think of 05 in a thought bubble (think 05) - and you will easily remember.

## How to use earworms: Don't think, just listen!

Sit back, relax and groove along to the melodies without trying to listen too hard. Treat them as songs you hear on the radio. Our recommendation is that you do familiarise yourself with the written words in the booklet - at least the first time you listen.

After listening several times, playfully test yourself - cover up the English side of the phrase book and see how many words and phrases you remember!

## Lastly - a word of thanks

The earworms team would like to thank you for putting your trust in our 'slightly different' learning concept and are sure that you will have the success that many others have already had. It's motivating to know that learners are really benefiting from our research and development. Also, as accelerated learning is a rapidly growing field, we look forward to hearing your experiences and successes - so feel free to visit us on the website:

**[www.earwormslearning.com](http://www.earwormslearning.com)**

## 1. I would like...

I would like...	Quisiera... kees <sup>y</sup> era
a coffee	un café oon kafe
with milk	con leche kon leche
please	por favor por fa <sup>v</sup> or
a tea	un té oon te
a tea with milk	un té con leche oon te kon leche
and sugar	y azúcar ee a <sup>th</sup> ookar
Very good.	Muy bien. mwee byen
a beer	una cerveza oona ther <sup>b</sup> etha
water	agua agwa
a bottle of water	una botella de agua oona bot <sup>e</sup> lya de agwa
a bottle of wine	una botella de vino oona bot <sup>e</sup> lya de veeno
I would like to eat something.	Quisiera comer algo. kees <sup>y</sup> era komer algo
to eat	comer komer
something	algo algo
to eat something	comer algo komer algo
Fantastic.	Fantástico. fant <sup>as</sup> teeko
Don't mention it. (You're welcome.)	De nada. de na <sup>th</sup> a

## 2. To order

to order	pedir pe <del>de</del> er
I would like to order...	Quisiera pedir... kees <del>y</del> era pe <del>de</del> er
something to drink	algo de beber al <del>go</del> de be <del>ber</del>
something	algo al <del>go</del>
to drink	de beber de be <del>ber</del>
The waiter asks: 'Something to drink?'	¿De beber? de be <del>ber</del>
Some drinks?	¿De beber? de be <del>ber</del>
a glass of wine	un vaso de vino oo <del>n</del> va <del>so</del> de ve <del>no</del>
I would like a glass of wine.	Quisiera un vaso de vino. kees <del>y</del> era oo <del>n</del> va <del>so</del> de ve <del>no</del>
red wine	vino tinto bve <del>no</del> te <del>nto</del>
white wine	vino blanco bve <del>no</del> bla <del>nco</del>
of the house	de la casa de la ka <del>sa</del>
house wine	vino de la casa bve <del>no</del> de la ka <del>sa</del>
bread	pan pa <del>n</del>
a little bit of bread	un poco de pan oo <del>n</del> po <del>co</del> de pa <del>n</del>
olives	olivas olee <del>v</del> as
a salad	una ensalada oo <del>n</del> a en <del>sa</del> lada
a mixed salad	una ensalada mixta oo <del>n</del> a en <del>sa</del> lada mee <del>x</del> ta

... to give yourself extra visual input.

To perfect your pronunciation...

Let your ears guide you!



### 3. Have you got...?

Have you got...?	¿Tiene...? tyene
a table for two	una mesa para dos oona mesa para dos
for two	para dos para dos
for three	para tres para tres
Have you got a table for three?	¿Tiene una mesa para tres? tyene oona mesa para tres
Yes, of course.	Sí, por supuesto. see, por soopwesio
No, sorry.	No, lo siento. no, lo syentio
Are you ready...?	¿Está listo...? esta leesio
to order	para pedir para pedeer
Anything else/more?	¿Algo más? algo mas
Thank you very much.	Muchas gracias. moochas grahyas
Do you want...?	¿Quiere...? kyere
something for dessert	algo de postre algo de postre
What have you got?	¿Qué tiene? ké tyene
The bill, please.	La cuenta, por favor. la kwenta, por favor
Can I pay?	¿Puedo pagar? pwe do pagar
Can I...?	Puedo...? pwe do
pay	pagar pa gar
by (credit) card	con tarjeta (de crédito) kon tarheta (de kredeeto)
Yes, of course.	Sí, por supuesto. see, por soopwesio
Can you...?	¿Puede...? pwe de
call (up) a taxi	llamar a un taxi jamar a oon taxee

## 4. To the airport

to the city centre	al centro al <b>th</b> entro
to the airport	al aeropuerto al <b>aero</b> pwerto
to (the)	al al
to the hotel Madrid	al hotel Madrid al <b>otel</b> Madrid
to the shopping centre	al centro comercial al <b>th</b> entro komer <b>th</b> yal
Thank you.	Gracias. <b>gra</b> thyas
Here, have this.	Aquí tiene. <b>a</b> kee <b>ty</b> ene
It's OK, thank you.	Está bien, gracias. esta <b>by</b> en, <b>gra</b> thyas
a shoe shop	una zapatería <b>oo</b> na thapatere <b>ea</b>
I want...	Quisiera... kees <b>y</b> era
a pair	un par <b>oo</b> n par
of sandals	de sandalias de sanda <b>ly</b> as
a pair of shoes	un par de zapatos <b>oo</b> n par de tha <b>pa</b> tos
How much do they cost?	¿Cuánto cuestan? <b>kw</b> an <b>to</b> kwes <b>tan</b>
How much?	¿Cuánto? <b>kw</b> an <b>to</b>
cost they	cuestan <b>kw</b> es <b>tan</b>
How much do these shoes cost?	¿Cuánto cuestan estos zapatos? <b>kw</b> an <b>to</b> kwes <b>tan</b> estos tha <b>pa</b> tos
these shoes	estos zapatos estos tha <b>pa</b> tos



## 5. Numbers, days & time

1	uno oo <sup>no</sup>	9	nueve nwe <sup>be</sup>
2	dos dos	10	diez dyeth
3	tres tres	11	once on <sup>the</sup>
4	cuatro kwa <sup>tro</sup>	12	doce do <sup>the</sup>
5	cinco theen <sup>ko</sup>	20	veinte (bv)ayn <sup>te</sup>
6	séis says	25	veinticinco baynteeth <sup>en</sup> ko
7	siete syete	40	cuarenta kware <sup>nta</sup>
8	ocho ocho		

### 'past' & 'to':

half past... (and half)	y media... ee medya...
a quarter past... (and quarter)	y cuarto... ee kwarto...
a quarter to... (minus quarter)	menos cuarto... menos kwarto...
ten to... (minus ten)	menos diez... menos dyeth...
twenty to... (minus twenty)	menos veinte... menos bayn <sup>te</sup> ...

### Some examples:

seven o'clock	las siete las syete
half past eight	las ocho y media las ocho ee medya
a quarter past seven	las siete y cuarto las syete ee kwar <sup>to</sup>
nine twenty	las nueve y veinte las nwe <sup>be</sup> ee bayn <sup>te</sup>

**Now here is a challenge for you. Try filling the gaps!**

10 o'clock	... diez
11.30	Las ... y media
6.15 (six and a quarter)	... séis ... cuarto
twenty to nine	... nueve ... veinte
3.15	... tres y ...
quarter to five (minus a quarter)	Las cinco ... cuarto
ten past eight	... ... y diez
five to nine	... nueve menos ...
half past twelve	... doce y ...
9.45	Las diez menos ...

**The days of the week:**

(on) Monday	(el) lunes loones
(on) Tuesday	(el) martes martes
Wednesday	miércoles myerkoles
Thursday	jueves hwebes
Friday	viernes (bv)yer nes
Saturday	sábado sabado
Sunday	domingo domeengo



## 6. Is there...?

Hello, excuse me.	Oiga, perdone. oyga, perthone
Is there a bank near here?	¿Hay un banco por aquí? ay oon banko por akee
Is there...?	Hay...? ay
a bank	un banco oon banko
near here	por aquí por akee
nearby	por aquí por akee
here	aquí akee
Is there a supermarket near here?	¿Hay un supermercado por aquí? ay oon soopermerkado por akee
a supermarket	un supermercado oon soopermerkado
Is there a post office near here?	¿Hay una oficina de correos por aquí? ay oona ofeetheena de korreos por akee
a post office	una oficina de correos oona ofeetheena de korreos
cash machine (ATM)	un cajero automático oon kahhero awtomateeko
a pharmacy	una farmacia oona farmathya
a park	un parque oon parka
tourist office	una oficina de turismo oona ofeetheena de tooreesmo
Sorry, ...	Lo siento, ... lo syento
I don't know.	no lo sé. no lo se
No idea.	Ni idea. nee eeidea

## How often do I have to listen to the earworms CD before I can really remember all the language on it?

With the appeal of the earworms songs we hope that it is not a question of 'having to', it is rather a question of 'wanting to'. But seriously: the memory is like a muscle, it needs to be trained and exercised. Based on scientific studies, the ideal is listening relatively intensively at the beginning (the learning phase), thereafter listening periodically to review what you have learnt and refresh your memory.

In practical terms this means listening to the whole album the first day, in order to 'tune your ear in' to the sounds of the language. Then listen regularly, several times, over a period of one or two weeks, making sure that you listen to every song equally as many times. While listening, actually speak the words out loud, when you can, to get a feeling for their pronunciation. After this, go through the booklet and test your knowledge, picking out any gaps that you may wish to concentrate on.

Lastly, the review phase. As we all know, memories fade, so it is important to refresh your memory by listening to the CD at your leisure, say, once a week for the following few weeks. Thereafter, monthly.

This review phase is crucial as it consolidates your knowledge and transfers it into your long-term memory. Although this demands self-discipline, it is of course without effort, as you are only listening to songs.

The result is that you will be able to recall the words and phrases with the same ease that you remember your telephone number!



## 7. Directions

Hello, excuse me.	Oiga, perdone. oyga, perthone
I'm looking for the Central Station. the Picasso museum	Busco la Estación Central. boosko la Estathyon Thentral el Museo Picass oel Moosoo Peeccasso
the train to Madrid	el tren para Madrid el tren para Madrid
the bus stop	la parada de autobús la paraaha de owto <b>boos</b>
Excuse me.	Perdone. perthone
Can you tell me how to go/get to...?	¿Puede decirme cómo se va a...? pwede detheerme kómo se va a
Can you...?	¿Puede...? pwede
tell me	decirme detheerme
How does one go to...?	¿Cómo se va a...? kómo se va a
how to get/go to...	cómo se va a... kómo se va a
by bus, by car, on foot	en autobús, en coche, a pie en owto <b>boos</b> , en <b>koch</b> -e, a py-e
by	en en
go straight on	(vaya) todo recto to <b>do</b> rekto
turn (to the) right	tuerza a la derecha twertha a la therecha
turn (to the) left	tuerza a la izquierda twertha a la eethkyertha
turn	tuerza twertha
Is it far?	¿Está lejos? esta le <b>nhos</b>
far	lejos le <b>nhos</b>
approximately, roughly	aproximadamente aproxee <b>matha</b> ment <b>e</b>
1 kilometer	un kilómetro oon keelo <b>metro</b>
Take the bus.	Tome el autobús. to <b>me</b> el owto <b>boos</b>

## 8. Where & what time?

Where...?	¿Dónde? donde
...can I...?	...puedo... puedo
buy	comprar komprar
a book of bus tickets	un bonobús oon bonobooos
stamps	sellos selyos
at (in) the tobacco shop	en el estanco en el estanko
Where is your suitcase?	¿Dónde está tu maleta? donde esta too maleta
my suitcase	mi maleta mee maleta
our suitcase	nuestra maleta nvestra maleta
It is over there.	Está allí. esta agee
It is in the room.	Está en la habitación. esta en la abeatathyon
Where is the bathroom/toilet?	¿Dónde está el baño? donde esta el banyo
upstairs	arriba arreeba
downstairs	abajo abaho
At what time is breakfast?	¿A qué hora es el desayuno? a ke ora es el desajoono
At what time...?	¿A qué hora...? a ke ora
...is (the) breakfast	...es el desayuno es el desajoono
from seven	de siete de syete
to 10 o'clock	a diez a dyeth
from ... to ...	de ... a ... de ... a ...
today, tomorrow, this afternoon	hoy, mañana, esta tarde oy, manyana, esta tarde



## 9. Problems, problems!

I have...	Tengo... tengo
a problem	un problema oon problema
with the TV	con la televisión kon la televeesyon
with the fridge	con el frigorífico kon el freego reefeeco
with	con kon
I've lost my camera.	He perdido mi cámara. e perdedo mee kamara
I've lost...	He perdido... e perdedo
my passport	mi pasaporte mee pasaporte
my wallet	mi cartera mee kartera
Is this it?	¿Es esta? es esta
Yes, it's mine.	Sí, es mía. see, es meea
I need...	Necesito... netheseeto
stamps	sellos selyos
plasters	tiritas teeretas
suncream	bronceador brontheador
aspirins	aspirinas aspeereenas
something for...	algo para... algo para
stomach ache	el dolor de estómago el dolor de estomago
ache	dolor dolor
headache	dolor de cabeza dolor de kabetha
head	cabeza kabetha

## 10. Do you speak English?

Good morning/day.	Buenos días. <b>bwe</b> nos <b>dee</b> -as
Good afternoon.	Buenas tardes. <b>bwe</b> nas <b>tar</b> des
How are you/things? (informal)	¿Qué tal? ke tal
Do you speak English?	¿Habla inglés? <b>abla</b> eeng <b>les</b>
Do you speak...?	Habla...? <b>abla</b>
Spanish	español espan <b>yo</b> l
Sorry, I don't speak Spanish.	Lo siento, no hablo español. lo <b>syento</b> , no <b>ablo</b> espan <b>yo</b> l
I don't speak...	No hablo... no <b>ablo</b>
My name is...	Me llamo... me <b>lamo</b>
I don't understand.	No entiendo. no <b>entyendo</b>
more slowly	más despacio mas des <b>pa</b> theo
It's difficult.	Es difícil. es dee <b>fee</b> theel
not easy	no es fácil no es <b>fa</b> theel
What is this?	¿Qué es esto? ke es <b>esto</b>
How about an ice cream?	¿Qué tal un helado? ke tal <b>oon</b> elado
OK, why not?	Vale, ¿por qué no? <b>vale</b> , por ke no
How about a beer?	¿Qué tal una cerveza? ke tal <b>oona</b> ther <b>be</b> lha
How is it? What's it like?	¿Qué tal? ke tal
Do you like it?	¿Te gusta? te <b>goosta</b>
Yes, I like it. (very much)	Sí, me gusta. (mucho) see, me <b>goosta</b> ( <b>moo</b> cho)
I dont like it.	No me gusta. no me <b>goosta</b>
another (one) please	otra, por favor <b>otra</b> , por <b>favor</b>



## The science behind earworms mbt©

### 1. How we learn

A large part of learning in general and language learning in particular is to do with the memorisation of words, facts and other significant information. It's a well known fact that we use only a fraction of our brain power and traditional book learning is now recognised as not suiting every learner.

earworms uses simple techniques which open up and exploit more of the brain's native power, and come under the heading of 'accelerated learning'.

In the March 2005 issue of the journal 'Nature' researchers at Dartmouth College in the US reported that they had pinpointed the region of the brain where 'earworms' or catchy tunes reside, the auditory cortex. They found that the sounds and words that have actually been heard can be readily recalled from the auditory cortex where the brain can listen to them 'virtually' again and again.

### 2. What we learn

earworms mbt© adopts the so-called lexical approach to language. In essence, this means we look at language in terms of whole meaningful chunks, then break these down into their component bite-sized, easily absorbable parts and then reconstruct them. You not only learn complete, immediately useful phrases, you also intuitively learn something about the structure (the grammar) of the language. These 'chunks' which the learner can 'mix and match', gradually build up to cover whole areas of the language.



Also available in this volume:

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**Rapid Italian** Vol. 1

200+ essential words and phrases  
anchored into your long-term memory  
with great music



The revolutionary new learning technique  
effortless and enjoyable – your fast track  
to success!

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**Rapid Greek** Vol. 1

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Check out **Rapid Volume 2** and “**Rapid Chinese**”

Details at [www.earwormslearning.com](http://www.earwormslearning.com)





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### The Tracks:

1. I would like... 6:16
2. To order 5:33
3. Have you got...? 7:22
4. To the airport 6:04
5. Numbers, days & time 8:05
6. Is there...? 6:43
7. Directions 7:14
8. Where & what time? 7:53
9. Problems, problems! 6:47
10. Do you speak English? 8:53
11. Hasta pronto! See you soon! 1:04

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