

نام و نام خانوادگی :

شعبه ی کلاس :

نام درس : **زبان انگلیسی**

پایه تحصیلی : **یازدهم** (دوره ی دوم متوسطه)

نام دبیر :

باسمه تعالی

وزارت آموزش و پرورش

اداره کل آموزش و پرورش استان آ.غ

مدیریت آموزش و پرورش شهرستان شوط

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محل

مهر

مدرسه

1. VOCABULARY

الف

A) Match the words with their definitions. (3)

(A)	(B)
1) retired:	a) with all parts existing in the correct amounts
2) calm:	b) to find the size, weight, or amount of something
3) balanced:	c) happening or starting a short time ago
4) addiction:	d) a strong desire to do or have something regularly, without being able to stop
5) recent:	e) without worry
6) measure:	f) having stopped working, usually because of your age

B) Fill in the blanks with the given words. (3)

(**press – prefer – mind – flat – influence – habit**)

- Do you shutting the door, please?
- My mother and sister usually my shirts on Fridays.
- Most of the fat people have a bad eating
- My friend is good at changing tires.
- I to stay home and watch my movies on the weekend.
- Technologies the lives of people in this century

C) Write the synonym or antonym of the underlined words. (one extra word) (2)

(**sad – food – stop – spending time – go shopping**)

- Most families frequently use homemade dishes in our country. (.....)
- Hanging out with friends is useful for emotional health. (.....)
- I was depressed at the thought of all the hard work ahead. (.....)
- Eating healthy food and doing daily exercises prevent diseases. (.....)

2. GRAMMAR

A) Write the suitable suffix or prefix for each word. (2.5)

(**er – in – im – al – ation – diss – ness**)

scan : culture : complete :

invite : happy :

B) Choose the best answer. (2)

- We got a nurse to look our children when we were at work.
a) for b) after c) up d) like
- They have an unhealthy lifestyle.
a) choose b) chose c) choosing d) chosen

19. She has thought Arabic 1998.
 a) *since* b) *yet* c) *for* d) *ever*
20. My uncle kept on poems recently.
 a) *to write* b) *written* c) *wrote* d) *writing*

C) Correct the underlined words grammatically. (2)

- 21) Paying much attention to the teacher help us learn English better. (.....)
- 22) Every Sportsman loves to take part Olympics. (.....)
- 23) Recently, I am tired from working in the factory. (.....)
- 24) My friend has not forget the accident yet. (.....)

3. COMPREHENSION:

Read the passage and answer its questions. (5.5)

To have a healthier lifestyle, people need to do certain things. First they should check their **general** health. Measuring blood pressure and heartbeat is the most important thing to do. They also need to check their family health history. In this way, they understand if anyone in the family has had a special illness. Another thing is paying attention to physical health. For example, eating healthy food helps people live longer and prevents diseases. Eating unhealthy food makes people gain weight, and increases the risk of heart attack. Eating balanced servings of bread, vegetables, fruits, protein, and oil is necessary for everyone. Also, daily exercises improve people’s health condition. An effective way to enjoy a better lifestyle is having healthy relationships with others. Recent research has shown that a good social life decreases the risk of death. **Sadly**, some people do not visit their relatives **very often** these days. They are really busy with their work and usually use technology to communicate.

Above all, the most important thing to enjoy a good life is having emotional health. Praying decreases stress and gives people a calm and balanced life. People with this lifestyle have had a better life. There are many other things people can do to live healthier and longer. The key point, however, is having a plan for the way they want to live and take care of their physical and emotional health.

- 1) **Is checking the family health history useful? Why?**
 a) Yes, because they understand if anyone in the family has had a special illness
 b) Yes, because it's useful to their emotional health.
 c) No, because they may be depressed after hearing the truth.
- 2) **What's the meaning of the " Life Style"?**
 a) the way people live b) only people's style of wearing c) their habit of serving food
- 3) **Nowadays, how can people communicate together?**

- 4) **In the first line, the word “general” means : “.....”.**
 a) *ordinary* b) *common* c) *main* d) *mental*
- 5) **In the line 9, the words “Sadly” has the same meaning with " ”.**
 a) *unfortunately* b) *unluckily* c) *regretfully* d) *all of them*
- 6) **What's the antonym of “very often” in line 9?**
 a) *rarely* b) *frequently* c) *most of the time* d) *b & c*
- 7) Daily exercises can only improve people’s health condition emotionally. **True** **False**
- 8) People risk their physical health by eating unhealthy food. **True** **False**

Good Luck.