

# آموزش خوشنویسی انگلیسی

## ( HANDWRITING )

امروزه اهمیت زیبایی نوشتار و خوش خطی بر هیچکس پنهان نیست و در جهانی که زبان بین المللی انگلیسی شناخته میشود، علاوه بر اینکه ما باید با خوشنویسی زبان فارسی آشنایی داشته باشیم؛ لازم است که با زیبایی نویسی در زبان انگلیسی و قواعد خوشنویسی در این زبان آشنا شویم. این قواعد بسیار ساده بوده و با مطالعه این مقاله آموزشی شما می‌توانید به سرعت و با مقدار کمی وقت گذاشتن و تمرین به راحتی خط و نوشتاری زیبا در زبان انگلیسی داشته باشید.

تهیه کننده:

وحید رضائی مهر

شما برای نوشتن یک متن زیبا و خوانا به یک قلم خوب و یک دست خط زیبا نیازمند هستید تا مخاطبان شما به راحتی بتوانند مطالب شما را بخوانند.

### انواع نوشتار در زبان انگلیسی:

در زبان انگلیسی متونی که بصورت رسمی و تایپی نوشته میشوند با عنوان نوشتار رسمی (MANUSCRIPT) و نوشته هایی با خطوط شکسته و غیر رسمی با عنوان روان (CURSIVE) شناخته میشوند

### نوشتار رسمی (MANUSCRIPT) :

مقالات رسمی بیشتر به این سبک نوشته میشوند تا بتوان با یک نگاه سریع آنها را مطالعه کرد و برای پر کردن فرم ها و جلوگیری از اشتباهات این سبک نوشتن توصیه میشود معمولا برای نوشتن متن هایی مانند: پوستر؛ تبلیغات؛ یادداشت کوتاه و... بهتر و زیبا تر است که از سبک نوشتار رسمی استفاده کنیم  
برای استفاده بهتر از این سبک نوشتاری حالت نوشتن (نحوه گرفتن قلم و زاویه کاغذ) شما باید بصورت زیر باشد

چپ دست ها



راست دست ها



## روان (CURSIVE) :

خط روان یا خط شکسته برای حالت های دیگر نوشتن؛ مانند نامه ها و داستان ها و امضاء مورد استفاده قرار میگیرد.

زیرا شما می توانید با این سبک سریعتر بنویسید بدون اینکه قلم را از روی کاغذ بلند کنید و علاوه بر سرعتی که در نوشتن به شما می دهد دارای زیبایی خاصی نیز میباشد.

برای استفاده بهتر از این سبک نوشتاری حالت نوشتن (نحوه گرفتن قلم و زاویه کاغذ) شما باید بصورت زیر باشد.

چپ دست ها



راست دست ها

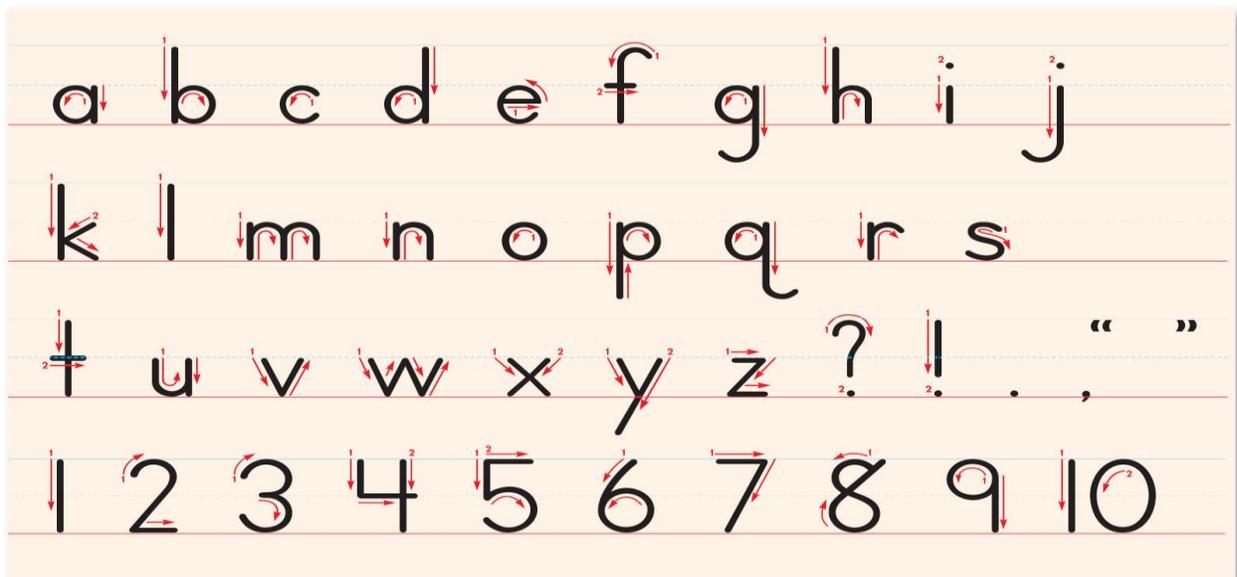


حروف الفبای نوشتار رسمی:

## حروف بزرگ



حروف کوچک؛ اعداد و نقطه گذاری



## نگارش نوشتار رسمی:

حروف را باید بر اساس خط پایه و به یک اندازه و در یک سطح نوشت.

**غلط**

a b c d e f

**صحیح**

a b c d e f

حروف باید از نظر اندازه نیز در یک خط و دارای یک نظم باشد.

**غلط**

walked

**صحیح**

walked

حروف بزرگ باید با از خط بالا شروع و تا خط پایین ادامه داشته باشند و نه بزرگتر نه کوچکتر.

**غلط**

United States

**صحیح**

United States

حروف باید عمودی و ایستاده نوشته شود.

**غلط**

a b c d e f

**صحیح**

a b c d e f

نوشتن کلمات و جملات:

به اندازه کافی بین کلمات فاصله قرار دهید

**غلط**

Vote for Juji for Class President!

**صحیح**

Vote for Juji for Class President!

فضای بین حروف را در کلمات رعایت کنید.

**غلط**

She will work hard for our school.

**صحیح**

She will work hard for our school.

ضخامت خط خود را حفظ کنید؛ بطوری که تمامی آنها یکدست باشد.

**غلط**

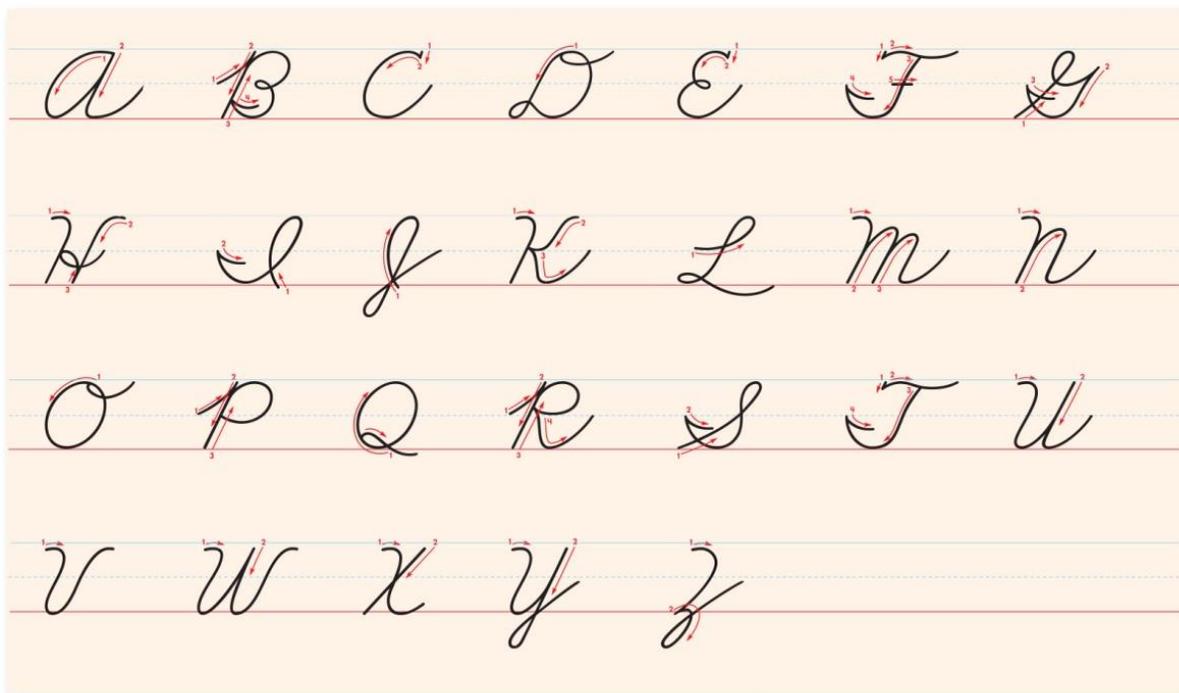
Who will you **vote** for?

**صحیح**

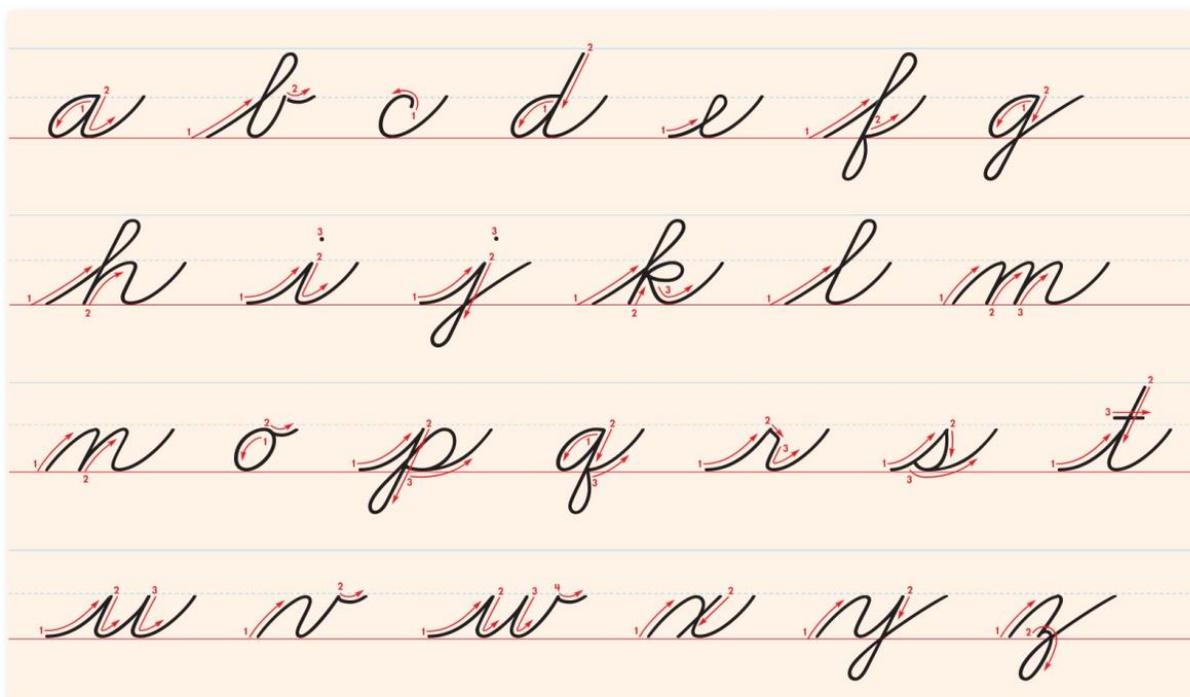
Who will you vote for?

حروف الفبای روان نویسی:

## حروف بزرگ



## حروف کوچک



## نگارش روان:

مراقب باشید که اشتباهات رایج زیر را در نوشتن خط روان نداشته باشید.

u a again

حرف **a** بصورت **u** نوشته نشود.

d d dad

حرف **d** بصورت **c** یا **l** نوشته نشود.

e e eagle

حرف **e** کشیده و باریک نباشد.

h h high

حرف **h** بصورت **l** یا **i** نوشته نشود.

v i inside

نقطه روی **i** فراموش نشود.

n n none

حرف **n** بصورت **w** به نظر نرسد.

a o onion

حرف **o** مانند **a** نوشته نشود.

r r roar

حرف **r** مانند **i** نوشته نشود.

l t title

خط بالای **t** فراموش نشود.

T t that

خط بالای **t** زیادی بالا نباشد.

## نوشتن کلمات و جملات:

موقع نوشتن باید تمام نوشته به یک سمت و هم اندازه کج باشد.

**غلط**

My Chinese-language class today  
was interesting.

**صحیح**

My Chinese-language class today  
was interesting.

حد فاصل بین کلمات را رعایت کنید.

**غلط**

I learned how to greet adults.

**صحیح**

I learned how to greet adults.

موقع نوشتن فشار قلم به اندازه باشد؛ نه زیاد نه کم

**غلط**

I practiced on my teacher.  
He was impressed.

**صحیح**

I practiced on my teacher.  
He was impressed.



منابع:

[www.handwritingworksheets.com](http://www.handwritingworksheets.com)

[www.drawyourworld.com](http://www.drawyourworld.com)

با آرزوی موفقیت

وحید رضائی مهر

[Info@RezaeiMehr.com](mailto:Info@RezaeiMehr.com)



Name: \_\_\_\_\_

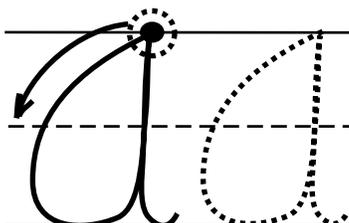
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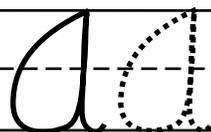
Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

apple

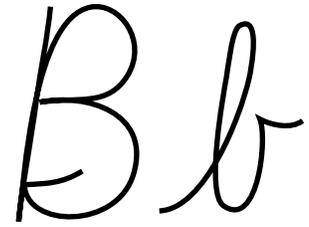
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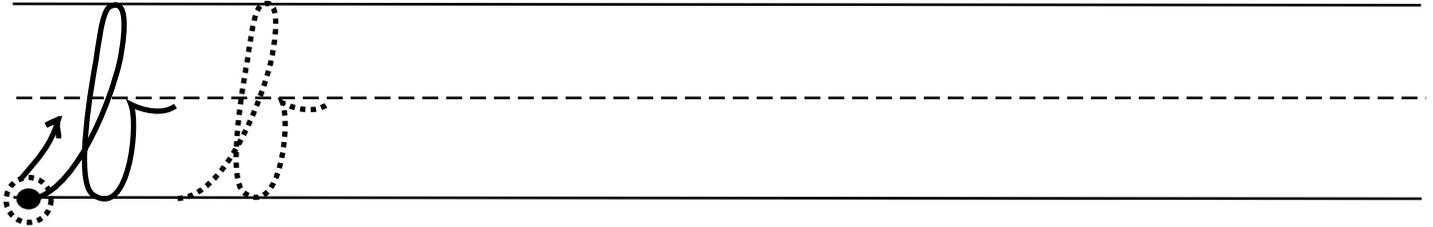
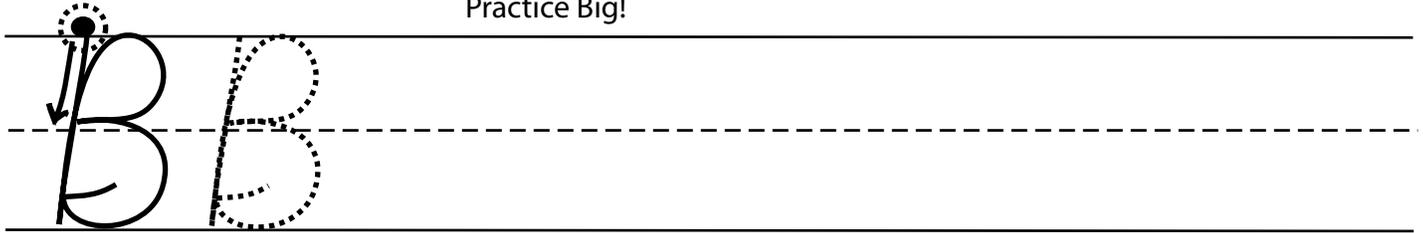
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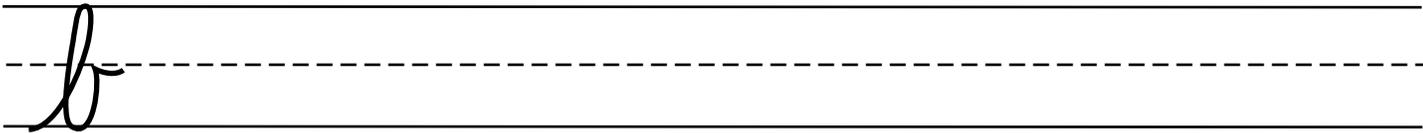
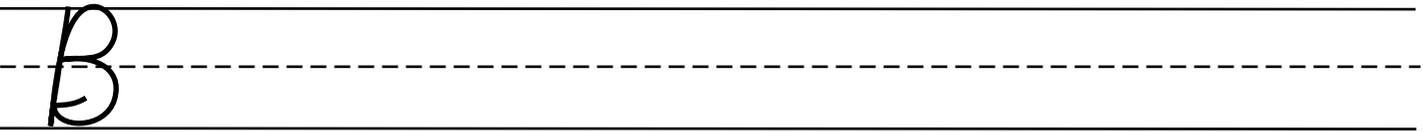
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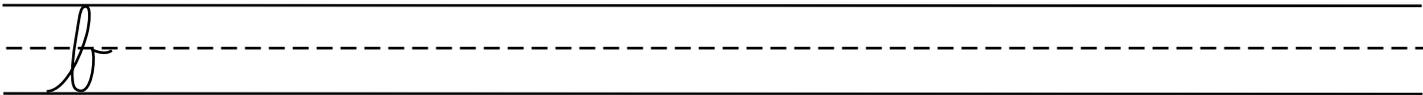
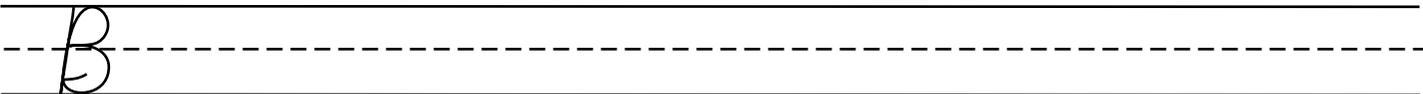
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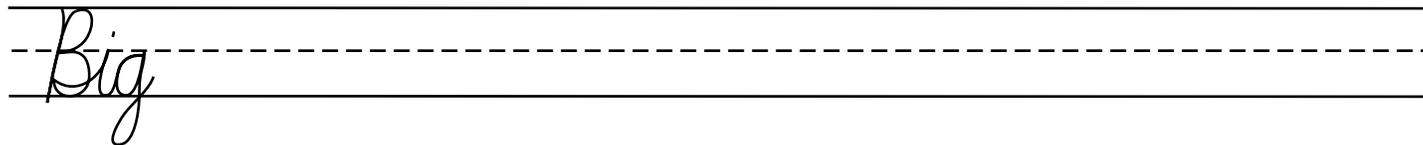
Practice Small!



Practice Smaller!



Practice writing words!

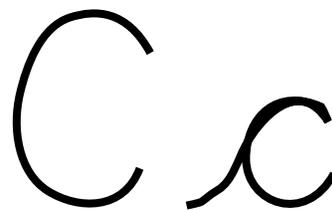


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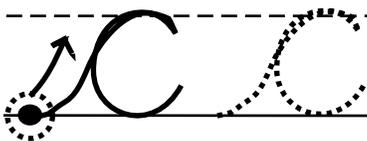
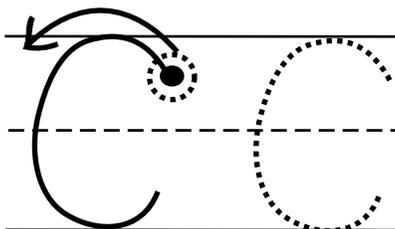
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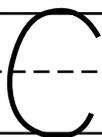
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Practice writing words!

cat

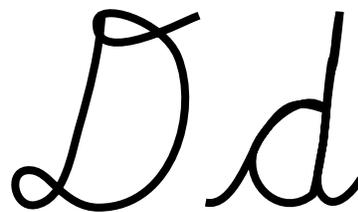
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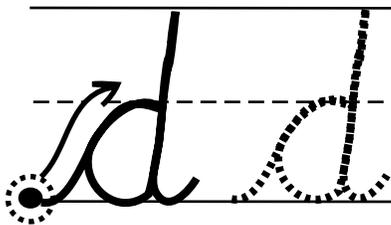
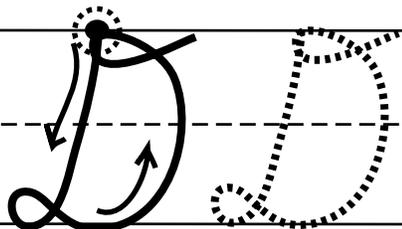
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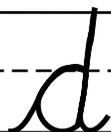
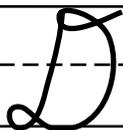
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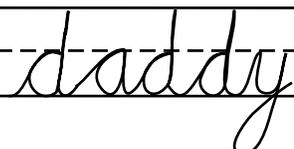
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Practice writing words!

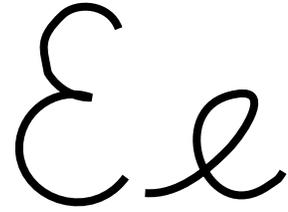


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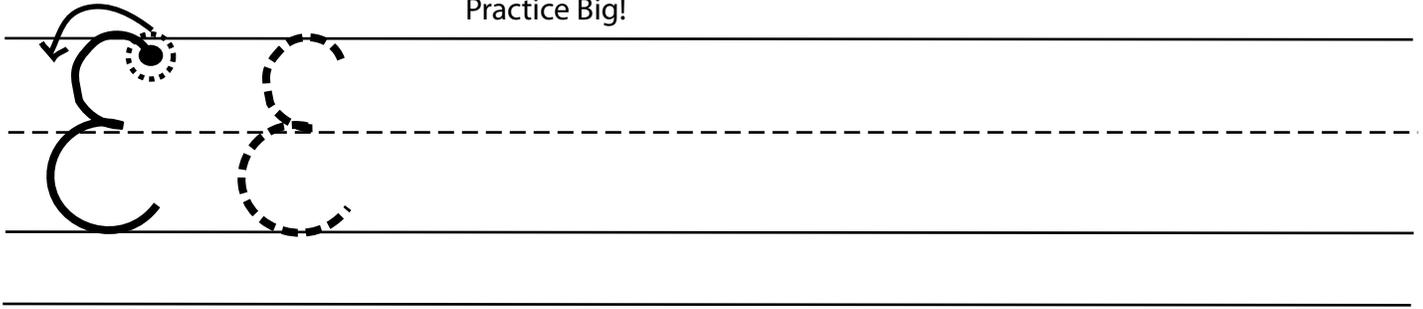
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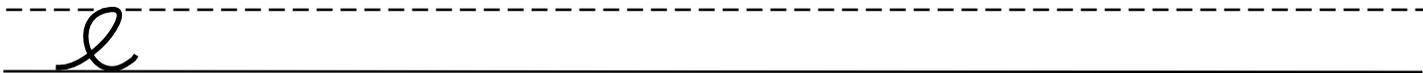
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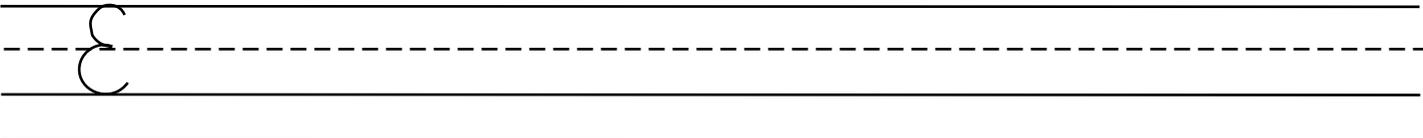
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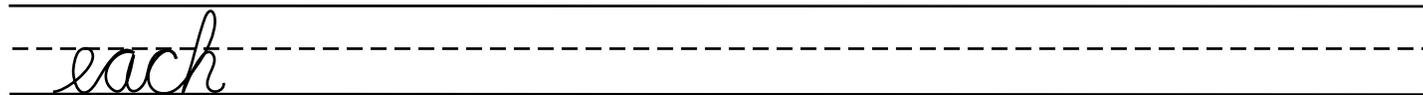
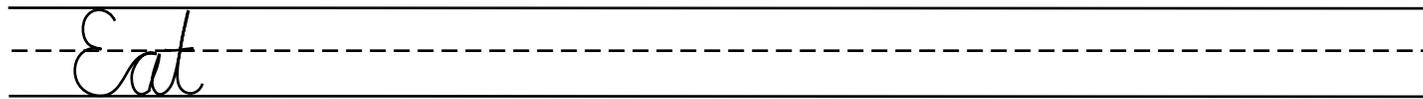
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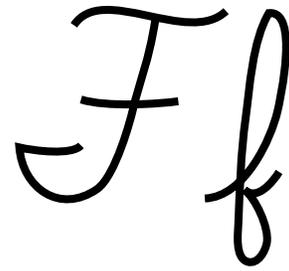


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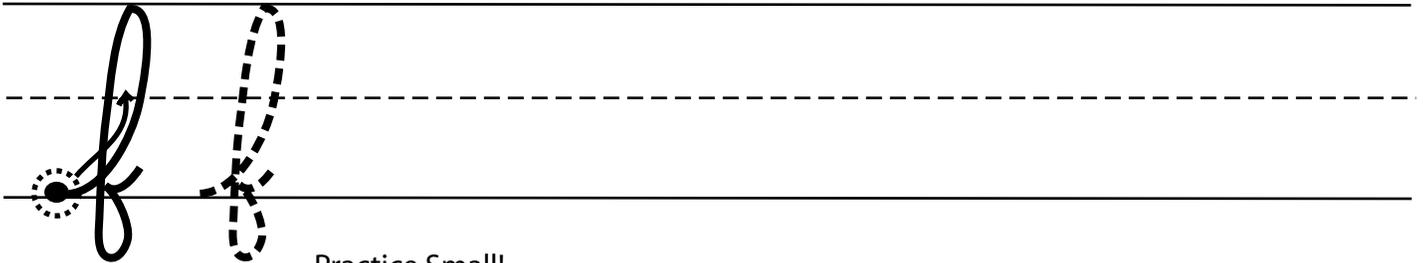
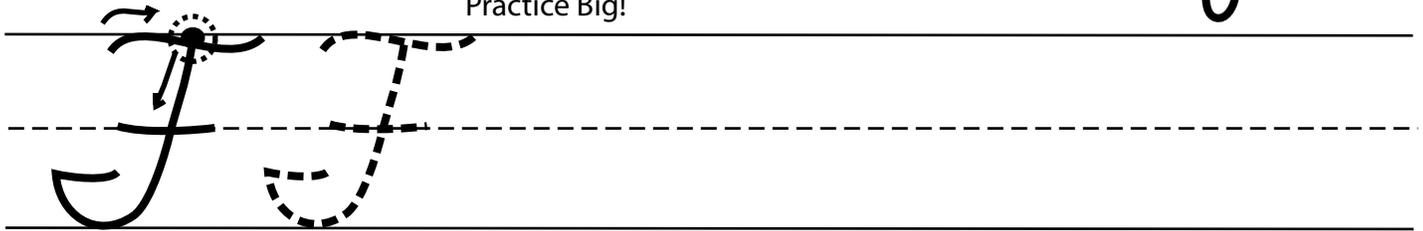
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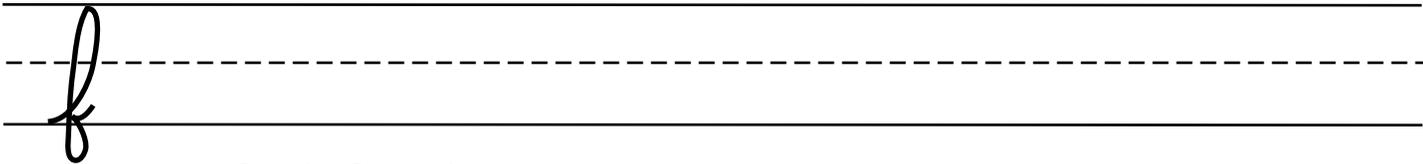
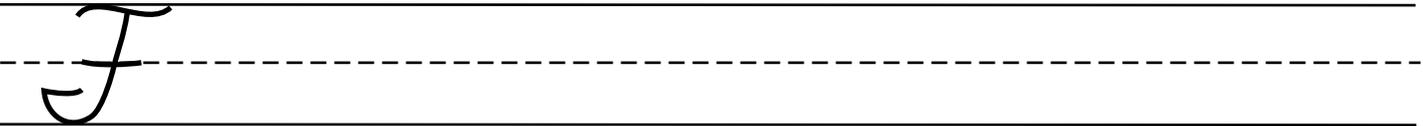
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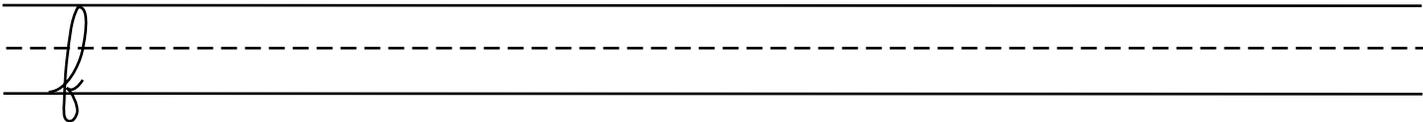
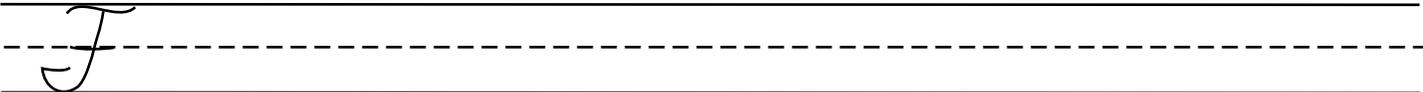
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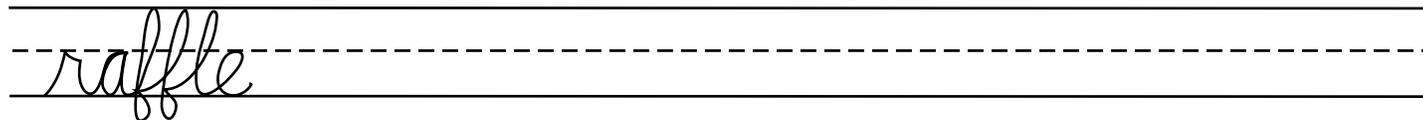
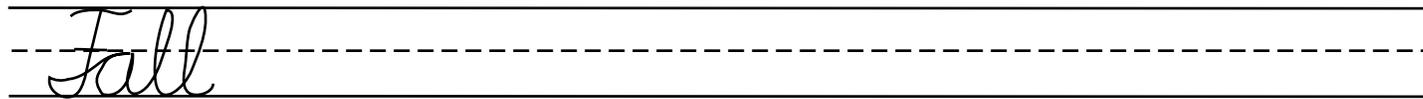
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Practice writing words!



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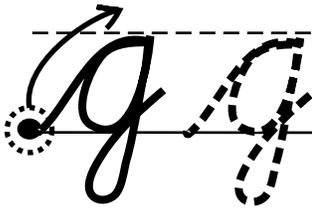
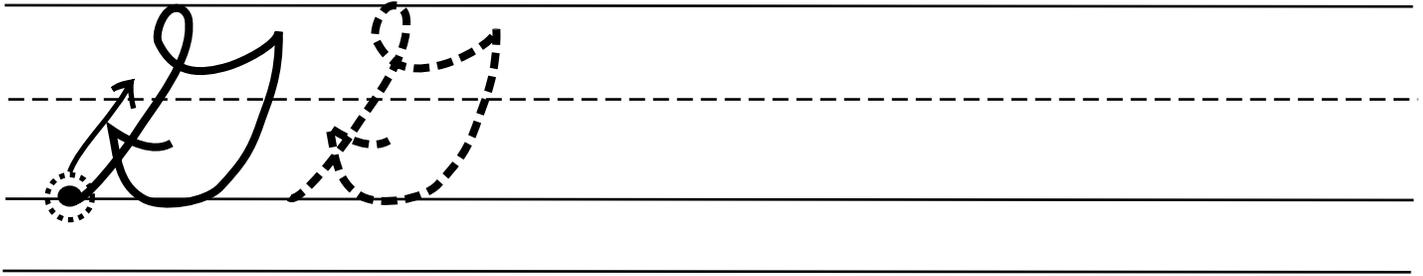
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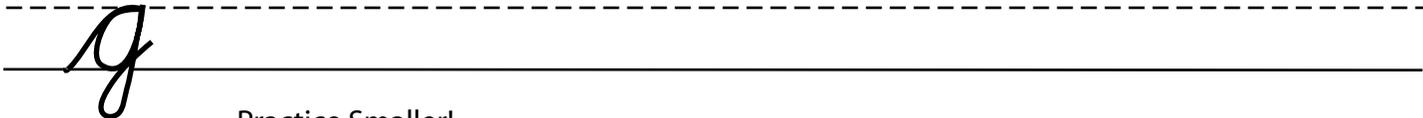
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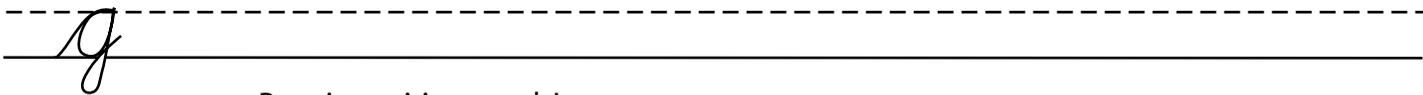
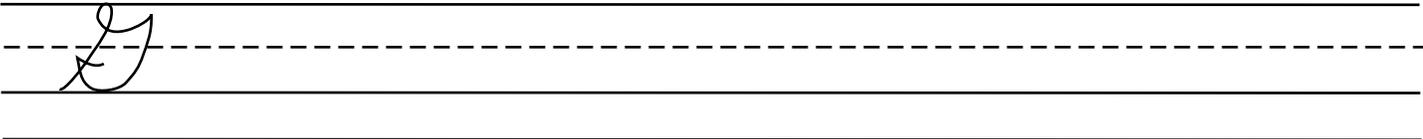
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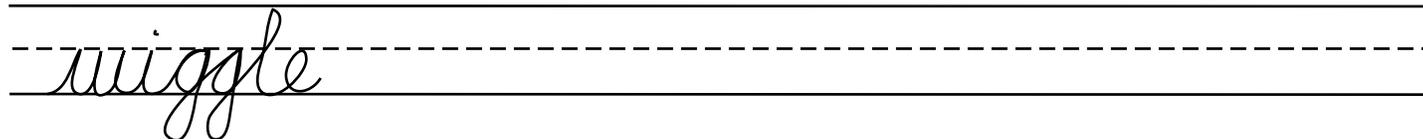
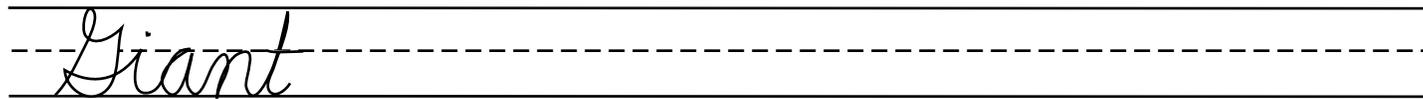
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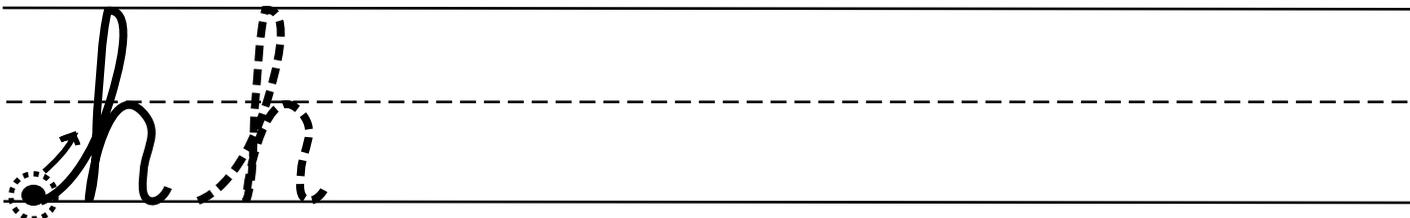
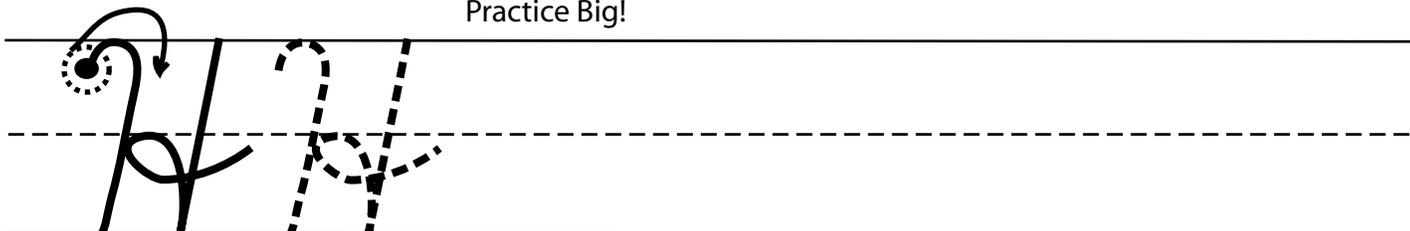
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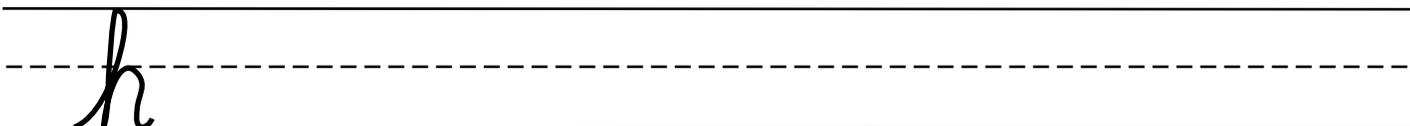
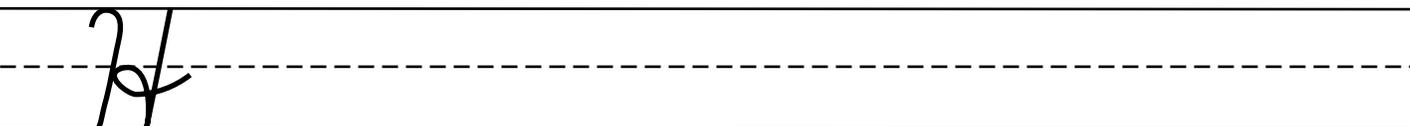
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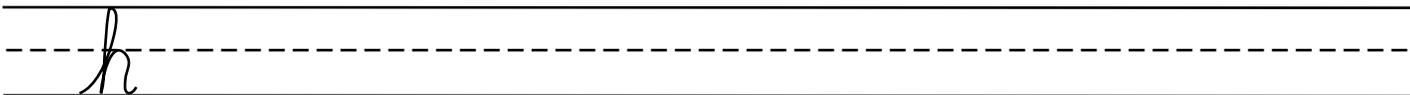
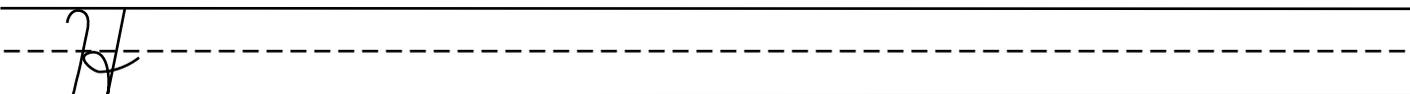
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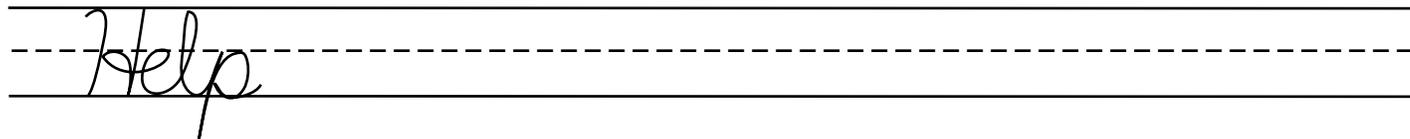
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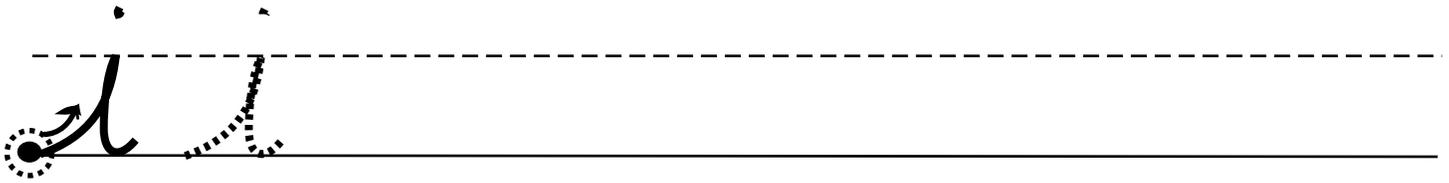
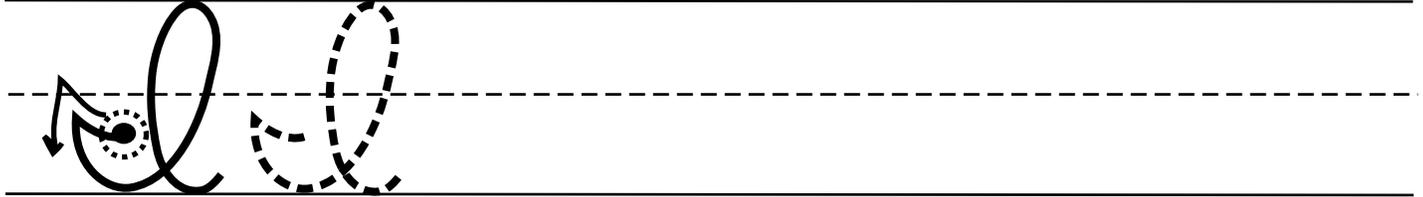
# Cursive Handwriting Practice

Date: \_\_\_\_\_

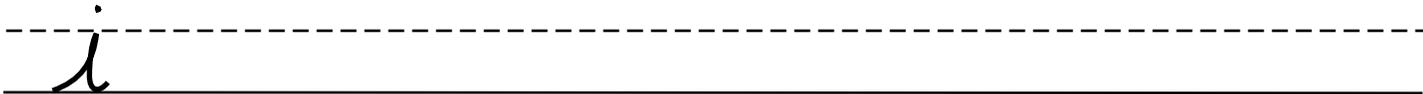
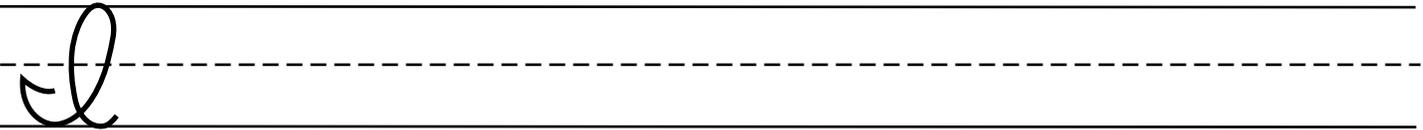
Trace and write the letters.  
Start at the dot.



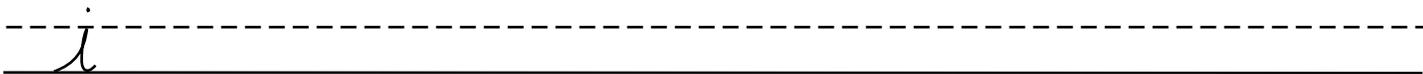
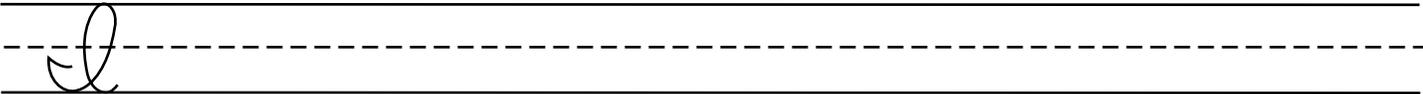
Practice Big!



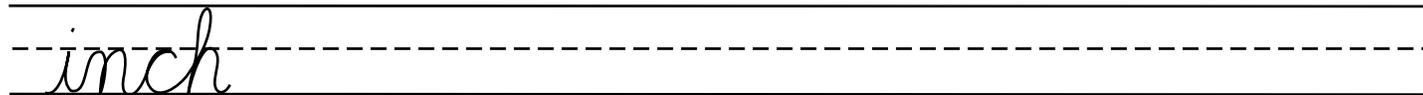
Practice Small!



Practice Smaller!



Practice writing words!



Name: \_\_\_\_\_

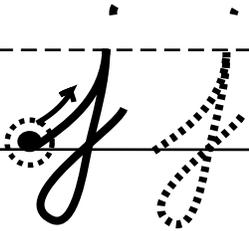
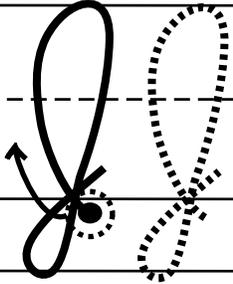
# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

Jungle

jack

Name: \_\_\_\_\_

# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.

*K k*

Practice Big!

*K K*

*k k*

Practice Small!

*K*

*k*

Practice Smaller!

*K*

*k*

Practice writing words!

*Kid*

*keep*

Name: \_\_\_\_\_

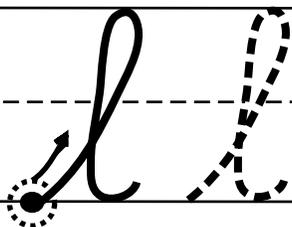
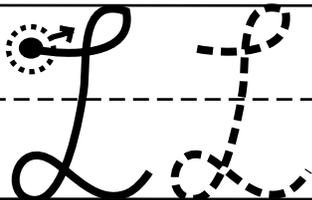
# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

Land

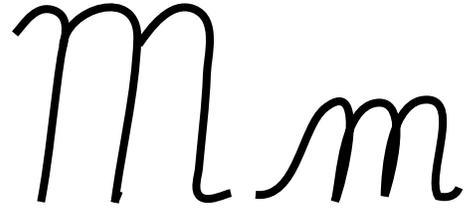
fall

Name: \_\_\_\_\_

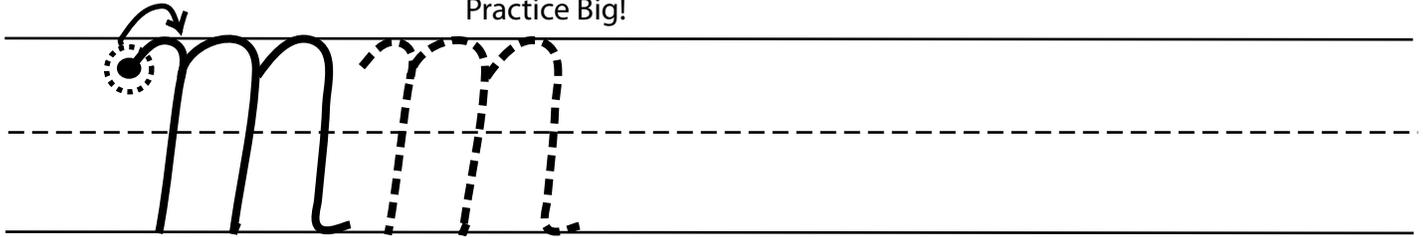
# Cursive Handwriting Practice

Date: \_\_\_\_\_

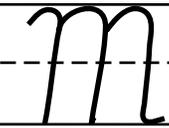
Trace and write the letters.  
Start at the dot.



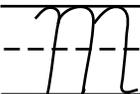
Practice Big!



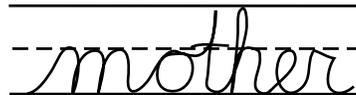
Practice Small!



Practice Smaller!



Practice writing words!



Name: \_\_\_\_\_

# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.

*n m*

Practice Big!

*n m*

*m m*

Practice Small!

*n*

*m*

Practice Smaller!

*n*

*m*

Practice writing words!

*Nail*

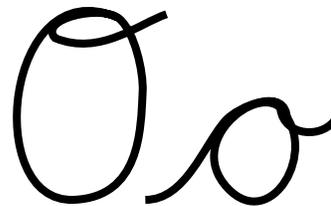
*nothing*

Name: \_\_\_\_\_

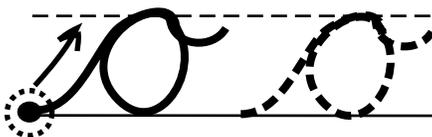
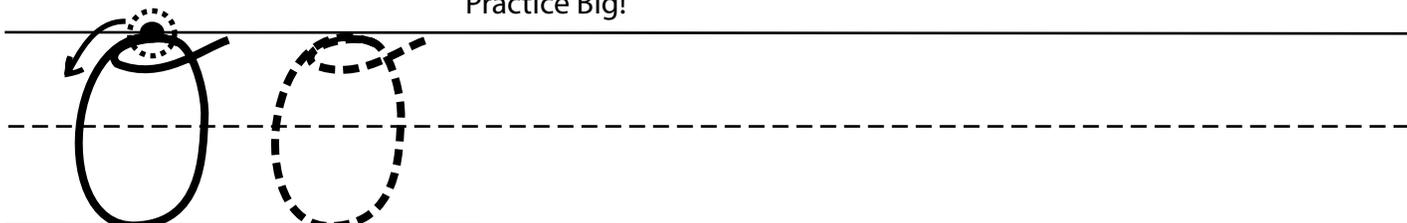
# Cursive Handwriting Practice

Date: \_\_\_\_\_

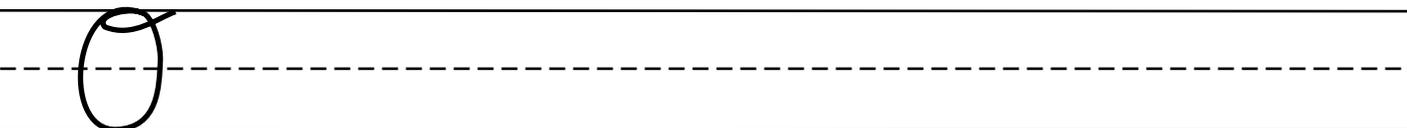
Trace and write the letters.  
Start at the dot.



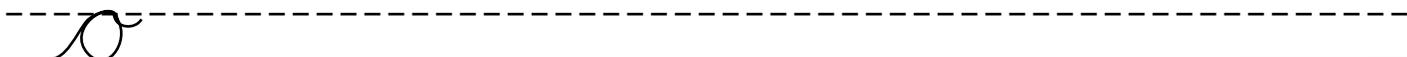
Practice Big!



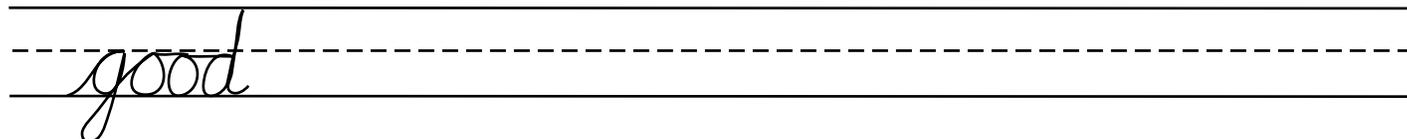
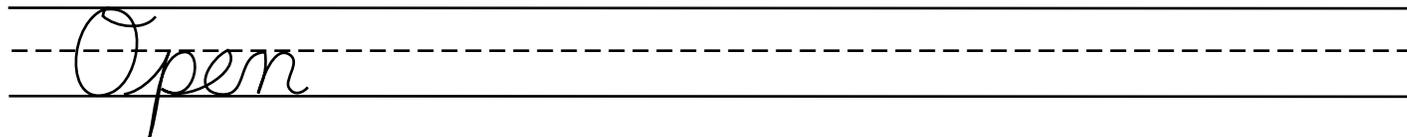
Practice Small!



Practice Smaller!



Practice writing words!



Name: \_\_\_\_\_

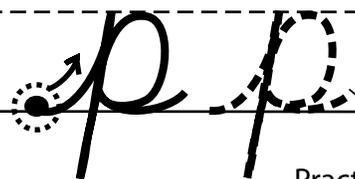
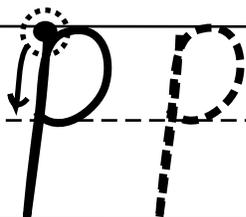
# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

Print

plant

Name: \_\_\_\_\_

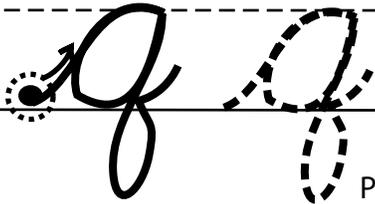
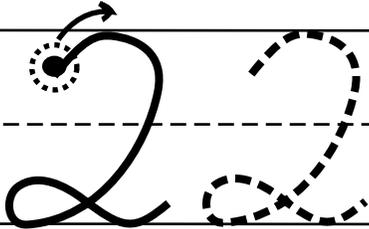
# Cursive Handwriting Practice

Date: \_\_\_\_\_

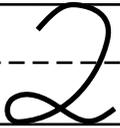
Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

Queen

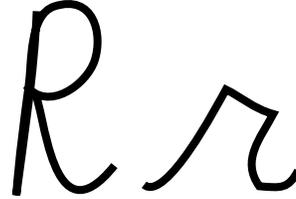
quiet

Name: \_\_\_\_\_

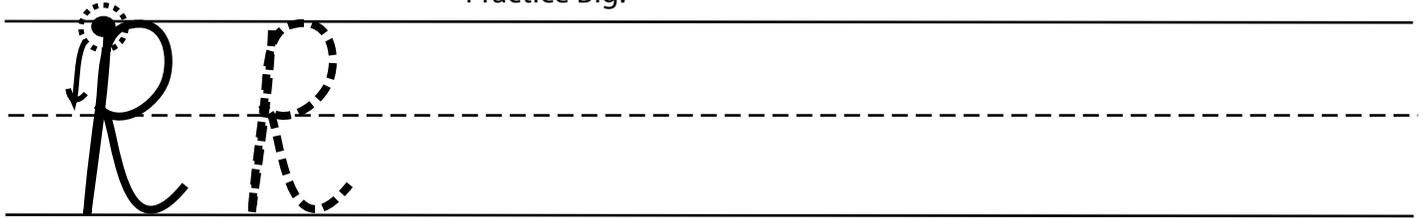
# Cursive Handwriting Practice

Date: \_\_\_\_\_

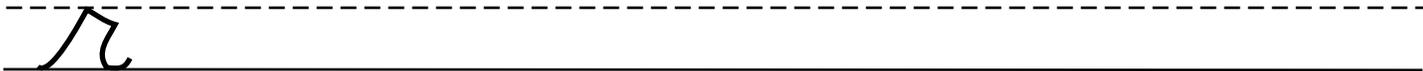
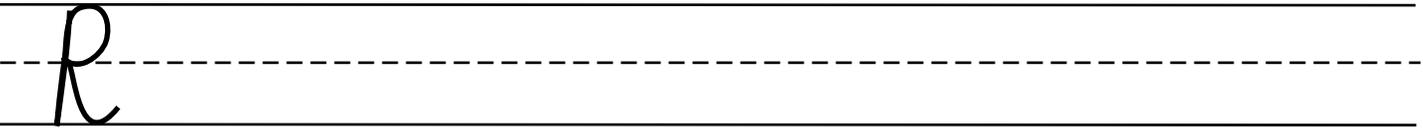
Trace and write the letters.  
Start at the dot.



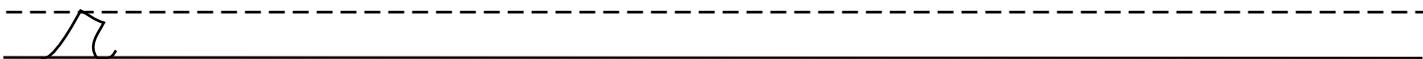
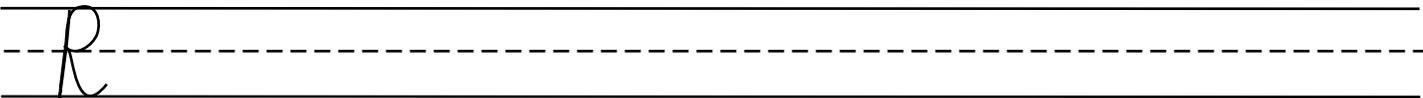
Practice Big!



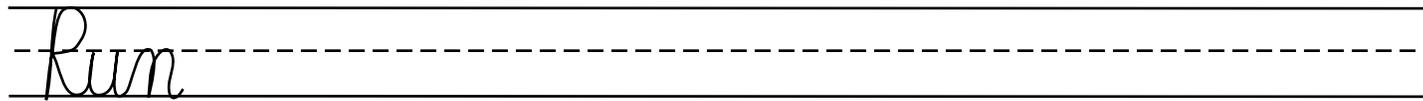
Practice Small!



Practice Smaller!



Practice writing words!

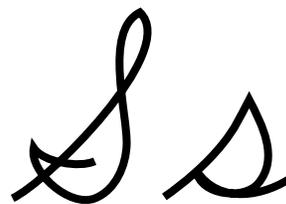


Name: \_\_\_\_\_

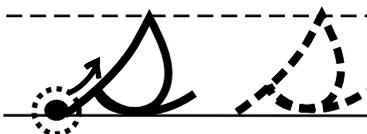
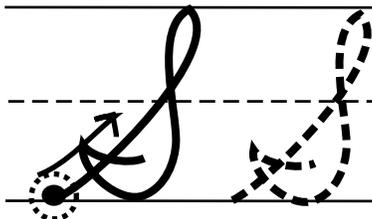
# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!



Practice Smaller!



Practice writing words!

Saturday

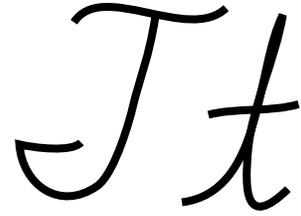
grass

Name: \_\_\_\_\_

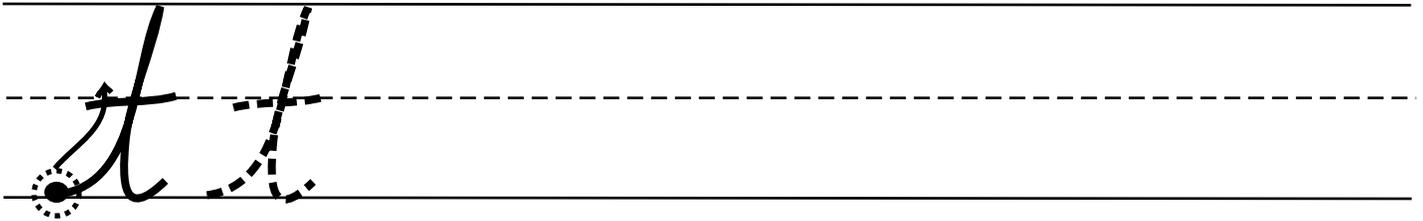
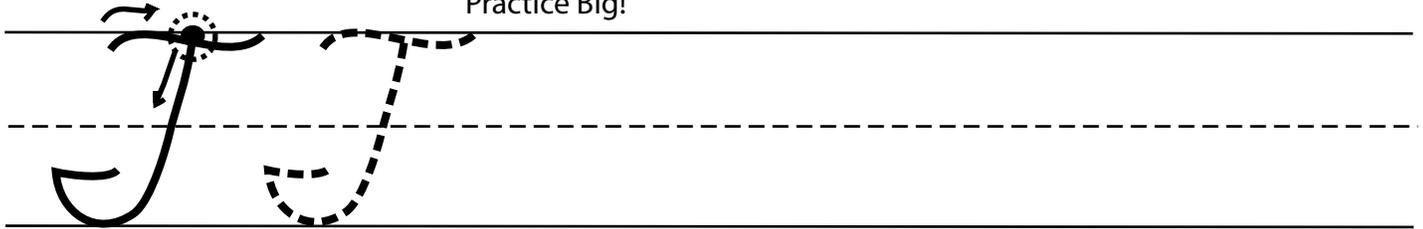
# Cursive Handwriting Practice

Date: \_\_\_\_\_

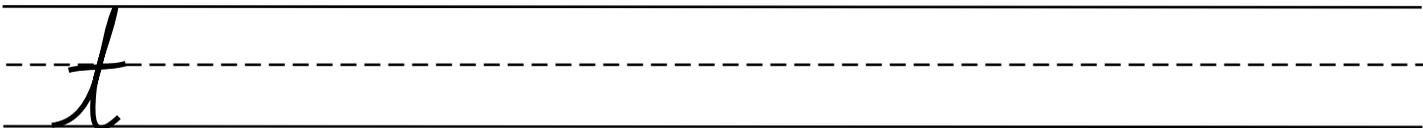
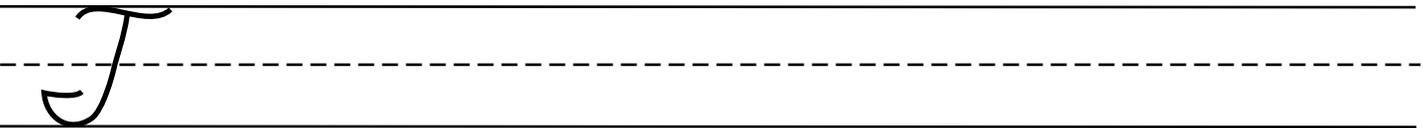
Trace and write the letters.  
Start at the dot.



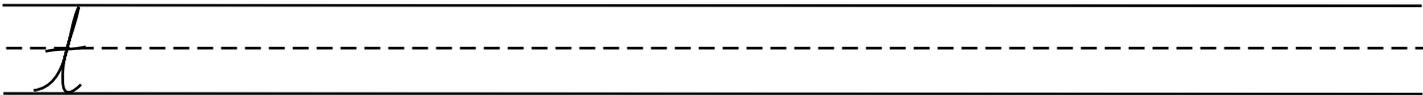
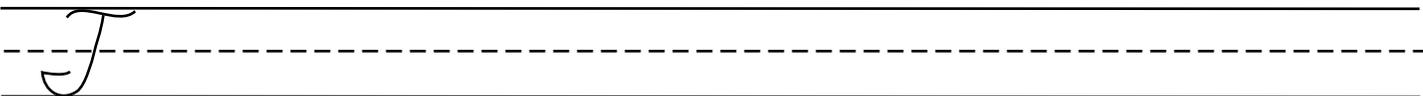
Practice Big!



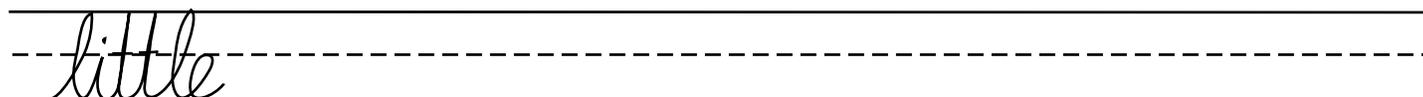
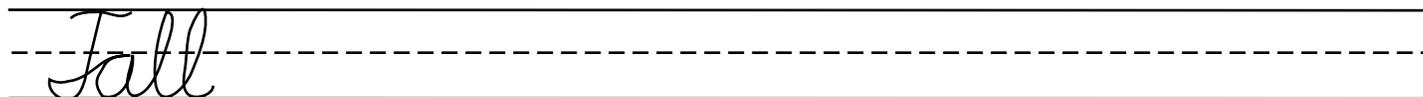
Practice Small!



Practice Smaller!



Practice writing words!



Name: \_\_\_\_\_

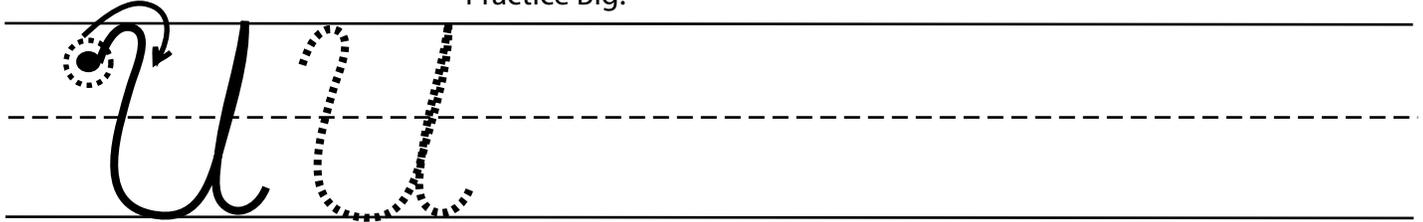
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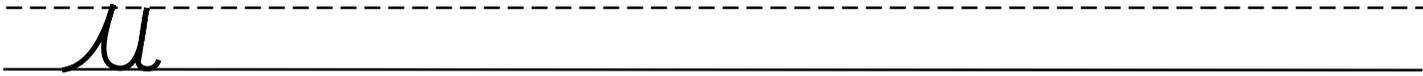
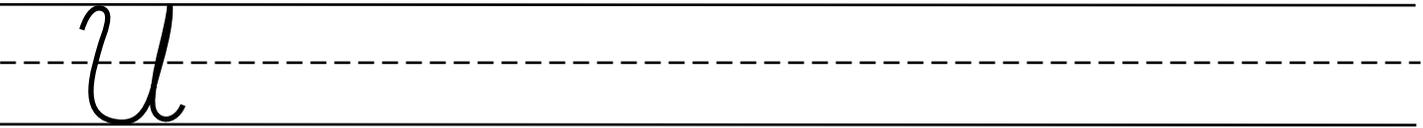
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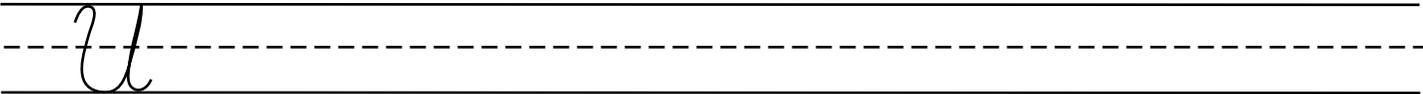
Practice Big!



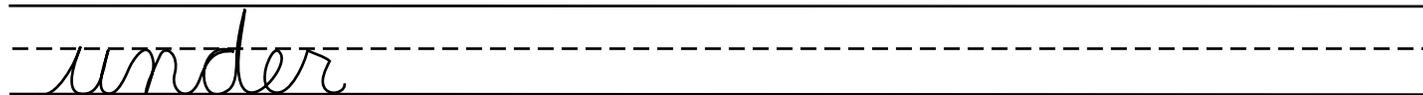
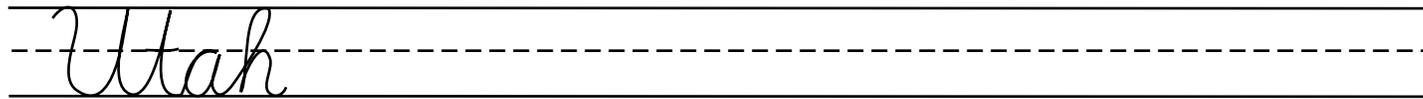
Practice Small!



Practice Smaller!



Practice writing words!

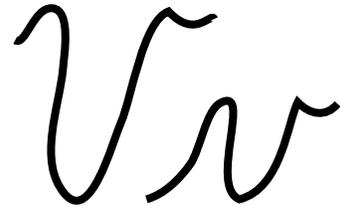


Name: \_\_\_\_\_

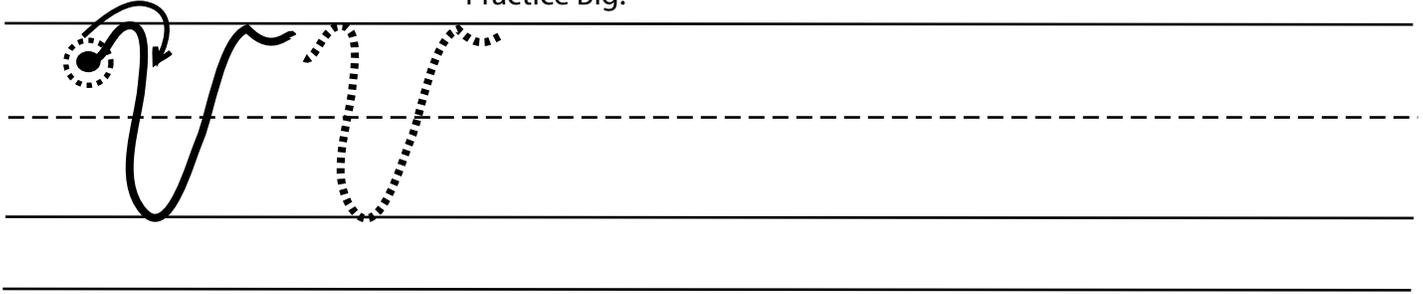
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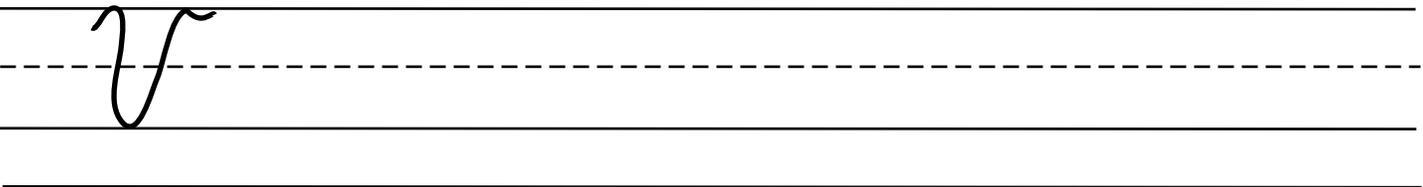
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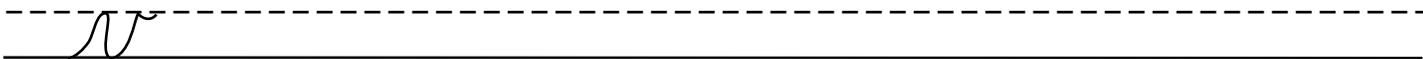
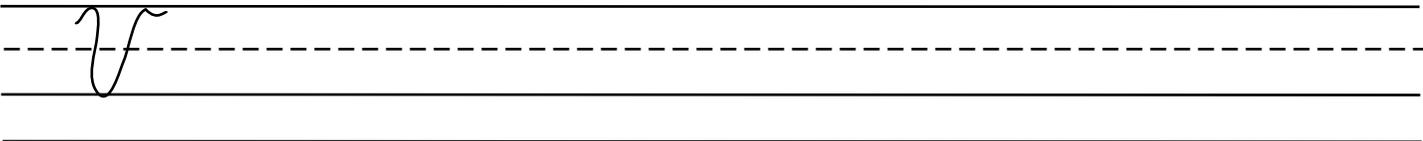
Practice Big!



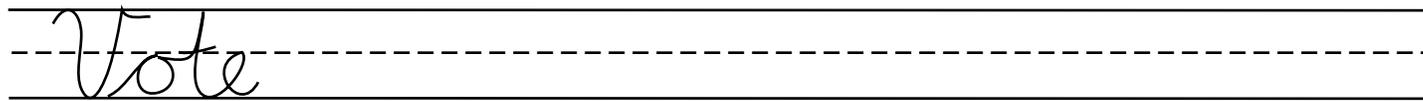
Practice Small!



Practice Smaller!



Practice writing words!

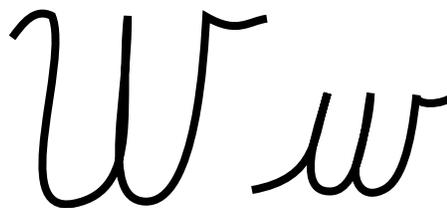


Name: \_\_\_\_\_

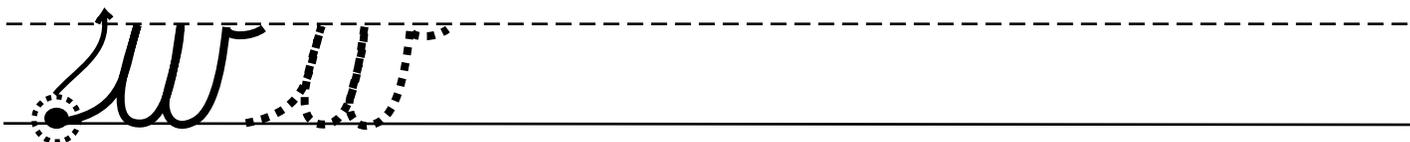
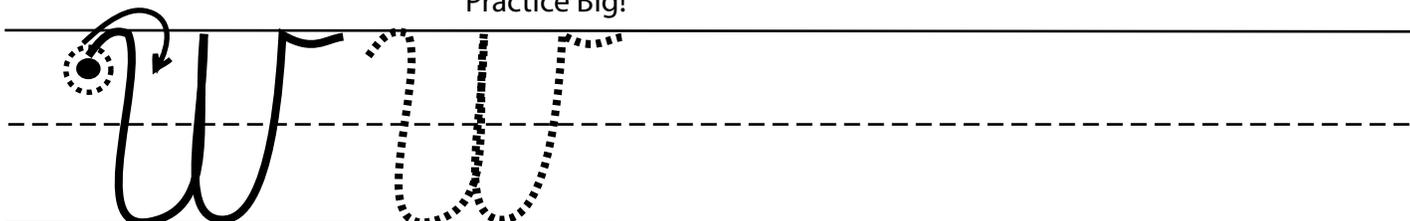
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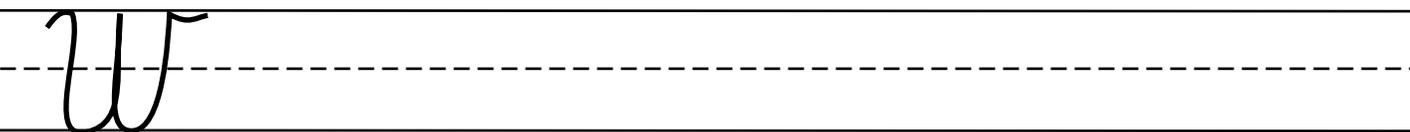
Trace and write the letters.  
Start at the dot.



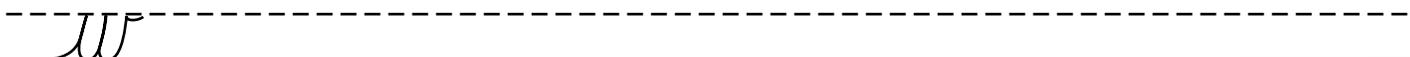
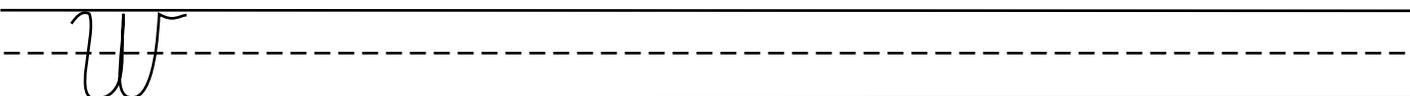
Practice Big!



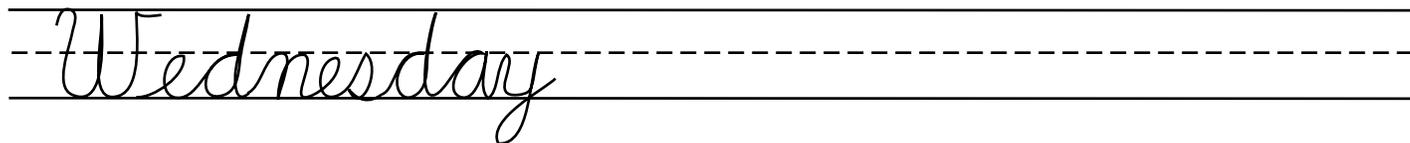
Practice Small!



Practice Smaller!



Practice writing words!

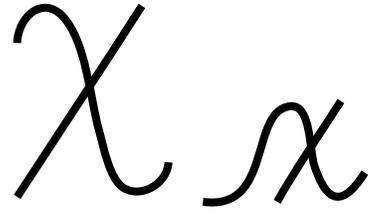


Name: \_\_\_\_\_

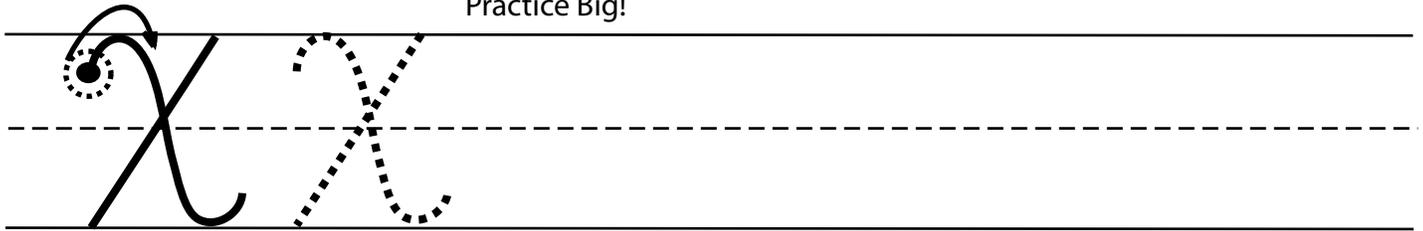
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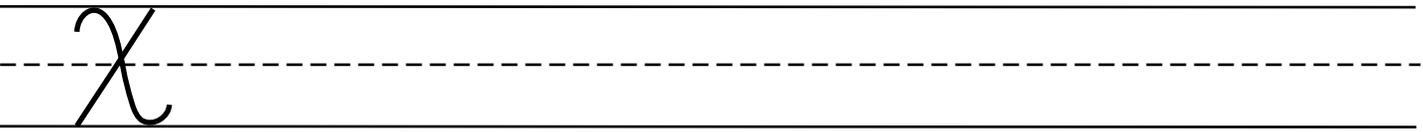
Trace and write the letters.  
Start at the dot.



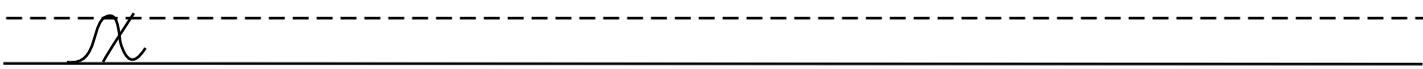
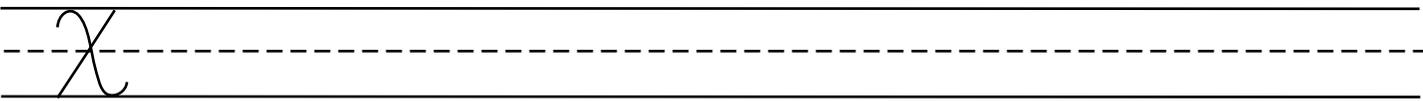
Practice Big!



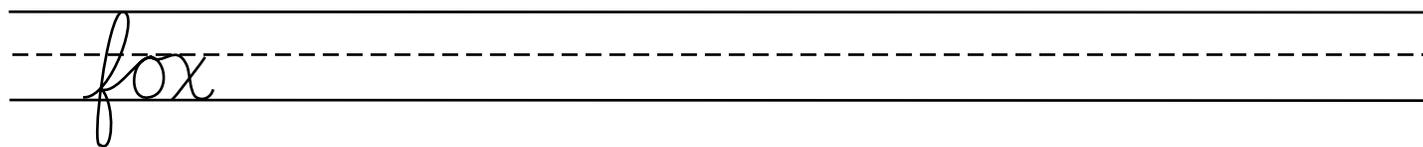
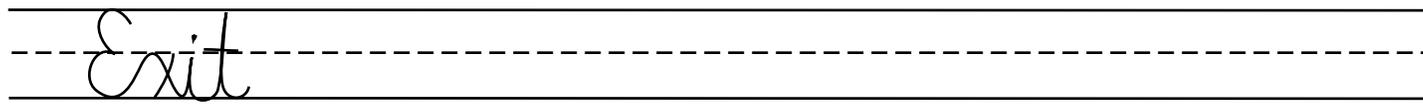
Practice Small!



Practice Smaller!



Practice writing words!

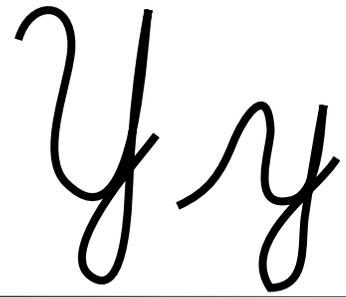


Name: \_\_\_\_\_

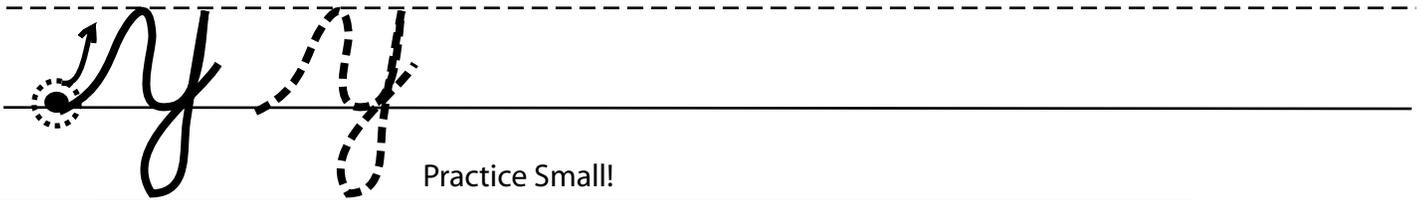
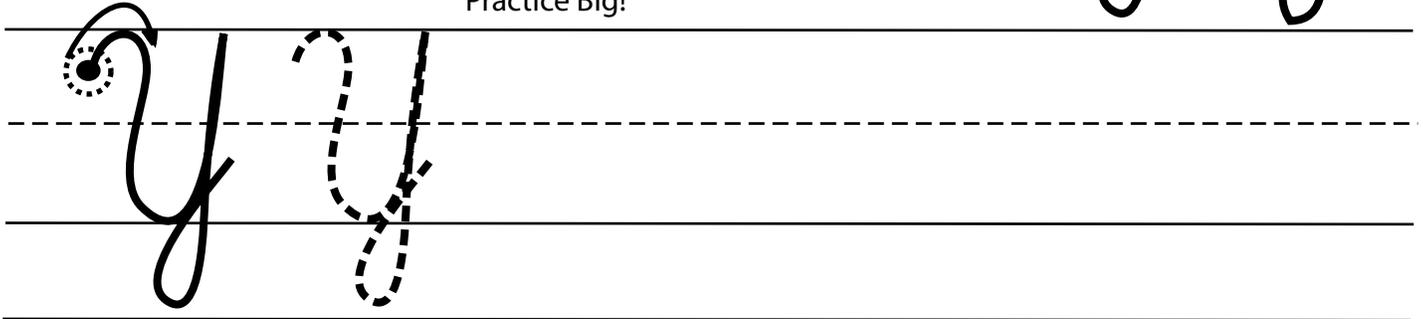
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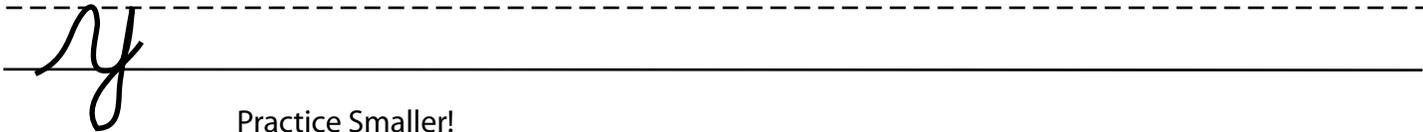
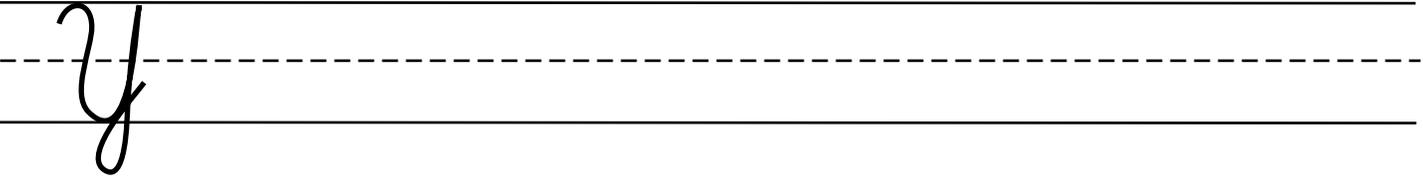
Trace and write the letters.  
Start at the dot.



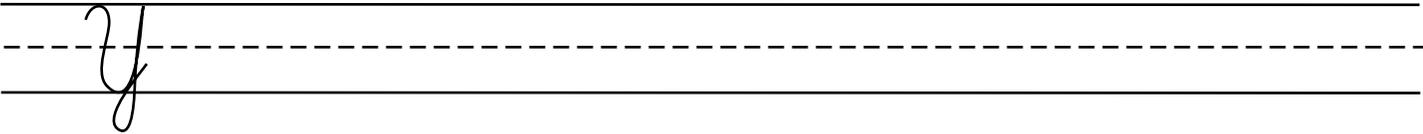
Practice Big!



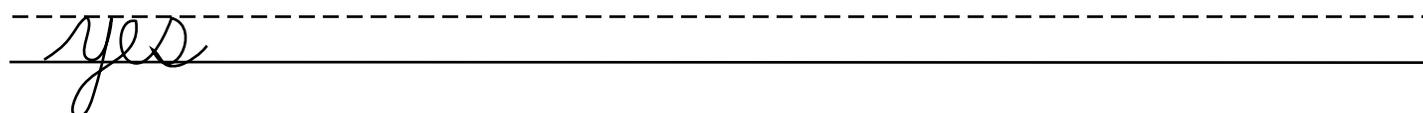
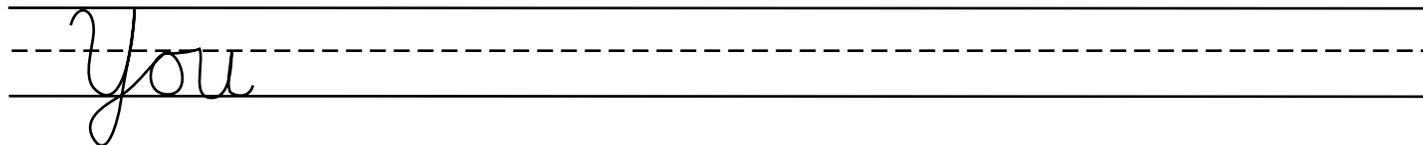
Practice Small!



Practice Smaller!



Practice writing words!



Name: \_\_\_\_\_

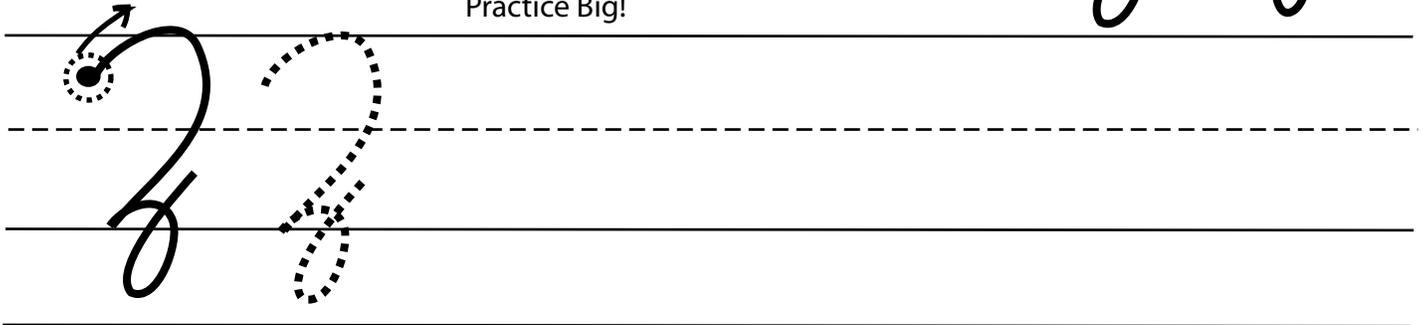
# Cursive Handwriting Practice

Date: \_\_\_\_\_

Trace and write the letters.  
Start at the dot.



Practice Big!



Practice Small!

