



Kindness to strangers

<https://apararat.com/v/h1SBv>

## Vision Three

### Lesson One

#### Further Listening Kindness to strangers



Further Listening

<https://zil.ink/MABazelFL>

Hey Sarah. I heard you helped an old lady cross the road yesterday. That was so kind of you.

Oh thanks, it was nothing really; I just saw she needed some help, so I offered to help.

Well not everyone would do that. People are too busy these days and very few care about old people and strangers.

What do you think kindness to strangers is important? Kindness to strangers is important because it can make them happy and make them feel less alone. Small acts of kindness can have a big impact.

I completely agree I remember this one time when I was lost in the city. A stranger noticed my confusion and helped me to find my way back home. It made me really happy and gave me hope in people.

That's a great example. Kindness goes from person to person, when we are kind others they might want to be kind to someone else, making a positive chain.

Absolutely and it doesn't have to be something big, even a smile or a small act can make a difference.

That's true! You never know what someone is experiencing and your kind act might be just what they need.

So true!

It's about being kind and nice to others even if we don't know them personally.

Absolutely!

Let me tell you about this amazing story I read recently. There was a woman who was not able to carry heavy bags. A stranger saw her and immediately offered to help. He carried the bags for her. The woman was really happy about this act of kindness and it made her think that there are still many good and nice people in the world who care about others. It shows that small acts of kindness can have a great impact on someone's life.

That's such a great story! It shows how a simple act of kindness can make a big difference in someone's day. We should all try to be that stranger who makes someone else happy.

Absolutely! Let's continue to be kind and make the world a better place.

Sure, let's do it.



The Best People in our Lives

<https://aparat.com/v/P9DfE>

## Vision Three

### Lesson One

#### Further Listening

#### The Best People in our Lives



Further Listening

<https://zil.ink/MABazelFL>

Hello students. Today, we will talk about the best people in our lives. These are the people who are kind, generous and always ready to help others.

Firstly, our parents are the best people in our lives. They take care of us, provide us with love and support and teach us important things from the moment we are born, they dedicate their time and energy for our health. They wake up early in the morning to prepare our breakfast and get us ready for school. They work hard to provide us with a comfortable home, healthy food and access to education. We should be grateful for their kindness and do our best to make them proud.

Secondly our teachers are also among the best people in our lives. They guide us, educate us and inspire us to become better people. They spend their time and energy to help us learn and grow. In the classroom, they kindly explain difficult subjects, answer our questions and encourage us to discover our interests. Outside of the classroom, they spend their personal time, preparing lessons and providing extra assistance to those in need. We should respect and appreciate their dedication to our education.

Thirdly our friends play an important role in our lives. They are there for us during both good and bad times. True friends support us all the time and bring joy and comfort to our lives. They listen to us and understand us. Through their acts of kindness in generosity, they make our lives better. We should appreciate their presence.

Lastly, let's not forget about the people who help us in our society such as doctors, nurses, firefighters and police officers. These people work hard to keep us safe and healthy. Doctors and nurses dedicate their lives to curing the sick. Firefighters risk their lives to stop fires and save people when they are in dangerous situations. Police officers protect us from bad people. We should be grateful for their service.

In conclusion, the best people in our lives are our parents, teachers, friends and those who help our society. They are kind, generous and always ready to help. Their love, guidance and support have a positive effect on our lives. Let us appreciate their presence and try to be like them by being kind and generous.



Improving your Vocabulary

<https://aparat.com/v/FifEt>

Vision Three

Lesson Two

Further Listening

Improving your Vocabulary



Further Listening

<https://zil.ink/MABazelFL>

Hello students. Today we will talk about improving your vocabulary skills and English. Expanding your vocabulary is essential for better communication and understanding. Let's discuss some useful ways to achieve that.

Firstly, reading is a fantastic way to improve your vocabulary. By reading books, newspapers, or even online articles, you will see many words in different contexts. When you see unfamiliar words, use a dictionary to look up their meanings. This will help you understand the text better and remember the new words for future use. So, remember to carry a pocket dictionary with you, whenever you read something in English.

Secondly, another effective method to improve your vocabulary is by watching English movies, TV shows, or videos with subtitles. This way, you can both listen to the spoken language and read the English text. When you see new words, write them down and look them up later. Gradually, you'll start recognizing and using these words in your own conversations.

Thirdly, to make learning new vocabulary fun and effective, you can use everyday objects around your house. Take small pieces of paper and write down new words on them, stick these notes to things like your refrigerator, desk or window. Whenever you see these words in your home, try to remember their meanings and use them in sentences or conversations. Only remove the notes when you have learned the words well.

Lastly, using cards known as flashcards can be a fun and interesting way to learn new words. Write a new words one side of the flashcard and its meaning on the other. Take a few minutes each day, to review your flashcards and test yourself.

Now, let me share a personal experience with you. When I was learning English, I kept a vocabulary notebook. Every time I saw a new word, I wrote it down along with its meaning in an example sentence. I reviewed my vocabulary notebook regularly and practice using the words in my own sentences. This method helps me expand my vocabulary.

In conclusion, there are several effective ways to improve your vocabulary skills in English. Reading, watching English movies, using flashcards, and keeping a vocabulary notebook are all helpful techniques. Remember, the more you practice, the more words you will learn, and the better your vocabulary will become.



Resources for Learning a Foreign Language

<https://aparat.com/v/GsUWu>

## Vision Three

### Lesson Two

### Further Listening

## Resources for Learning a Foreign Language



Further Listening

<https://zil.ink/MABazelFL>

Hello students. Today, we will talk about resources for learning a foreign language. Learning a new language can be hard, but with the right tools, it becomes easier and more enjoyable.

Firstly, textbooks are an excellent resource for learning a foreign language. They have organized lessons and explanations about grammar. They also include exercises and activities to practice what you learn. By following the lessons step-by-step, it becomes easier to understand new words and grammar rules. Textbooks are a great tool to build your language skills gradually.

Secondly, there are online resources that offer free language courses at different levels. These are websites where you can access lessons, exercises and quizzes to practice your language skills. They provide a structured learning experience and often include audio or video materials to improve your understanding. The internet also allows you to use many online dictionaries like Oxford, Cambridge or Webster for free. These online resources are easy to use, and you can access them anytime in study at your own speed.

Thirdly, we have language learning apps that are becoming increasingly common. These apps are like special programs on your smartphone or tablet. They have lessons and activities to help you learn a foreign language. You can use to practice new words and even improve your pronunciation. The best part is that you can learn at your own speed. Just open the app on your device and you'll find many different language courses to choose from.

Fourthly, watching movies and listening to podcasts in the language you are learning can be very helpful. They put you in touch with real conversations and improve your listening comprehension. Try watching with subtitles at first and then without subtitles. Pausing to look up new words is also a great way to build vocabulary.

In conclusion, there are different resources available for learning a foreign language, such as textbooks, language learning apps, online courses and even movies and podcasts. By using these resources, you can improve your language skills in a fun and enjoyable way.



**Saving Energy**

<https://aparat.com/v/IrdWG>

**Vision Three**  
**Lesson Three**  
**Further Listening**  
**Saving Energy**



**Further Listening**

<https://zil.ink/MABazelFL>

Hello everyone. Today let's talk about why it's essential to save energy. Saving energy means using less energy in our daily lives and it's important for a few reasons.

First, saving energy helps protect our environment. Most of our energy comes from burning things like coal, oil, and gas. When we use less energy, we reduce the pollution in the air. This pollution harms plants, animals, and the Earth, itself. By saving energy, we can help keep our planet clean and healthy. Saving energy can also help us save a lot of money. when we use less energy, we save money on our bills. Simple things like turning off lights when we leave a room, using natural light during the day, and not leaving electronics like laptops or televisions on standby, can make a big difference in the amount of money we spent. Saving energy means saving money. Saving energy also means that we have enough resources for the future. The things, we use to make energy like coal and oil, will end someday. By using less energy now, we can help future generations use these resources, too. Saving energy doesn't have to be hard. We can start by making small changes in our daily lives. For example, remember to turn off lights when we're not using them and use warm clothes instead of turning up the heat during colder months. Additionally, using less water when we take a shower is another simple action we can take. These small steps may not seem very important but when we add them up, they can make a big difference. By being careful about the amount of energy we consume, we can help create a healthier environment and a better future for everyone.

In conclusion, saving energy is important for our environment, our money, and the future. Let's remember to be careful about how we use energy and take small steps to save it. Together, we can make a positive impact and create a healthy environment for ourselves and future generations.



Internet Pollution

<https://aparat.com/v/AXCp8>

Vision Three  
Lesson Three  
Further Listening  
Internet Pollution



Further Listening

<https://zil.ink/MABazelFL>

Hello everyone. Today, I want to talk about something that affects our environment, that we might not think about much. The internet has made our lives easier and connected, but it also has an impact on our planet. The Internet uses a lot of electricity. It needs power to work and the power often comes from dirty sources like coal and oil. These sources create pollution that harms the Earth. So, when we use the internet we are connected to this pollution. The internet also creates a lot of waste. We use electronic devices like computers and phones to access the internet. When we upgrade to new devices, we throw away the old ones. This creates electronic waste, that can be harmful to the environment.

Another problem is online shopping. When we shop online, things get packaged and sent to our homes. All that packaging creates waste that harms the environment. It also takes a lot of resources to make and transport the products we buy online.

However, there are things we can do to reduce internet pollution and protect the environment. First, we can use less Electricity by turning off our devices when we're not using them. This helps save energy and reduces pollution from power sources like coal and oil. It's also important to recycle our old devices instead of throwing them away. When we recycle, we prevent harmful materials from polluting the environment. Electronic waste can be dangerous. So it's better to recycle them properly. When we shop online, we should think about the packaging and try to reduce waste. Online shopping often results in a lot of packaging materials that harm the environment. By being careful about what we buy and choosing products with less packaging, we can help reduce waste.

In conclusion, the Internet can cause pollution, but we can do some things to make a difference. Let's use less electricity, recycle our devices, and be careful about our online shopping habits to protect the environment.

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