

# ADULTHOOD IS A MYTH

A "Sarah's Scribbles" collection



SARAH ANDERSEN

# ADULTHOOD

## IS A MYTH

A "Sarah's Scribbles" collection



Sarah Andersen



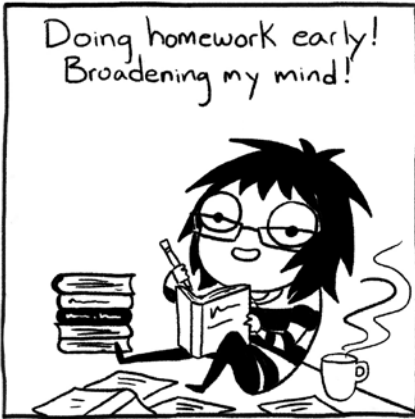
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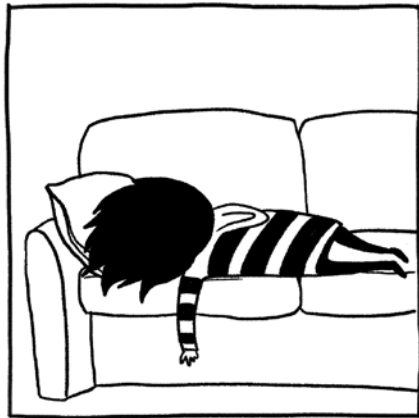
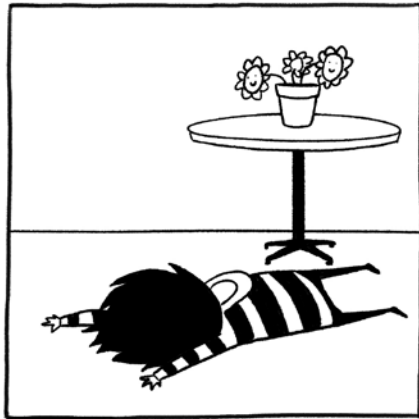




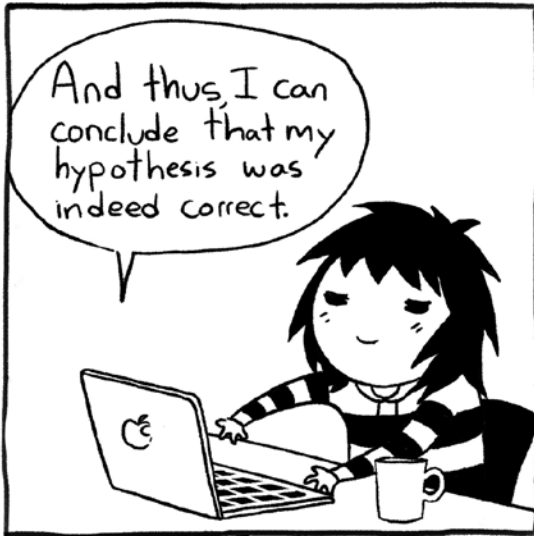
I SHOULD BE:



I AM:



# WRITTEN COMMUNICATION



# VERBAL COMMUNICATION



# NIGHTMARES FOR INTROVERTS

1) Sales people

Hi! I'm about to make  
your shopping experience  
super uncomfortable!

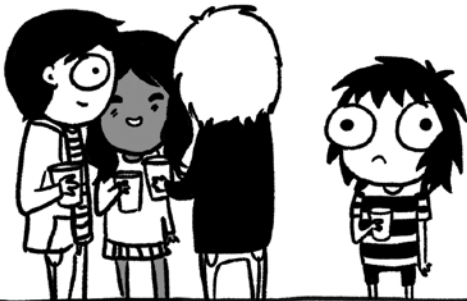


2) Restaurants with no  
online takeout

Hello... Yes, no,  
um - what? Oh,  
I...



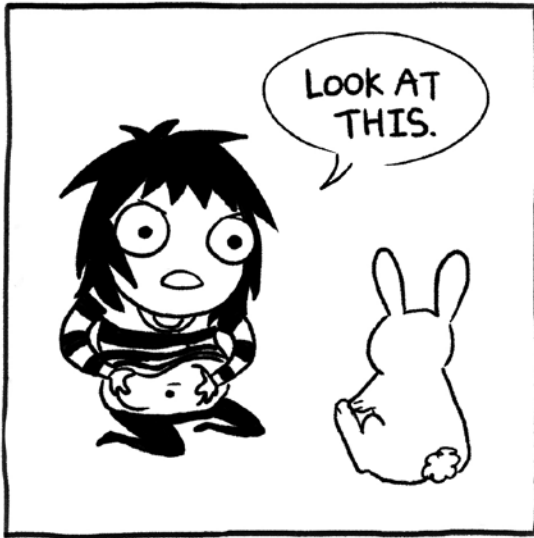
3) Being on the outside  
of a conversation circle



4) This question

Why are you so  
quiet?







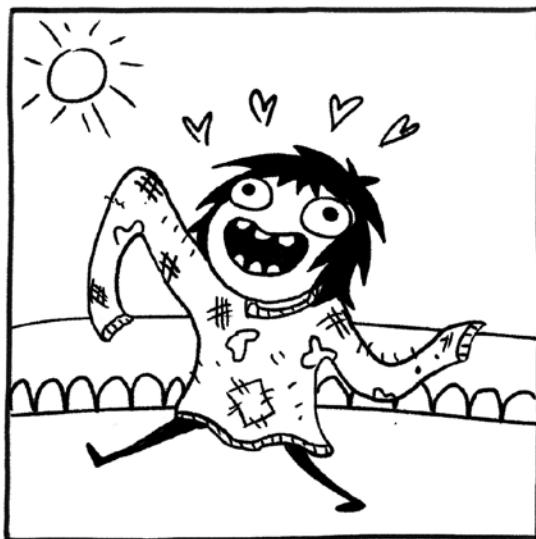
LISTENING TO MUSIC

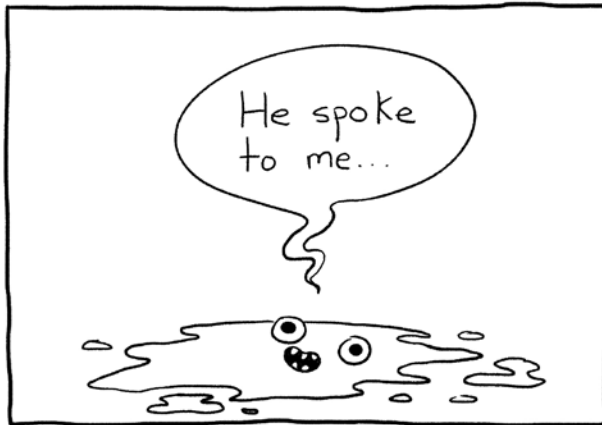
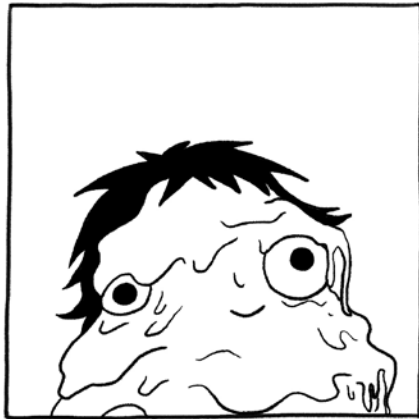
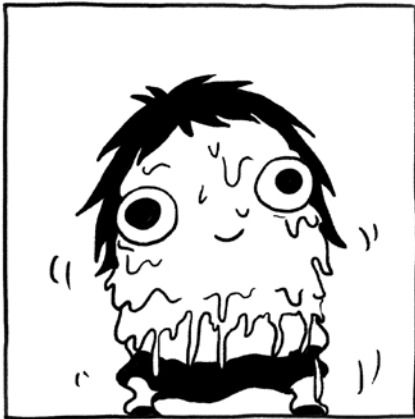
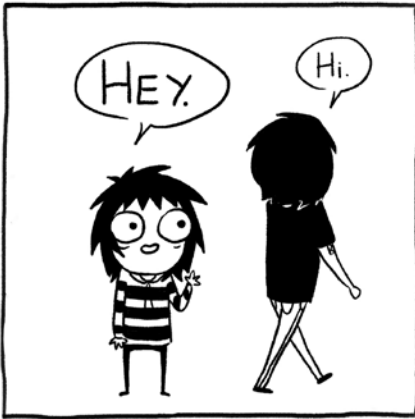


REALIZING THE ARTIST IS YOUNGER THAN YOU



# GETTING DRESSED







# WHEN TO CHANGE/WASH

UNDERWEAR: 1 use



T-SHIRTS: 2-3 uses



JEANS + SWEATERS:  
3-5 uses



BRAS:

Ahhmm..



It's been weeks,  
hasn't it?



YEP.

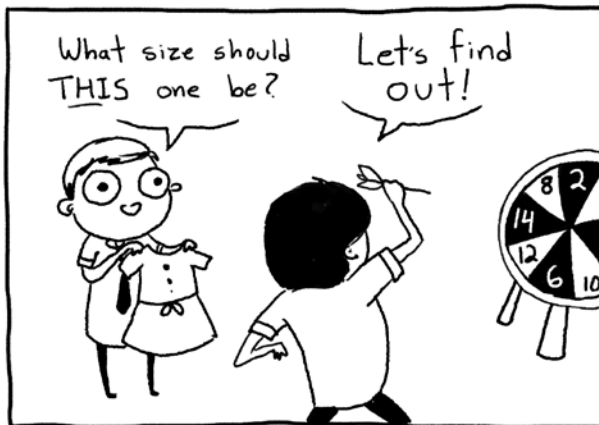
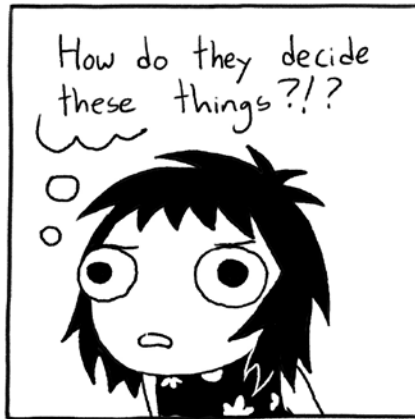


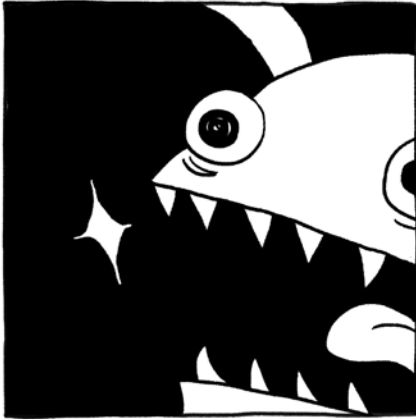
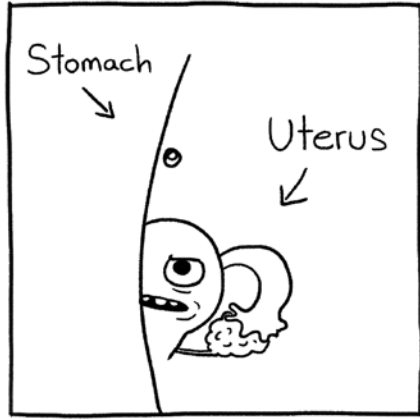
# MAKING FRIENDS





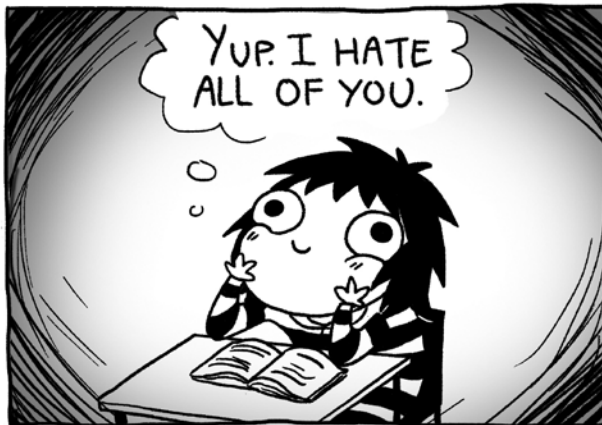
LATER, IN ANOTHER DRESSING ROOM...







# GOING BACK TO SCHOOL





# DATING

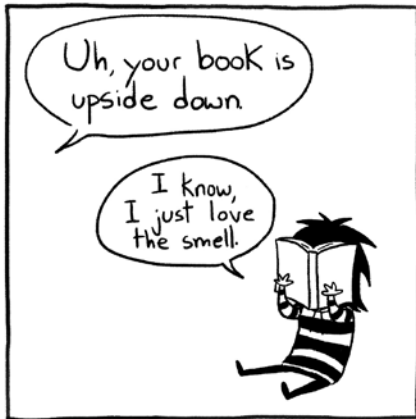


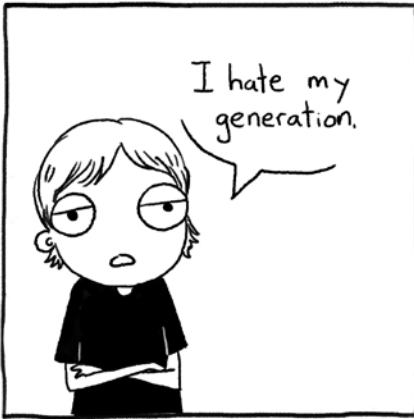
# MANICURE



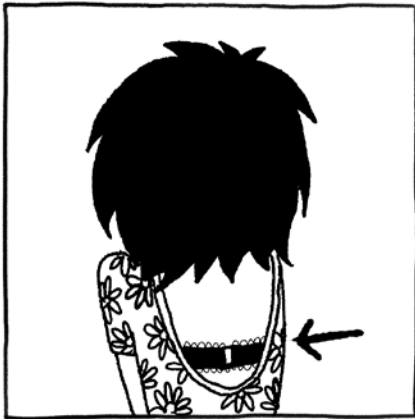
# PEDICURE













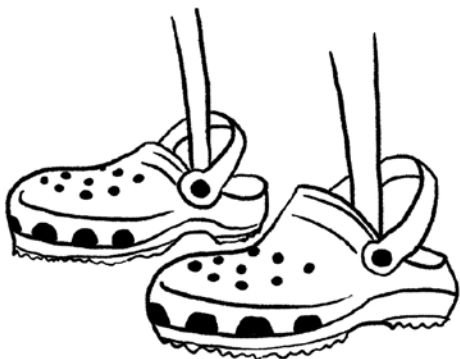
# PROCRASTINATION



# SHAMPOO VS. CONDITIONER



# THE UGLY SHOE TREND



CROCS



UGGS



WEIRD TOEY  
SHOES

PLEASE!  
This has to  
STOP!

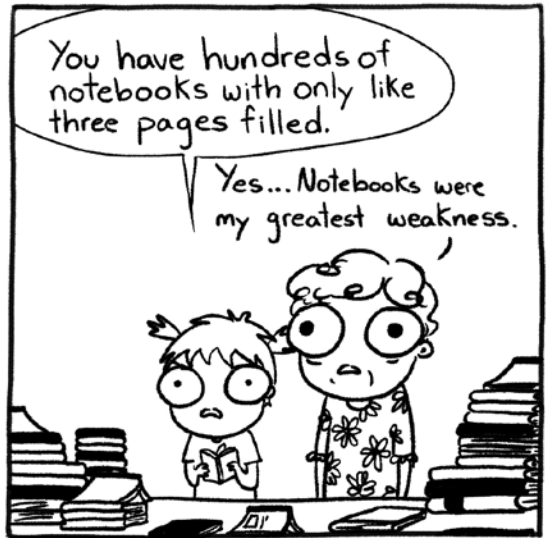
It's FASHION!  
Get with the  
times.



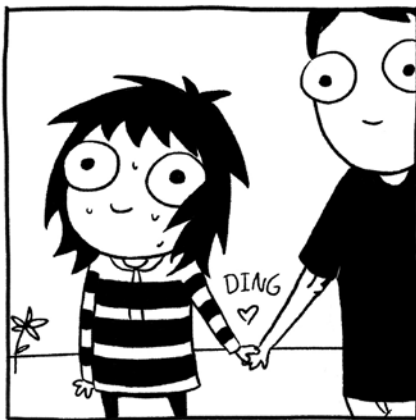
# NOTEBOOKS EXPECTATION:



# REALITY:



# HOLDING HANDS



# GIRL'S PURSE





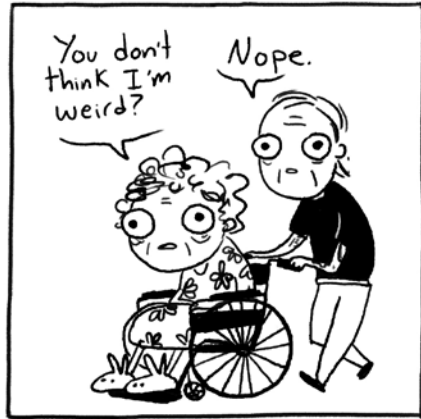
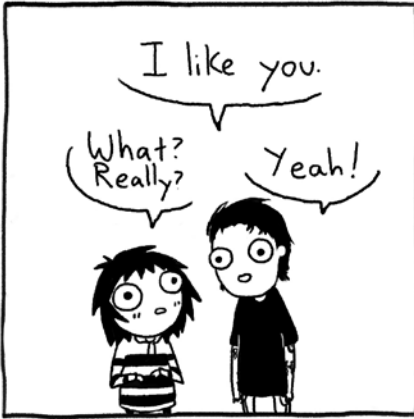
# ME AGE 13



# ME NOW







# THINGS I KNOW

The yellow fever virus was the first human virus ever discovered.



Humans have around 70,000 thoughts a day.



Kepler-186f is an Earth-size planet that is located in the "habitable zone" of its star.



A clam named Ming lived to be 507.



# THINGS I DON'T KNOW

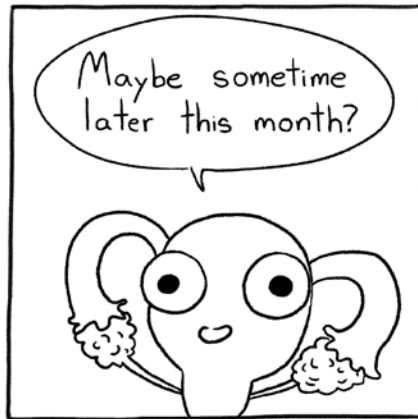
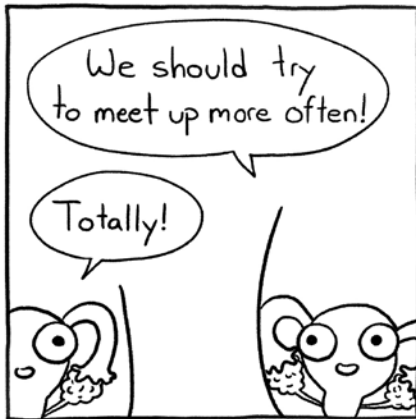
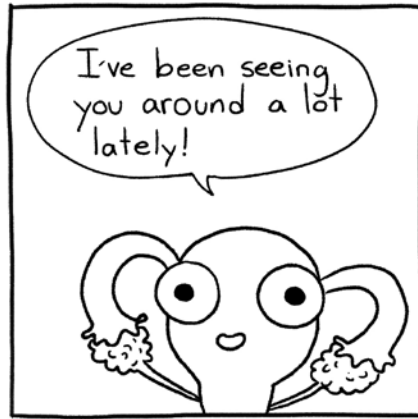
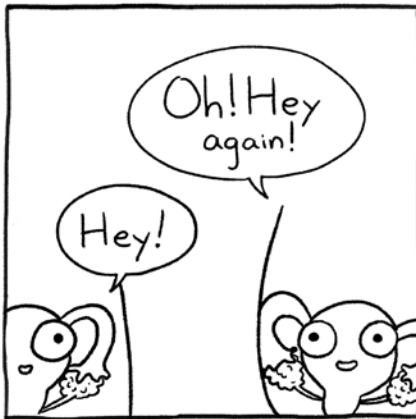
Hey, what's today's date?

Literally no clue.





# "SYNCING"

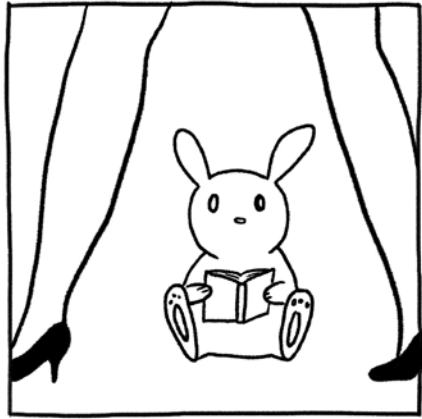




# HOW I CLEAN MY ROOM



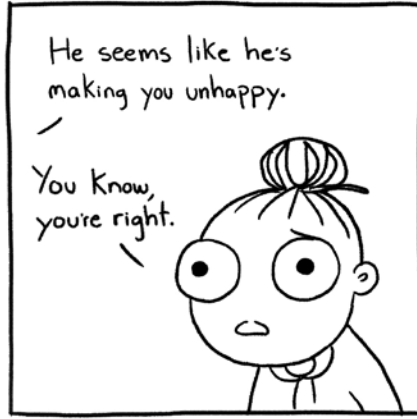


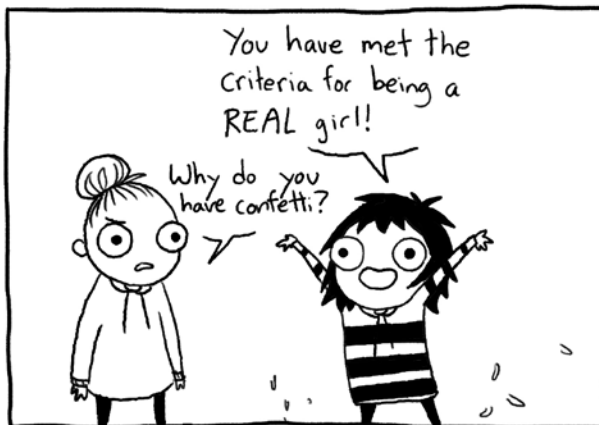
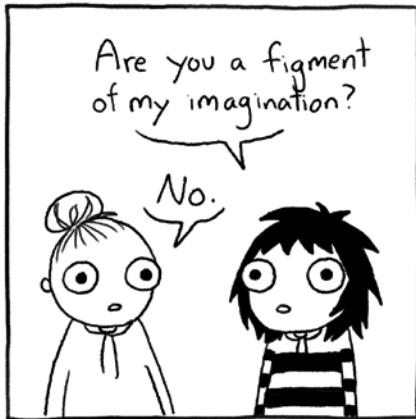
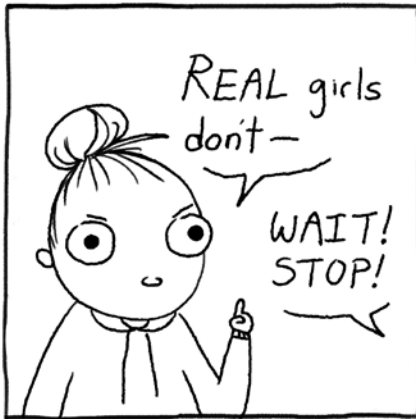






# ADVICE





# HABITS OF THE COMMON BOOKWORM

1) Mispronouncing words because you've only ever read them.



Wait...  
"Co-lo-nel"  
is "KERNEL"?

2) Ability to maneuver crowds without looking up.



3) A particular affinity for the smell of ink and paper.



This should be  
a perfume.

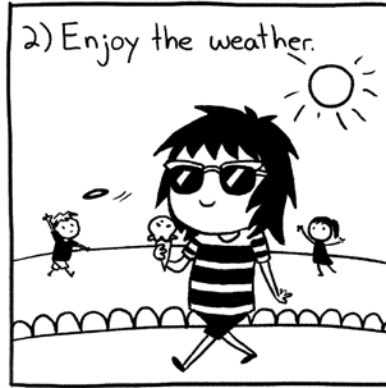
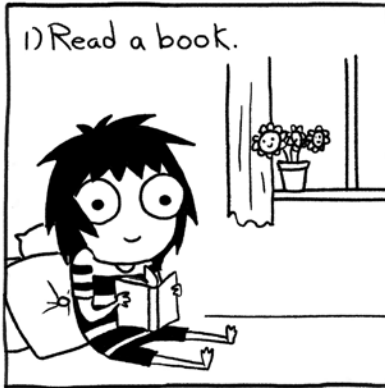
4) Building cozy nests for reading.



# SLOW WALKERS



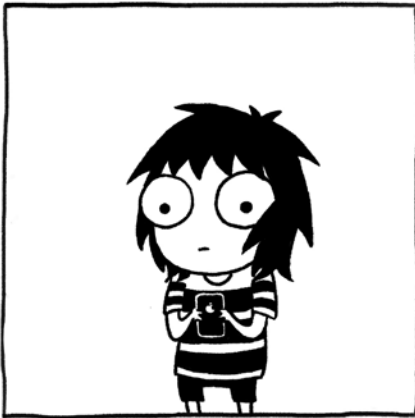
# THINGS I COULD DO WHEN MY WIFI IS DOWN



## WHAT I DO









# GETTING DRUNK (For Beginners)

1) Have a drink.



2) Tell everyone you're drunk.



3) Tell EVERYONE you're drunk.



4) Discuss.



# NORMAL PEOPLE



# ME



# CLEANING TIPS

1) Donate clothes that don't fit.



2) Clean out expired cosmetics.

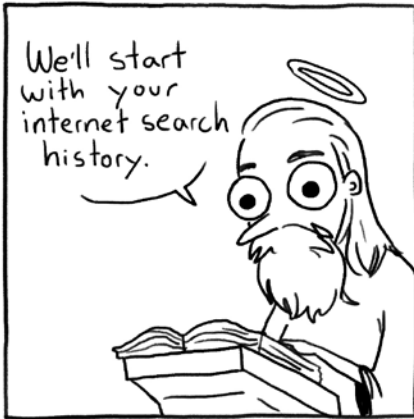


3) Get rid of old-



Do not, under any circumstances, get rid of old stuffed animals.

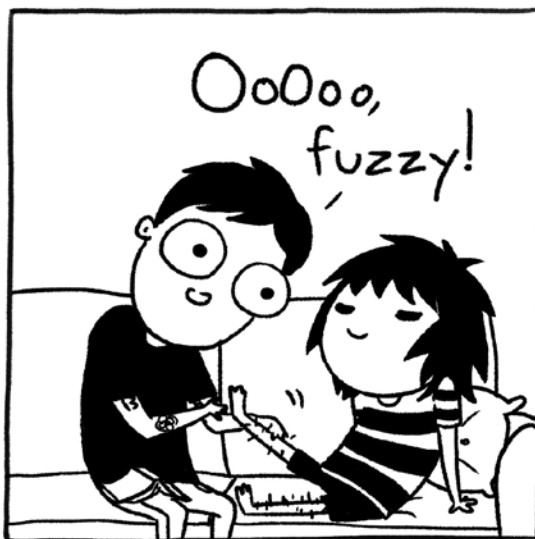
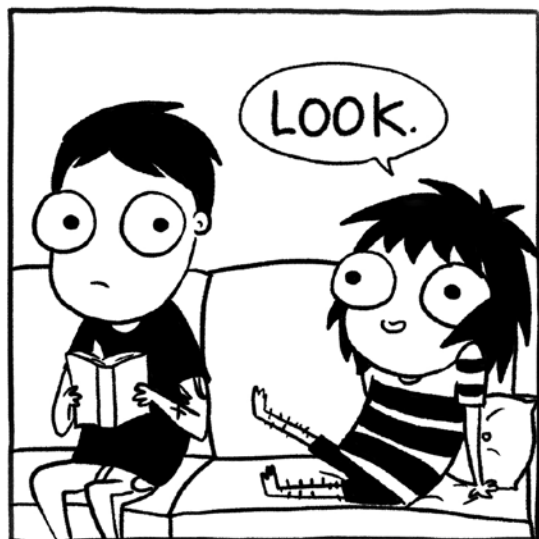




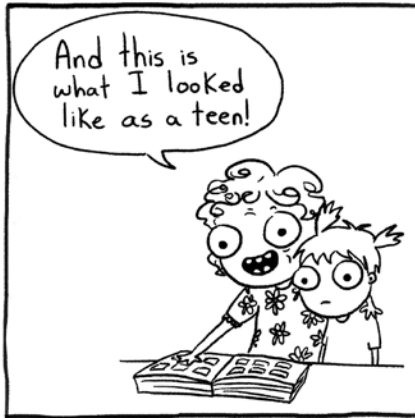
# BAD RELATIONSHIP



# GOOD RELATIONSHIP



# ME IN THE FUTURE

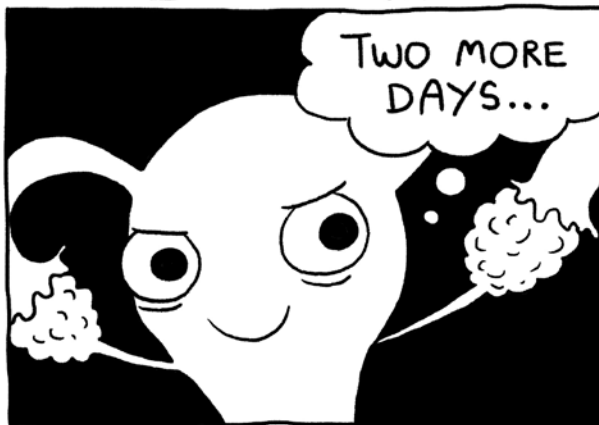


# SOCIAL MEDIA IN REAL LIFE



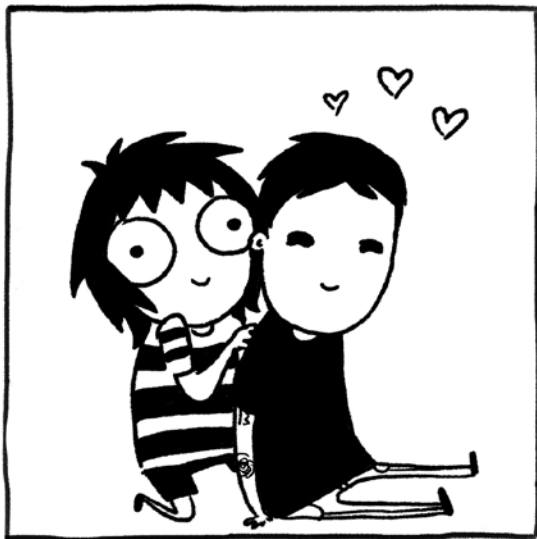


## ELSEWHERE:





MESSAGES FOR  
REGULAR PEOPLE



MESSAGES FOR  
TICKLISH PEOPLE





# WHAT I EAT ON A TYPICAL DAY

1) Bowl of cereal



2) Simple lunch



3) Slice of pizza



4) Tons and tons of snacks I absentmindedly eat and totally forget about



I'm so full, but I didn't eat much today. I wonder why?



A true mystery.







# SOCIALLY UNACCEPTABLE

Hairy armpits on girls

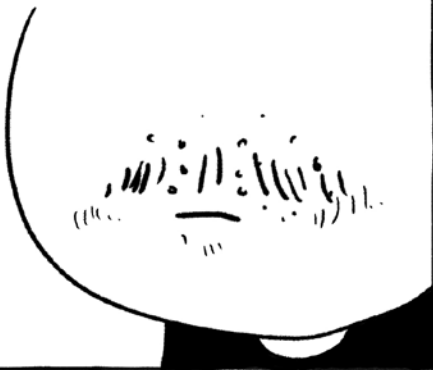


Hairy legs on girls



# SOCIALLY ACCEPTABLE

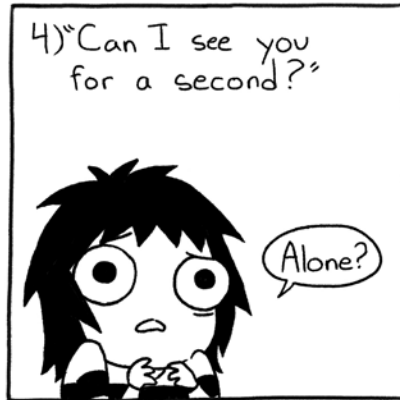
Thin, sweaty, pimply, creepy  
caterpillar mustaches



THIS IS AN  
UNJUST WORLD!



# 5 PHRASES THAT MAKE MY BLOOD RUN COLDER THAN ICE



# WATCHING STUFF

## NEW RELATIONSHIP:



## LONG-TERM RELATIONSHIP:





# EXERCISE

## Pros:

1) Increased muscle mass



2) Better mood



3) More energy



4) Better heart health and strength



## Cons:

1) Exercising











# THINGS THAT MAKE ME FEEL SAFE



# HOW TO ENJOY A RAINY DAY

1) Find a cuddle buddy



2) A hot drink



3) A good movie

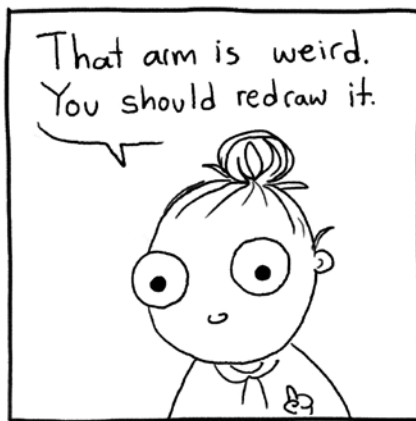


4) A blanket pile



5) Enjoy being the coziest human ever.









## ME AGE 13

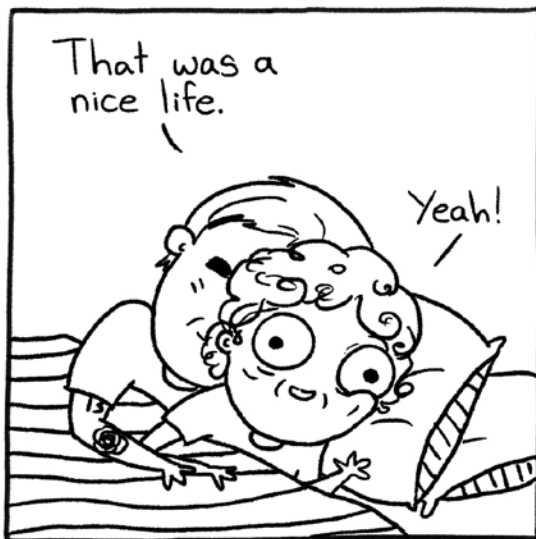


## ME NOW





50  
YEARS  
LATER

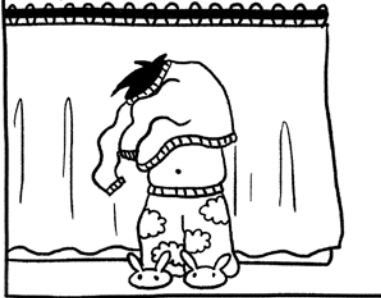


# WHY I'M ALWAYS LATE IN THE WINTER

1) Don't wanna leave  
my warm bed.



2) Don't wanna leave  
my warm pajamas.



3) Don't wanna leave  
the warm shower.



4) Don't wanna leave  
the warm house.



# LACY BRAS

## PROS:

Simultaneously cute...



... and sexy!



## CONS:



Lumpy oatmeal chest.

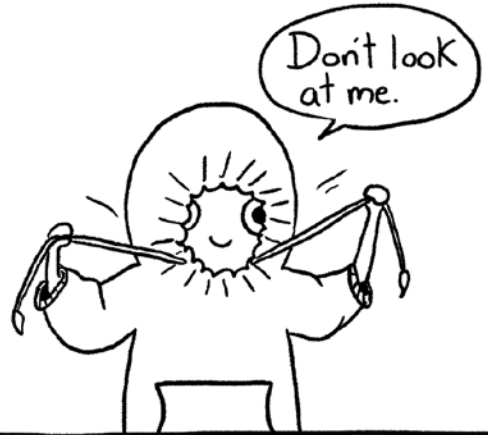


# BENEFITS OF STEALING BOYS' HOODIES

1) Comfortable and warm.



2) Instant shelter.



3) Adequate pockets.

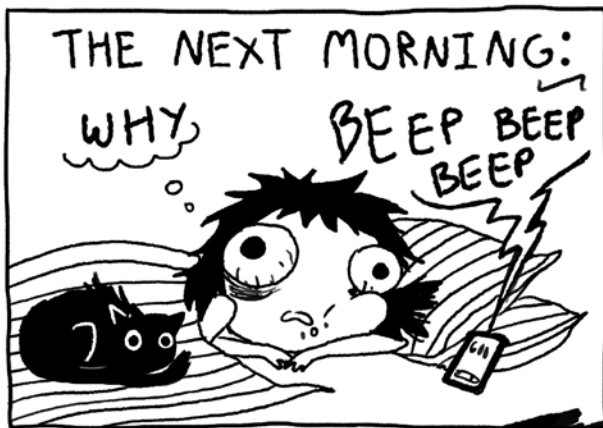


4) The arm flappy thing.



# GETTING PAID







# NORMAL PEOPLE



# ME



# GIVING GIFTS



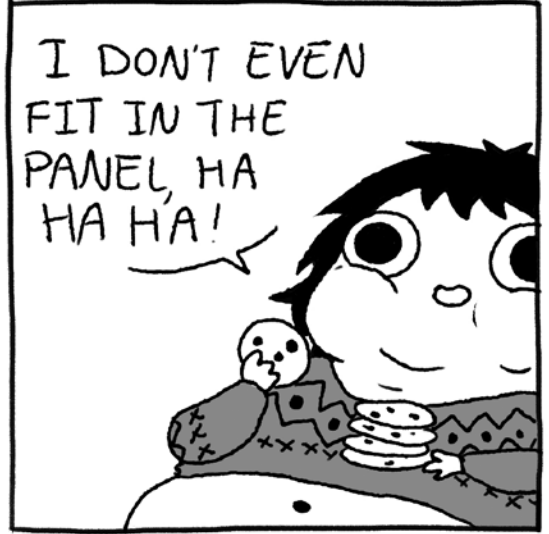
# RECEIVING GIFTS

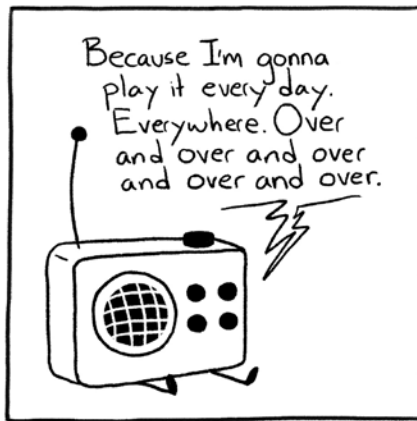
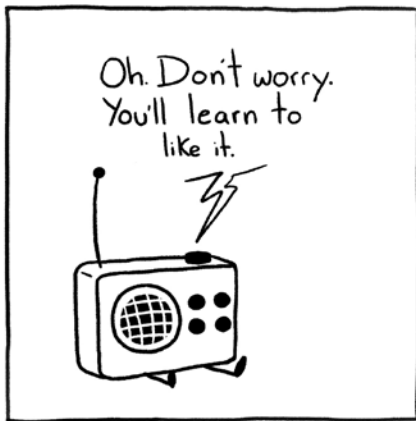
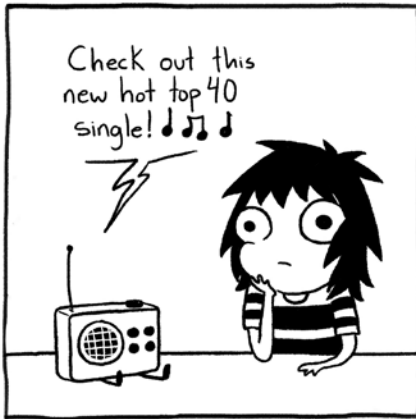


ME BEFORE  
THE HOLIDAYS



ME AFTER  
THE HOLIDAYS





# HOW GRADUATING FEELS





# INTERNET COMMENT THREADS







65° in September

- Trying so hard to pretend it's fall -



65° in April

- Trying so hard to pretend it's summer -



Just because I don't  
want kids doesn't mean  
I'm uncaring.

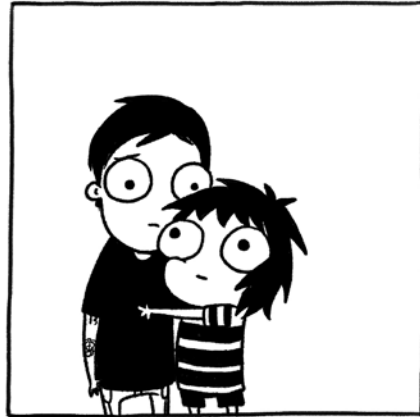


I love taking care of things.  
I'd even say I have a  
strong maternal drive.



So where is all this  
"maternal" energy going?





# RUNNING INTO PEOPLE YOU KNEW IN HIGH SCHOOL





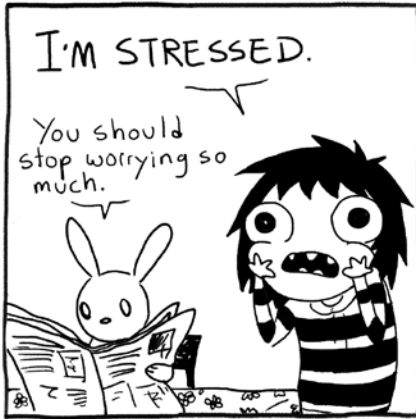
Now that it's  
summer, I have time  
to do the things I'm  
PASSIONATE about.











BANGS IN THE WINTER



BANGS IN THE SUMMER



# ARTISTS BEING FRIENDS WITH ARTISTS

## Pros:



## Cons:



# FOLDING LAUNDRY

1) Retrieve laundry.



2) Feel the warmth of the laundry.



3) Lie in the warmth.



4) ...



5) Forget the "folding" part.





WHEN SOMEONE MAKES YOU LAUGH  
WHEN YOU'RE MAD

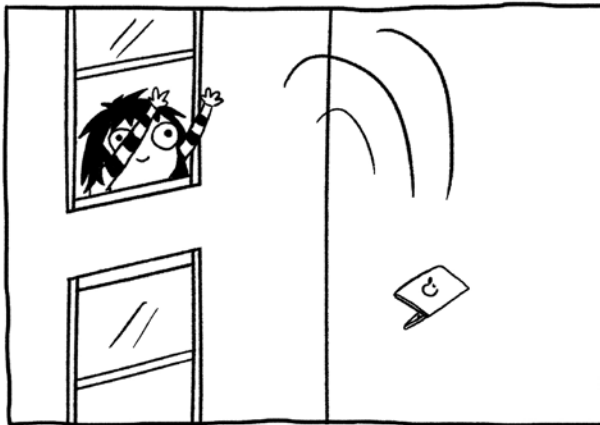
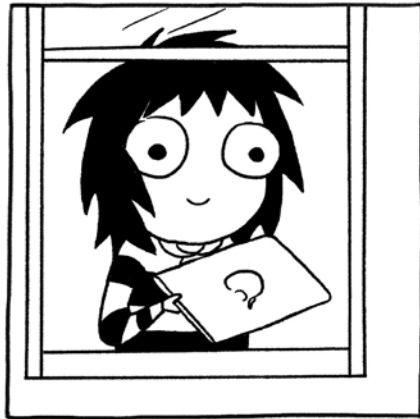
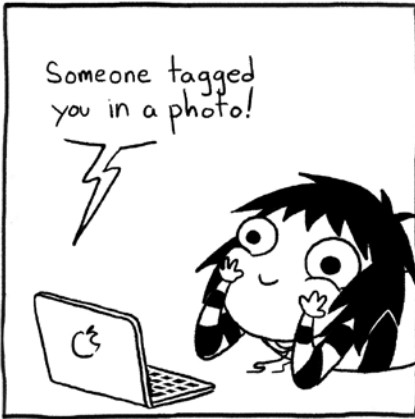


# WHEN I'M ON MY PERIOD



# WHEN I'M NOT ON MY PERIOD

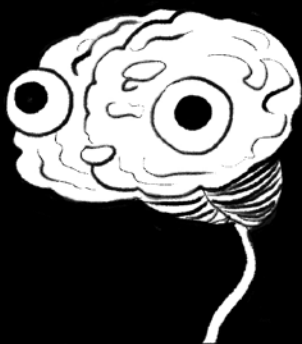




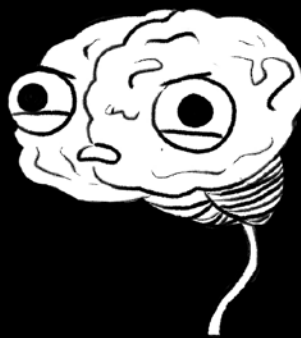


# THE INTROVERT'S BRAIN

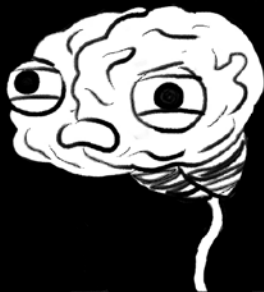
I wanna  
talk to people!



But only for  
a few minutes.



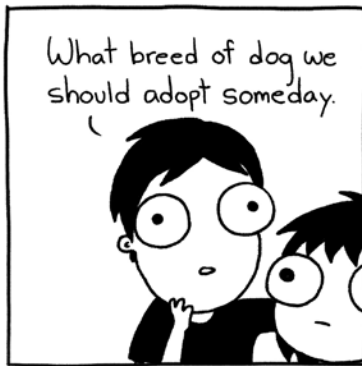
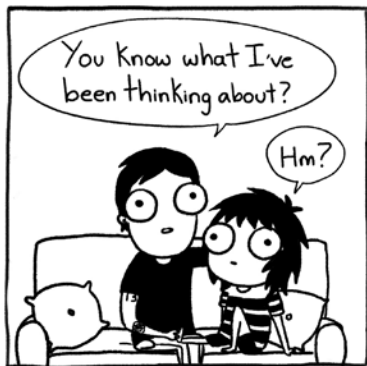
And then I want  
to go home and  
recharge in isolation  
for a whole day.

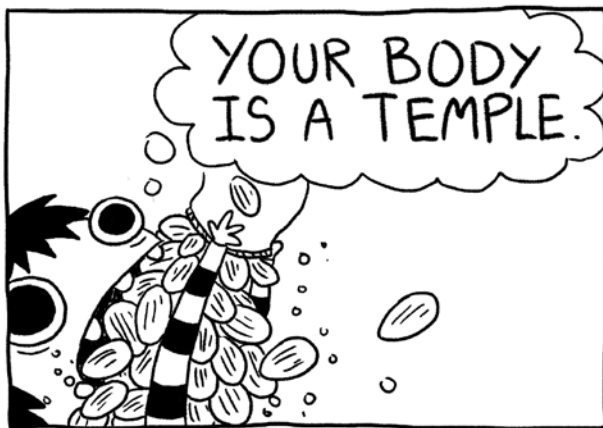


Sigh.



# HOW TO KNOW YOUR PARTNER IS SERIOUS ABOUT THE FUTURE





# REMEMBERING NAMES



FIVE  
SECONDS  
LATER



# LONG HAIR

EXPECTATION:

≡FUN≡ ≡VERSATILE≡  
≡LUXURIOUS≡



REALITY:

Gets stuck  
in everything

Forever in  
your face

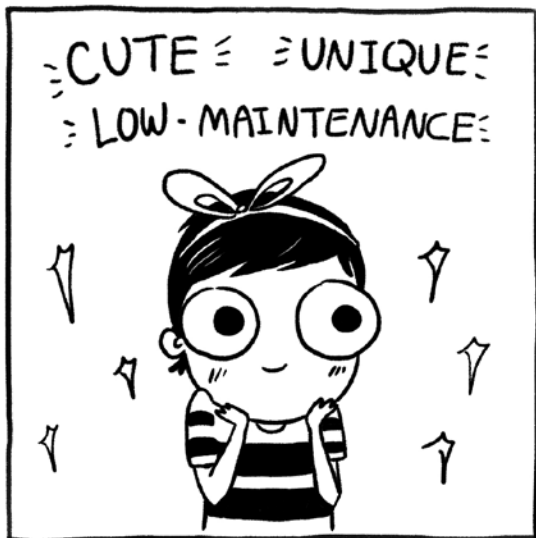
Split  
ends  
from  
hell



# SHORT HAIR

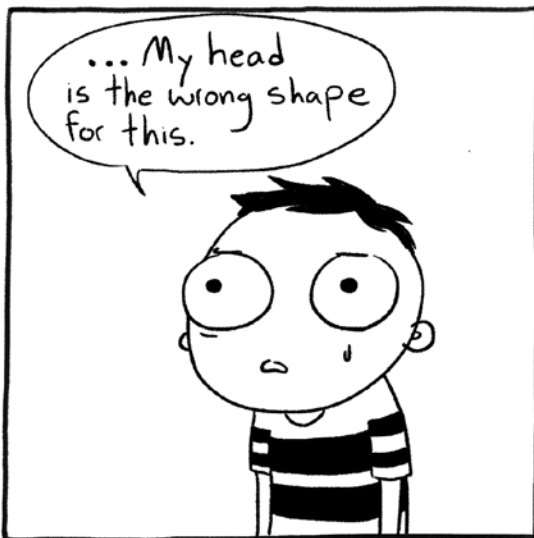
EXPECTATION:

≡CUTE≡ ≡UNIQUE≡  
≡LOW-MAINTENANCE≡



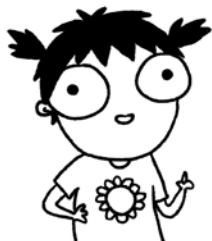
REALITY:

... My head  
is the wrong shape  
for this.



AGE 8

I'll be an adult  
when I turn 18!



AGE 18

Well, LEGALLY I'm an adult,  
but I'm still in school, so...



MID-20s

No way am I an adult, I can  
barely wake up in the morning!



MID-30s

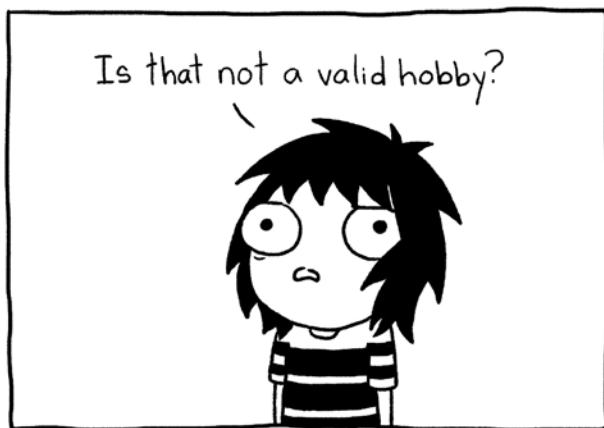
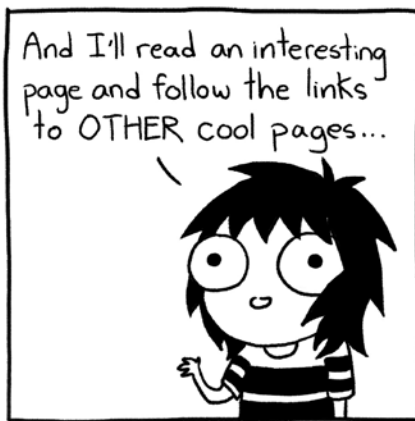
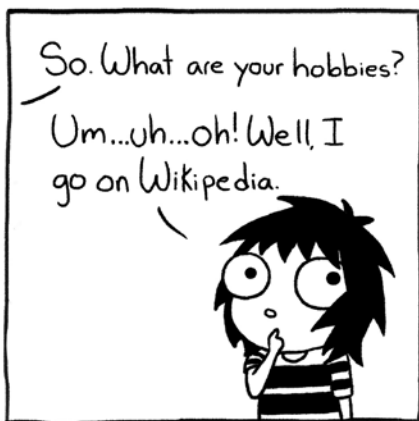
I still just don't FEEL  
grown up, ya know?



AGE 85

I'm pretty sure  
adulthood was a  
myth all along.





# THE FUTURE





# ADULTHOOD IS A MYTH

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Art director and designer: Diane Marsh  
Production editor: Erika Kuster  
Production manager: Tamara Haus

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Are you a special snowflake?

Do you enjoy networking to advance your career?

Is adulthood an exciting new challenge  
for which you feel fully prepared?

Ugh. Please go away.



This book is for the rest of us. These comics document the wasting of entire beautiful weekends on the internet, the unbearable agony of holding hands on the street with a gorgeous guy, dreaming all day of getting home and back into pajamas, and wondering when, exactly, this adulthood thing begins.

In other words, the horrors  
and awkwardnesses of  
young modern life.

**Sarah Andersen** is a young  
Brooklyn artist. This book is totally  
not autobiographical. At all.

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