


VOCABULARY OF 4, 5 AND 6

In the name of god

<i>Unit 4</i>	<i>Sport Heroes</i>
<i>vocabulary</i>	<i>Definition</i>
<i>Hero(n)</i>	<i>A man who is admired for doing something extremely brave.</i> قهرمان ، دلاور
<i>Encyclopedia (n)</i>	<i>A book or CD, or a set of these, containing facts about many different subjects, or containing detailed facts about one subject.</i> دایره المعارف
<i>Spread(v)</i>	<i>If something spreads or is spread, it becomes larger or moves so that it affects more people or a larger area.</i> گسترش یافتن ، منتشر شدن ، توسعه یافتن
<i>Extend(v)</i>	<i>To continue for a longer period of time, or to make something last longer.</i> توسعه دادن ، تمديد کردن ، عمومیت دادن ، دراز کردن
<i>Expert(n)</i>	<i>Someone who has a special skill or special knowledge of a subject, gained as a result of training or experience.</i> متخصص، کارشناس، ماهر، خبره
<i>Marine(adj)</i>	<i>Relating to the sea and the creatures that live there.</i> دریائی، بحری، وابسته به دریانوردی
<i>Nicaragua(n)</i>	<i>A country in Central America between the Caribbean Sea and the Pacific Ocean, and south of Honduras and north of Costa Rica. Population: 5,128,517 (2003). Capital: Managua. Its main products</i>

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	<i>are coffee, cotton, and sugar. In the 1980s there was a civil war.</i>
<i>Export(n)</i>	<i>The business of selling and sending goods to other countries.</i> صادر کردن ، بیرون بردن ، کالای صادره ، صادرات
<i>Missionary(n)</i>	<i>Someone who has been sent to a foreign country to teach people about Christianity and persuade them to become Christians.</i> مبلغ مذهبی.
<i>Professional(adj)</i>	<i>Relating to a job that needs special education and training.</i> مربوط به حرفه، شغل، حرفه ای
<i>League(n)</i>	<i>A group of sports teams or players who play games against each other to see who is best.</i> گروه ورزشی.
<i>Originate(v)</i>	<i>Formal to come from a particular place or start in a particular situation.</i> سرچشمه گرفتن ، موجب شدن
<i>Pebble(n)</i>	<i>A small smooth stone found especially on a beach or on the bottom of a river.</i> سنگریزه
<i>Knock(v)</i>	<i>To hit a door or window with your closed hand to attract the attention of the people inside.</i> کوبیدن ، زدن ، درزدن
<i>Regulation(n)</i>	<i>An official rule or order.</i> آئین نامه ، مقررہ
<i>Establish(v)</i>	<i>To start a company, organization, system, etc. that is intended to exist or continue for a long time.</i> تاسیس کردن ، دایر کردن ، بنانهادن ، برپا کردن


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<i>Youth(n)</i>	<i>The period of time when someone is young, especially the period when someone is a teenager.</i> جوانی، شباب، شخص جوان.
<i>Adjust(v)</i>	<i>To gradually become familiar with a new situation.</i> وفق دادن ، سازگار کردن.
<i>Coach(n)</i>	<i>Someone who trains a person or team in a sport.</i> مربی ورزش.
<i>Sense of humor</i>	<i>the ability to understand and enjoy things that are funny.</i> خوش رفتاری.
<i>Commercial(adj)</i>	<i>Related to business and the buying and selling of goods and services.</i> تجاری. تجارتي، بازرگانی
Unit 5	<i>the amazing human body</i>
<i>Label(n)</i>	<i>A piece of paper or another material that is attached to something and gives information about it.</i> برچسب، برچسب زدن.
<i>Bone(n)</i>	<i>One of the hard parts that together form the frame of a human, animal, or fish body.</i> استخوان ، استخوان بندی.
<i>Muscle(n)</i>	<i>One of the pieces of flesh inside your body that you use in order to move, and that connect your bones together.</i> ماهیچه ، عضله.
<i>Joint(n)</i>	<i>A part of your body that can bend because two bones meet there.</i> محل اتصال، مفصل.



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<i>Skin(n)</i>	<i>The natural outer layer of a person's or animal's body.</i> پوست.
<i>Stomach(n)</i>	<i>the organ inside your body where food begins to be digested.</i> شکم.
<i>Heart(n)</i>	<i>The organ in your chest which pumps blood through your body.</i> قلب.
<i>Intestine(n)</i>	<i>The long tube in your body through which food passes after it leaves your stomach.</i> روده
<i>Lung(n)</i>	<i>One of the two organs in your body that you breathe with.</i> ریه.
<i>Brain(n)</i>	<i>The organ inside your head that controls how you think, feel, and move.</i>
<i>Sweat(v)</i>	<i>To have drops of salty liquid coming out through your skin because you are hot, ill, frightened, or doing exercise.</i> عرق، عرق ریزی.
<i>Gland(n)</i>	<i>An organ of the body which produces a substance that the body needs, such as hormones, sweat, or saliva.</i> غده، هر عضو. ترشح کننده
<i>Frown(v)</i>	<i>To make an angry, unhappy, or confused expression, moving your eyebrows together.</i> اخم کردن، روی در هم کشیدن.



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Organ(n)	<i>A part of the body, such as the heart or lungs that has a particular purpose.</i> عضو، اندام
Beverage(n)	آشامیدنی، نوشابه، شربت.
Survey(n)	<i>A set of questions that you ask a large number of people in order to find out about their opinions or behavior.</i> بررسی، مطالعه
Casualty(n)	<i>Someone who is hurt or killed in an accident or war.</i> تلفات، تصادفات.
Department(n)	<i>One of the groups of people who work together in a particular part of a large organization such as a hospital, university, company, or government.</i> دایره، حوزه، اداره، گروه آموزشی
Poison(n)	<i>a substance that can cause death or serious illness if you eat it, drink it etc.</i> زهر، سم، شرنگ
Suffer(v)	<i>To experience physical or mental pain.</i> تحمل کردن
Gerontology(n)	<i>The scientific study of old age and its effects on the body.</i> علم پیری شناسی.
Beyond(adv)	<i>On or to the further side of something.</i> آنسوی



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<i>Resilient(adj)</i>	<i>able to become strong, happy, or successful again after a difficult situation or event.</i> استوار، محکم.
<i>Demonstrate(v)</i>	<i>To show or prove something clearly.</i> نشان دادن، ثابت کردن
<i>Rowing(n)</i>	<i>The sport or activity of making a boat move through water with oars.</i> موج سواری.
<i>Beat(v)</i>	<i>To get the most points, votes etc. in a game, race, or competition.</i> ضرب، ضربان. پیشرفت کردن.
<i>Cope(v)</i>	<i>To succeed in dealing with a difficult problem or situation.</i> بر آمدن، حریف شدن.
<i>Appendicitis(n)</i>	<i>An illness in which your appendix swells and causes pain.</i> آماس ضمیمه روده، آماس. آپاندیس
<i>Diagnose(v)</i>	<i>to find out what illness someone has, or what the cause of a fault is, after doing tests, examinations etc.</i> تشخیص دادن، بر شناخت کردن.
<i>Severe(adj)</i>	<i>Severe problems, injuries, illnesses etc. are very bad or very serious.</i> سخت، سخت گیر، طاقت فرسا، شاق، شدید
<i>Injection(n)</i>	<i>An act of putting a drug into someone's body using a special needle.</i> تزریق.
<i>Exhausting(adj)</i>	<i>making you feel extremely tired.</i> خسته کردن.



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<i>Endurance(n)</i>	<i>the ability to continue doing something difficult or painful over a long period of time.</i> تحمل، پایداری.
<i>Recover(v)</i>	<i>to get better after an illness, accident, shock etc.</i> ترمیم شدن، بهبود یافتن.
<i>Occupation(n)</i>	<i>A job or profession.</i> حرفه، شغل.
<i>Strain(n)</i>	<i>Worry that is caused by having to deal with a problem or work too hard over a long period of time.</i> کشش، زور، فشار.
<i>Astronaut(n)</i>	<i>Someone who travels and works in a spacecraft.</i> فضانورد، مسافر فضائی.
<i>Floating(adj)</i>	<i>Often changing, and not staying the same.</i> شناوری، متحرک بر روی آب.
<i>Courage(n)</i>	<i>The quality of being brave when you are in danger, in pain, in a difficult situation etc.</i> جرات، دلیری، رشادت.
<i>Determination(n)</i>	<i>The quality of trying to do something even when it is difficult.</i> تعیین، عزم، تصمیم، قصد.
<i>Endure(v)</i>	<i>To be in a difficult or painful situation for a long time without complaining.</i> تحمل کردن، بردباری کردن در برابر
Unit 6	Leisure and Hobbies
<i>Typical(adj)</i>	<i>Having the usual features or qualities of a particular group or thin.</i> معمولی.



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<i>Leisure(n)</i>	<i>Time when you are not working or studying and can relax and do things you enjoy.</i> فراغت.
<i>Scrapbook(n)</i>	<i>A book with empty pages where you can stick pictures, newspaper articles, or other things you want to keep.</i> مجموعه عکسها و قطعاتی که از کتب مختلف بریده شده
<i>Define(v)</i>	<i>To describe something correctly and thoroughly, and to say what standards, limits, qualities etc. it has that make it different from other things.</i> تعریف کردن ، معنی کردن
<i>Collect(v)</i>	<i>To get things of the same type from different places and bring them together.</i> جمع کردن
<i>Preserve(v)</i>	<i>To save something or someone from being harmed or destroyed.</i> حفظ کردن ، باقی نگهداشتن.
<i>Layout(n)</i>	<i>The way in which something such as a town, garden, or building is arranged.</i> طرح بندی
<i>Decorate(v)</i>	<i>to paint the inside of a room, put special paper on the walls etc.</i> آرایش دادن ، زینت کردن.
<i>Sticker(n)</i>	<i>A small piece of paper or plastic with a picture or writing on it that you can stick on to something.</i> کاغذ خودچسب.



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<i>Bead(n)</i>	<i>one of a set of small, usually round, pieces of glass, wood, plastic etc., that you can put on a string and wear as jewelry. مهره</i>
<i>Napkin(n)</i>	<i>A square piece of cloth or paper used for protecting your clothes and for cleaning your hands and lips during a meal. دستمال</i>
<i>Anniversary(n)</i>	<i>A date on which something special or important happened in a previous year. جشن سالیانه عروسی، مجلس یادبود یا جشن سالیانه ، جشن یادگاری.</i>
<i>Throw sth away</i>	<i>To get rid of something that you do not want or need.</i>
<i>Crop(n)</i>	<i>A group of people that arrive or things that happen at the same time.</i>
<i>Display(n)</i>	<i>An arrangement of things for people to look at or buy. ابراز کردن ، آشکار کردن.</i>
<i>Supply(n)</i>	<i>An amount of something that is available to be used. منبع، موجودی.</i>
<i>Universal(adj)</i>	<i>Involving everyone in the world or in a particular group. فراگیر، جامع، عمومی، جهانی.</i>
<i>Precious(adj)</i>	<i>Something that is precious is valuable and important and should not be wasted or used without care. گرانبها، نفیس، پر ارزش.</i>
<i>Scraper(n)</i>	<i>A tool used to remove something from a surface by rubbing. خراشنده ، زداینده.</i>



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<i>Increasingly(adv)</i>	<i>More and more all the time.</i>
<i>Hectic(adj)</i>	<i>Very busy or full of activity. بیقرار، گیج کننده.</i>
<i>Harris poll</i>	<i>A survey in the US that asks people's opinion about national issues.</i>
<i>Conduct(v)</i>	<i>To carry out a particular activity or process, especially in order to get information or prove facts. رفتار، سلوک، هدایت کردن</i>
<i>Commute(v)</i>	<i>To regularly travel a long distance to get to work. مسافرت کردن.</i>
<i>Chore(n)</i>	<i>A small job that you have to do regularly, especially work that you do to keep a house clean. کارهای عادی و روزمره.</i>
<i>Pursue(v)</i>	<i>To continue doing an activity or trying to achieve something over a long period of time. دنبال کردن، اتخاذ کردن.</i>
<i>Well-being(n)</i>	<i>a feeling of being comfortable, healthy, and happy. احساس خوب.</i>
<i>Rank(v)</i>	<i>To have a particular position in a list of people or things that have been put in order of quality or importance. رتبه بندی کردن.</i>
<i>Pursuit(n)</i>	<i>When someone tries to get, achieve, or find something in a determined way. تعقیب، پیگرد.</i>

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<i>Evidence(n)</i>	<i>Facts or signs that show clearly that something exists or is true. گواه ، مدرک.</i>
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Have a good time